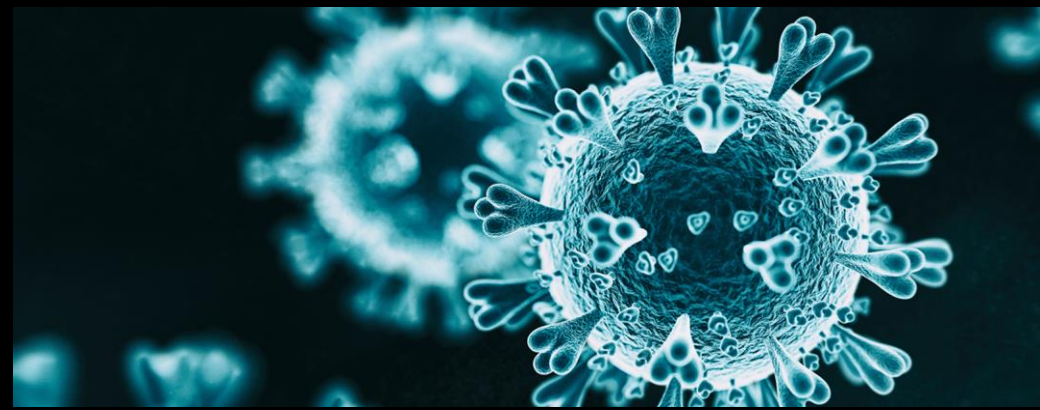




**2021 ACOI Annual Convention
And Scientific Sessions
October 27-30**



COVID-19 AND SOLID ORGAN TRANSPLANTATION

Gaurav Gupta MD
Associate Professor of Medicine and Surgery
Vice-Chair, Division of Nephrology
Medical Director, Kidney/Pancreas
Transplantation
Virginia Commonwealth University
Richmond, VA



- Honoraria: Alexion; CareDx; Mallinckrodt; Thermo Fisher
- Scientific Advisory Board: Alexion; Bristol Myers Squibb; CareDx; Natera; Relypsa; Veloxis
- Research Funding: Gilead
- Some slides have been borrowed from Dr Bem Agegnehu with permission

Disclosures

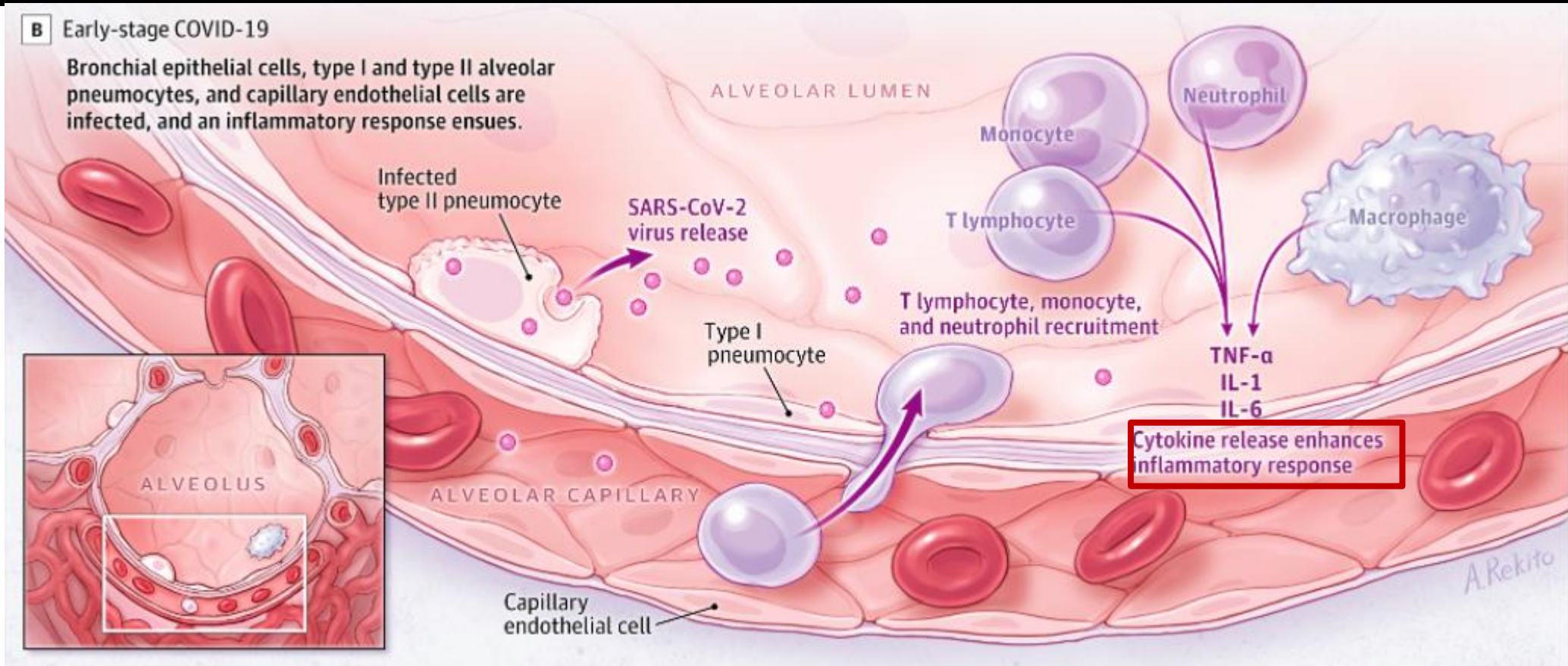
**2021 ACOI Annual Convention
and Scientific Sessions
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OBJECTIVES



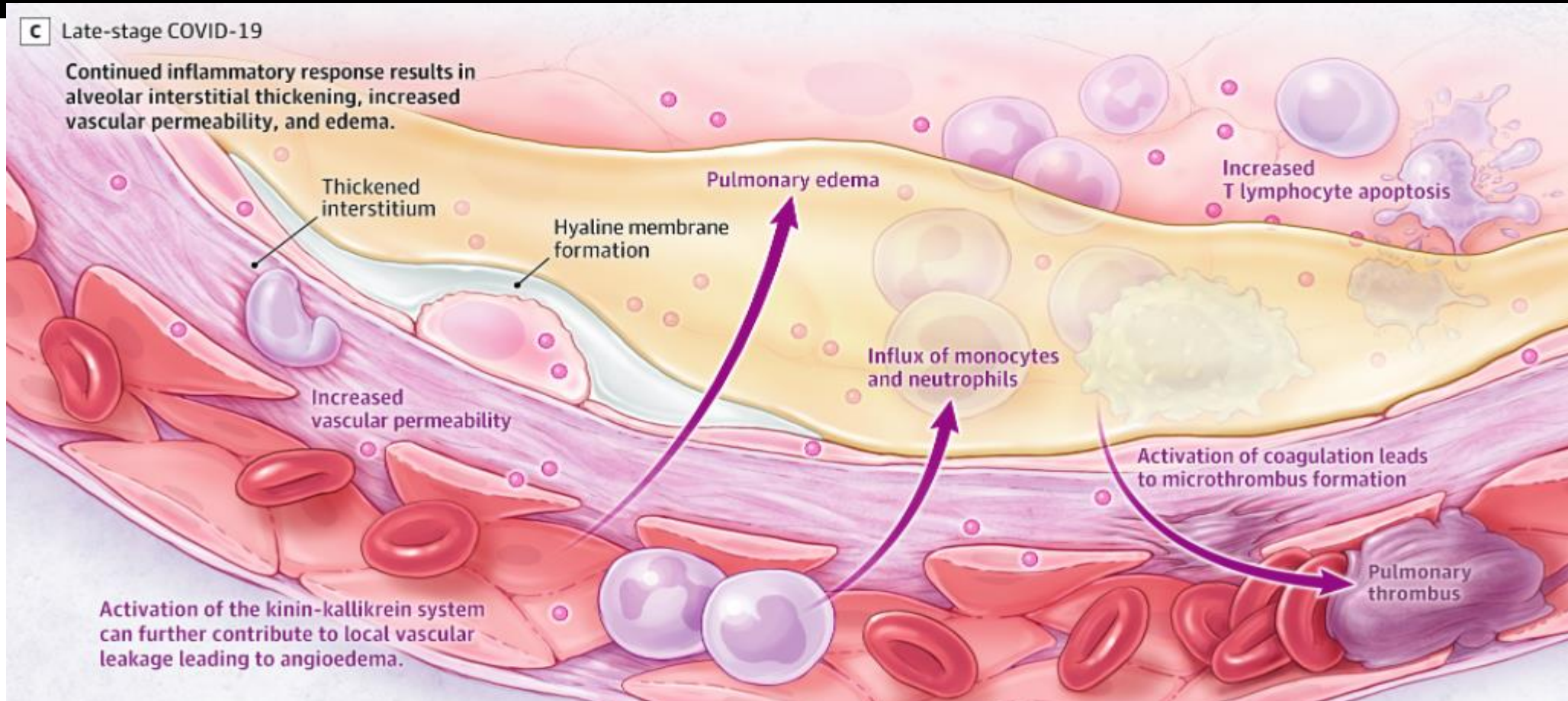
- Describe the pathophysiology and epidemiology of coronavirus disease 2019 (COVID-19) from the severe acute respiratory syndrome coronavirus 2 (SARS-CoV-2) in the context of solid organ transplant (SOT)
- Distinguish immunological responses in SOT patients in comparison to immunocompetent (IC) patients
- Evaluate the evidence regarding effects of immunosuppression (IS) and management of IS in the setting of COVID-19 in SOT patients
- Examine vaccine response rates and real-world application in SOT patients

Pathophysiology



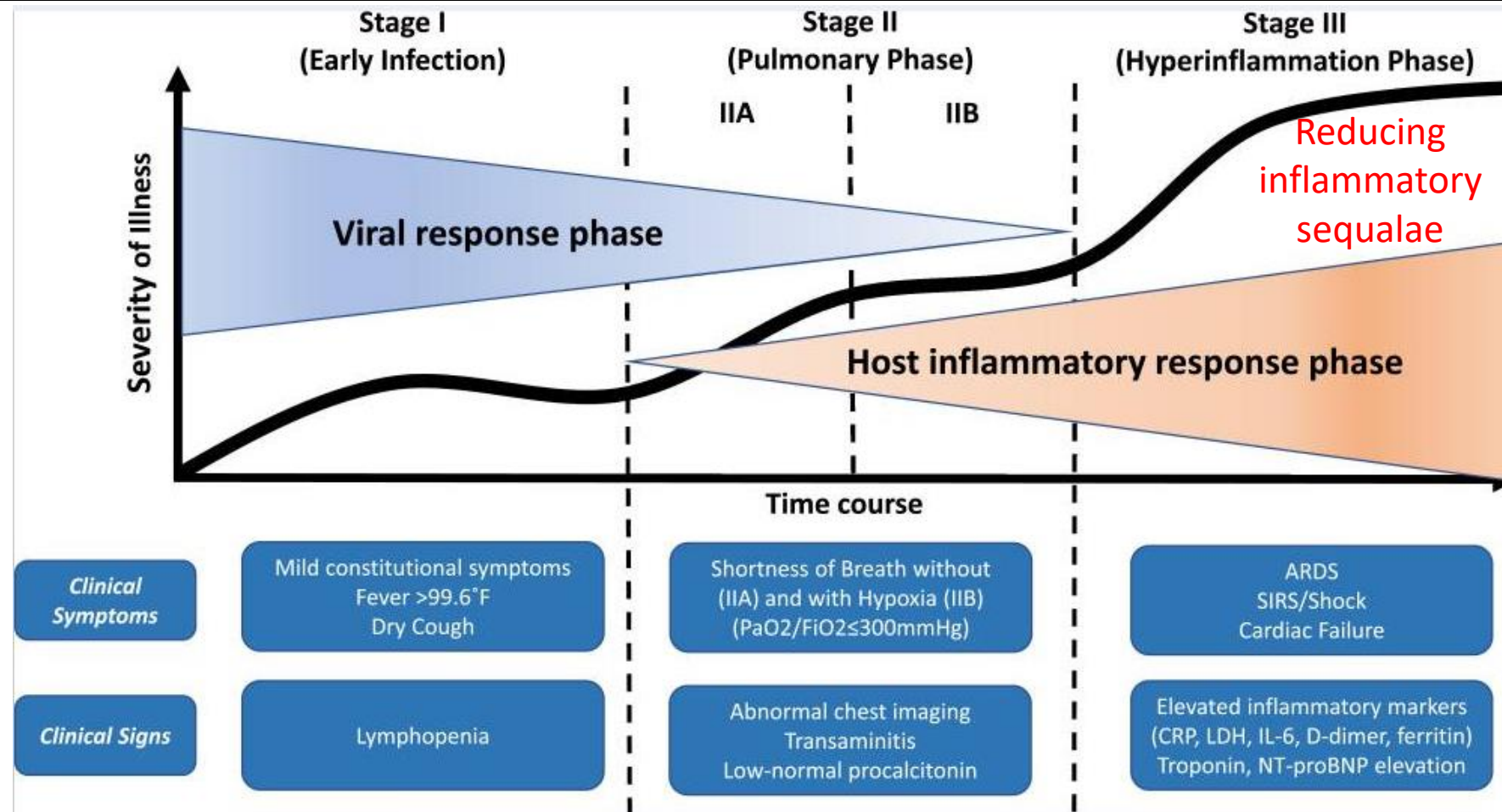
Infected bronchial and capillary cells exhibit cytokine mediated inflammatory response

Pathophysiology



Inflammation impairs oxygen exchange, promotes pulmonary edema, and causes coagulopathies

pathophysiology



Clinical presentation in solid organ transplant (SOT) recipients vs. immunocompetent (IC)



Nasal congestion



Diarrhea



Fever



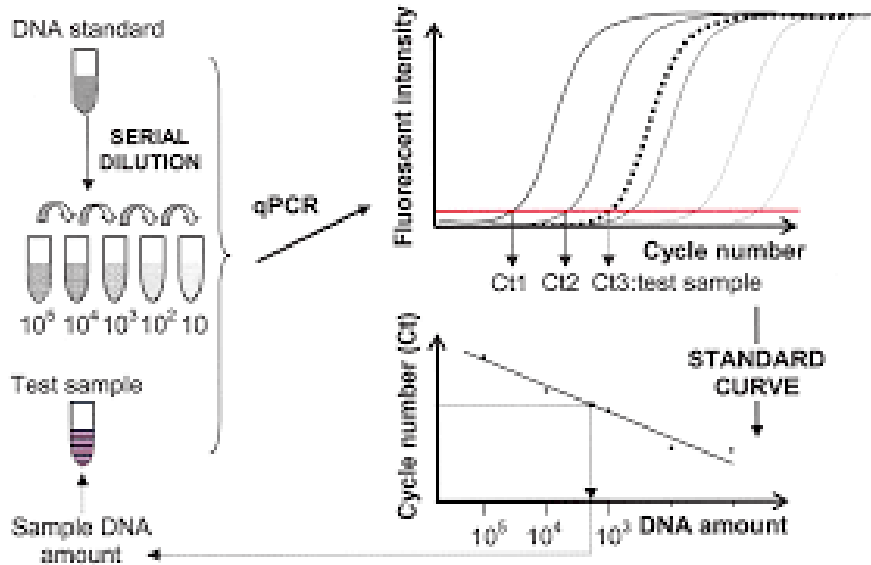
Lymphopenia

Cravedi P, et al. *Am J Transplant.* 2020;20(11):3140–3148.

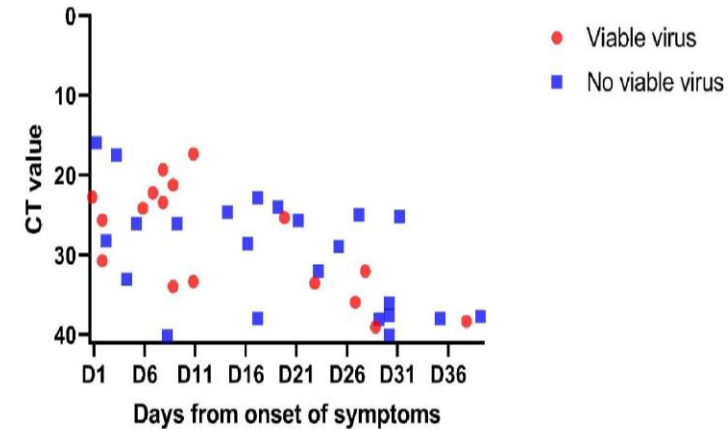
Pereira MR, et al. *Am J Transplant.* 2020;20(7):1800–1808.

Caillard S, et al. *Kidney Int.* 2020;98(6):1549–1558.

Prolonged Viral Shedding in Transplant Patients



(B)

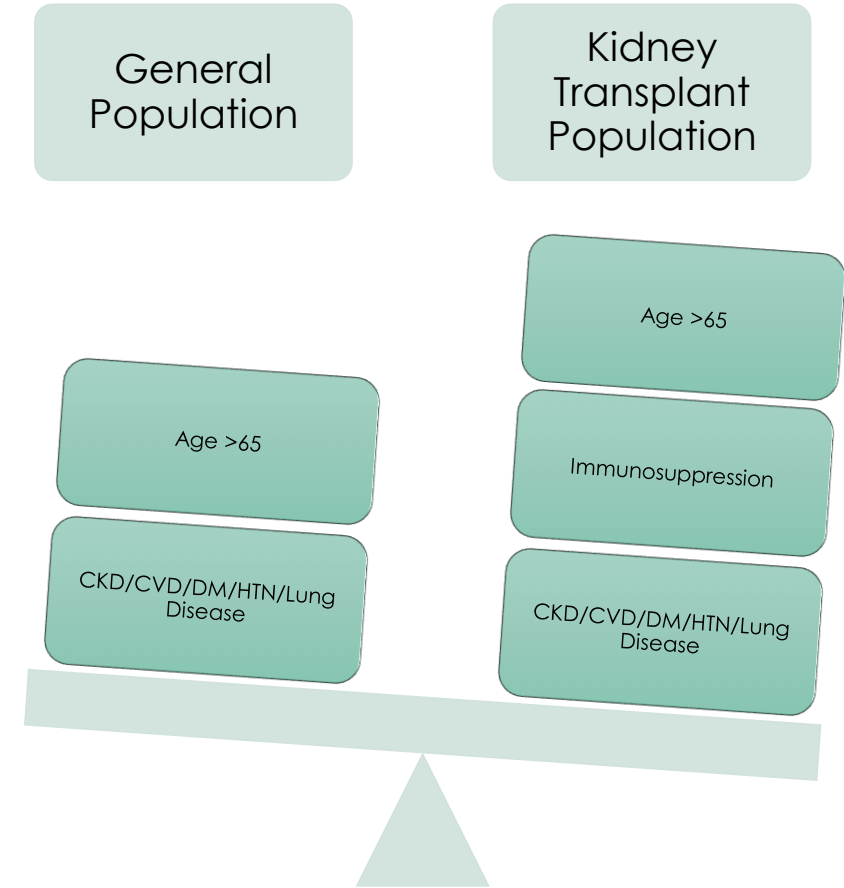


- Cycle Threshold testing
 - Lower CT count demonstrates higher RNA viral loads

SOT Patients can shed both viable and non-viable virus for up till 30 days post-infection

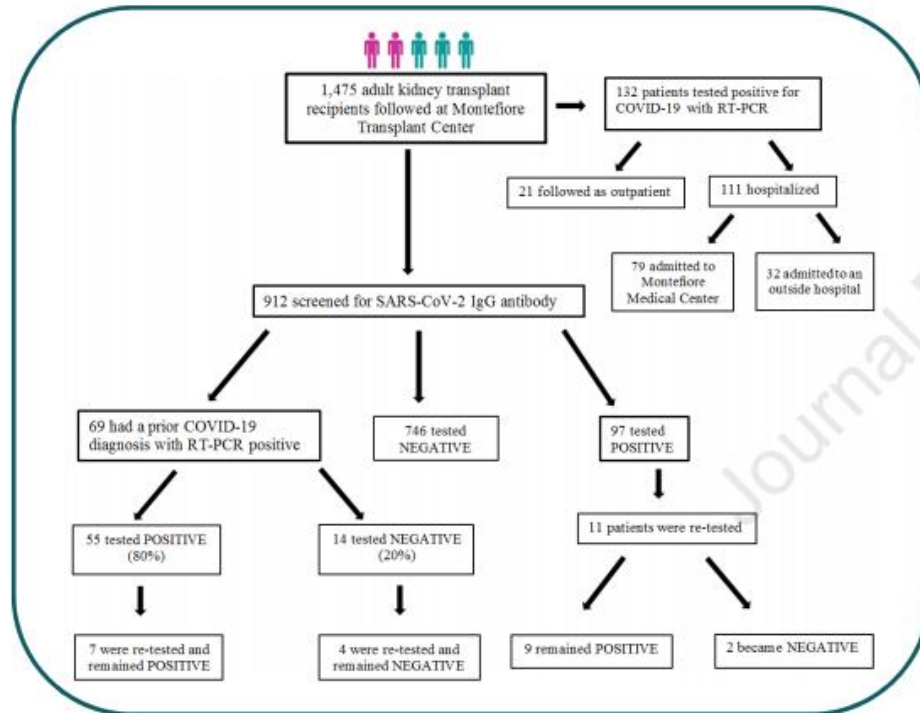
Outcomes: SOT vs. Immunocompetent

- Why does transplant status matter?
 - Increased risk due to:
 - Age
 - Comorbid conditions
 - Immunosuppressive medications
- How does COVID present in transplant?
 - More aggressive?
 - Increased viremia?
 - Longer illness? Longer viral shedding?



COVID in Kidney Transplant at the Epicenter: Montefiore

COVID-19 INFECTION IN KIDNEY TRANSPLANT RECIPIENTS AT THE EPICENTER OF PANDEMICS

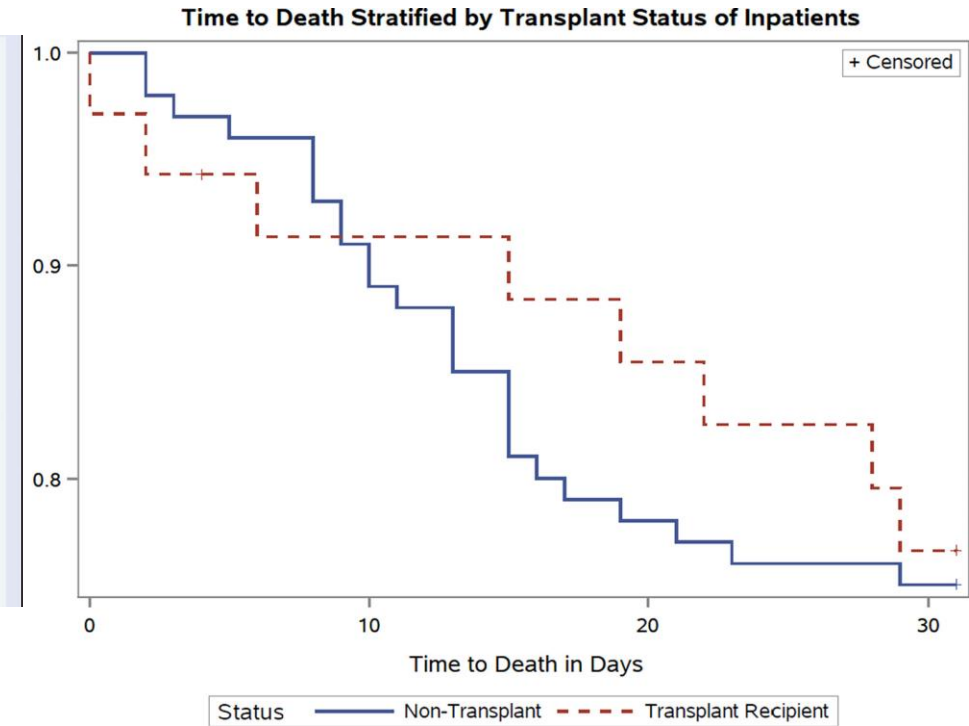
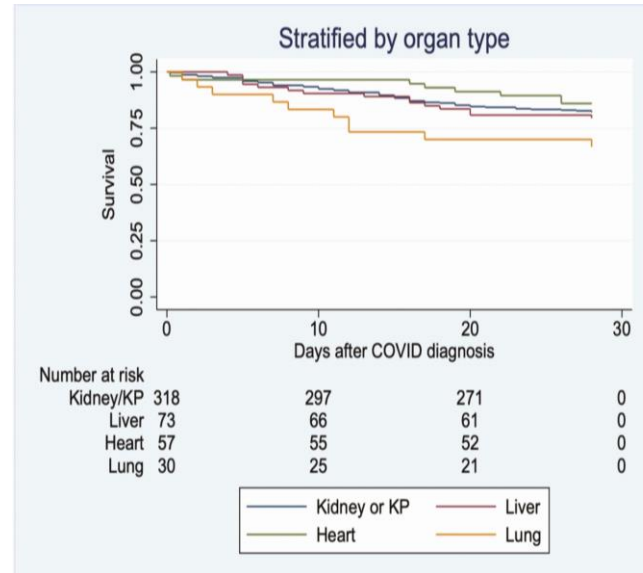
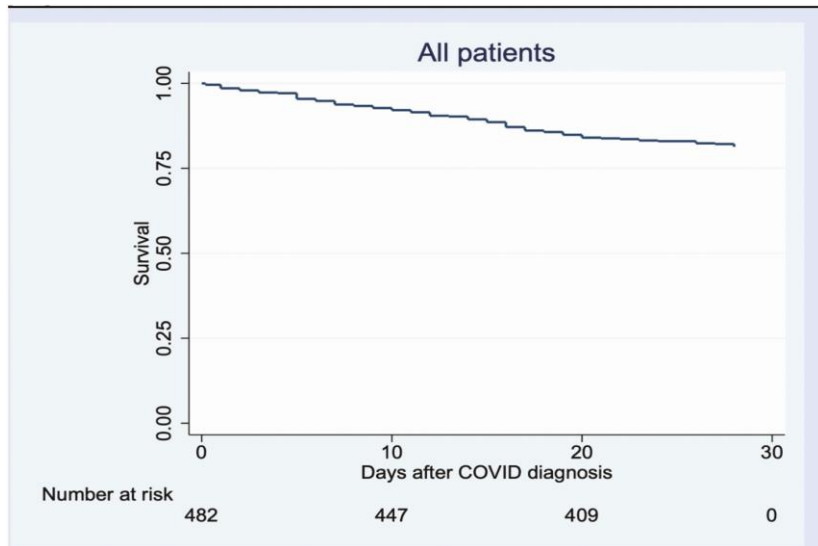


The prevalence of SARS-CoV-2 infection was 23.4% in the 975 patients tested by either RT-PCR or SARS-CoV-2 IgG. Older patients and patients with higher serum creatinine levels were more likely diagnosed by RT-PCR compared to SARS-CoV-2 IgG.

Overall mortality 20.5%. Mortality in hospitalized patients 37.8%. Older age, receipt of deceased-donor transplant, lack of influenza vaccination in the previous year and higher serum IL-6 levels were associated with mortality.

CONCLUSION: 42% of kidney transplant recipients were SARS-CoV-2 IgG positive without significant symptoms and 80% of kidney patients developed an antibody response after confirmed diagnosis by RT-PCR.

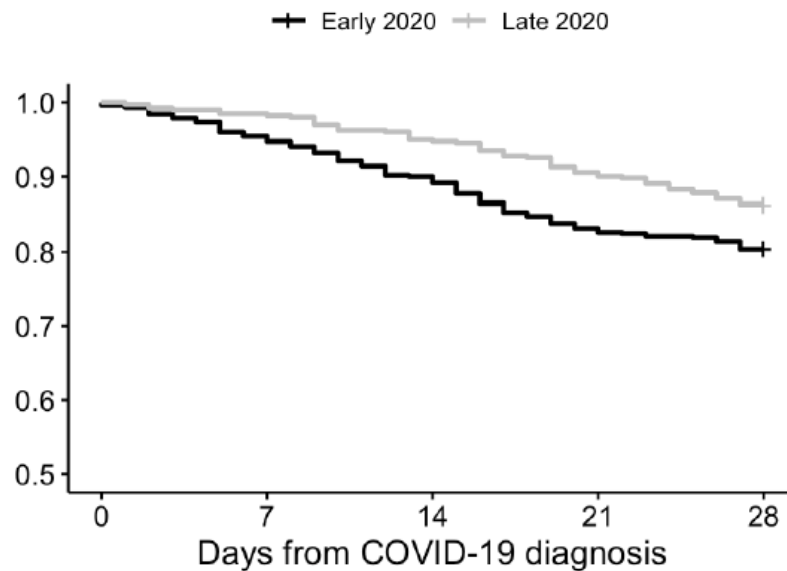
Mortality outcomes: SOT vs. Immunocompetent



Mortality outcomes: SOT



Survival by 28-days among hospitalized SOTR by time period



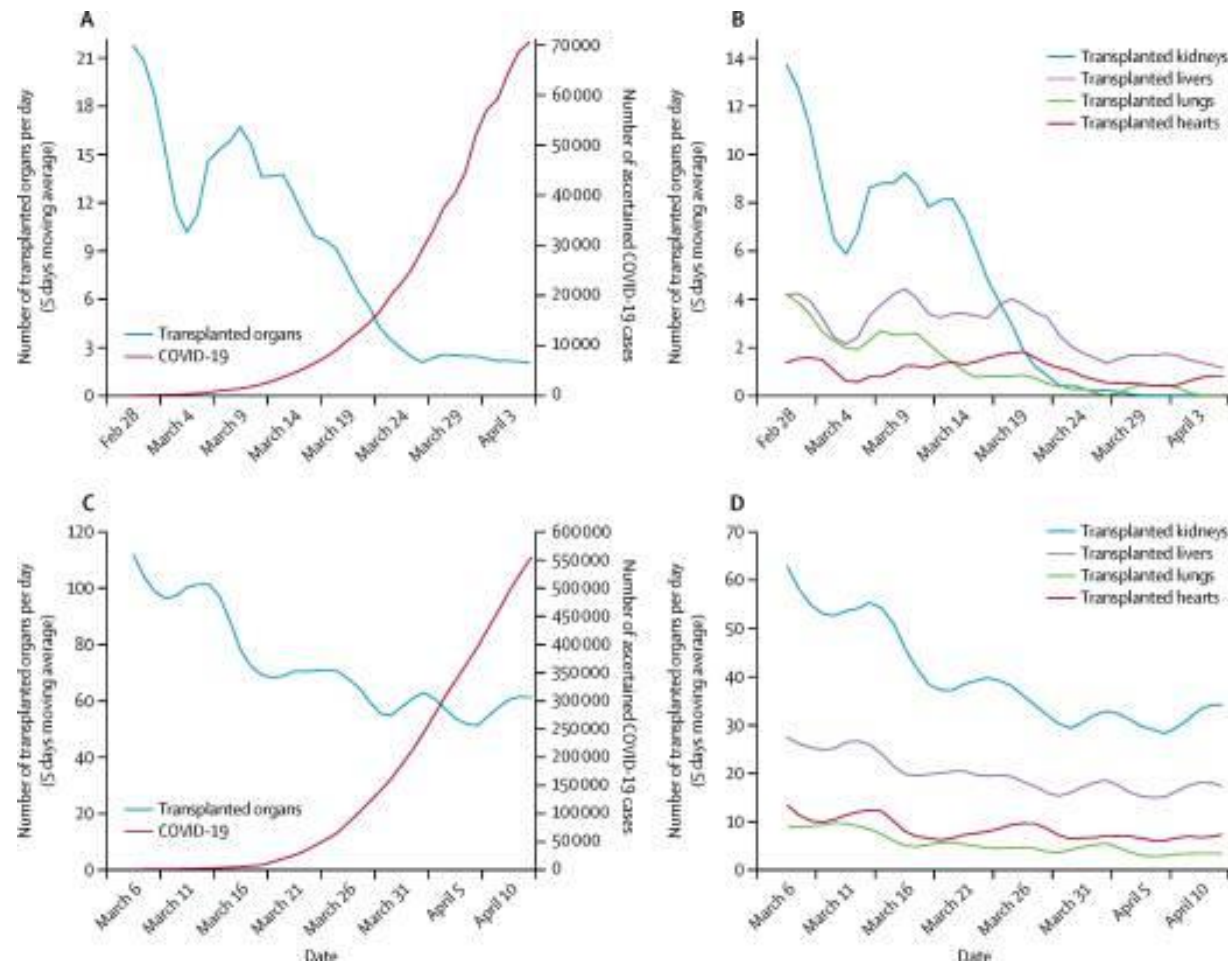
But what about the Delta Variant?

Number at risk

	0	7	14	21	28
Early 2020	571	545	514	475	459
Late 2020	402	396	382	364	347

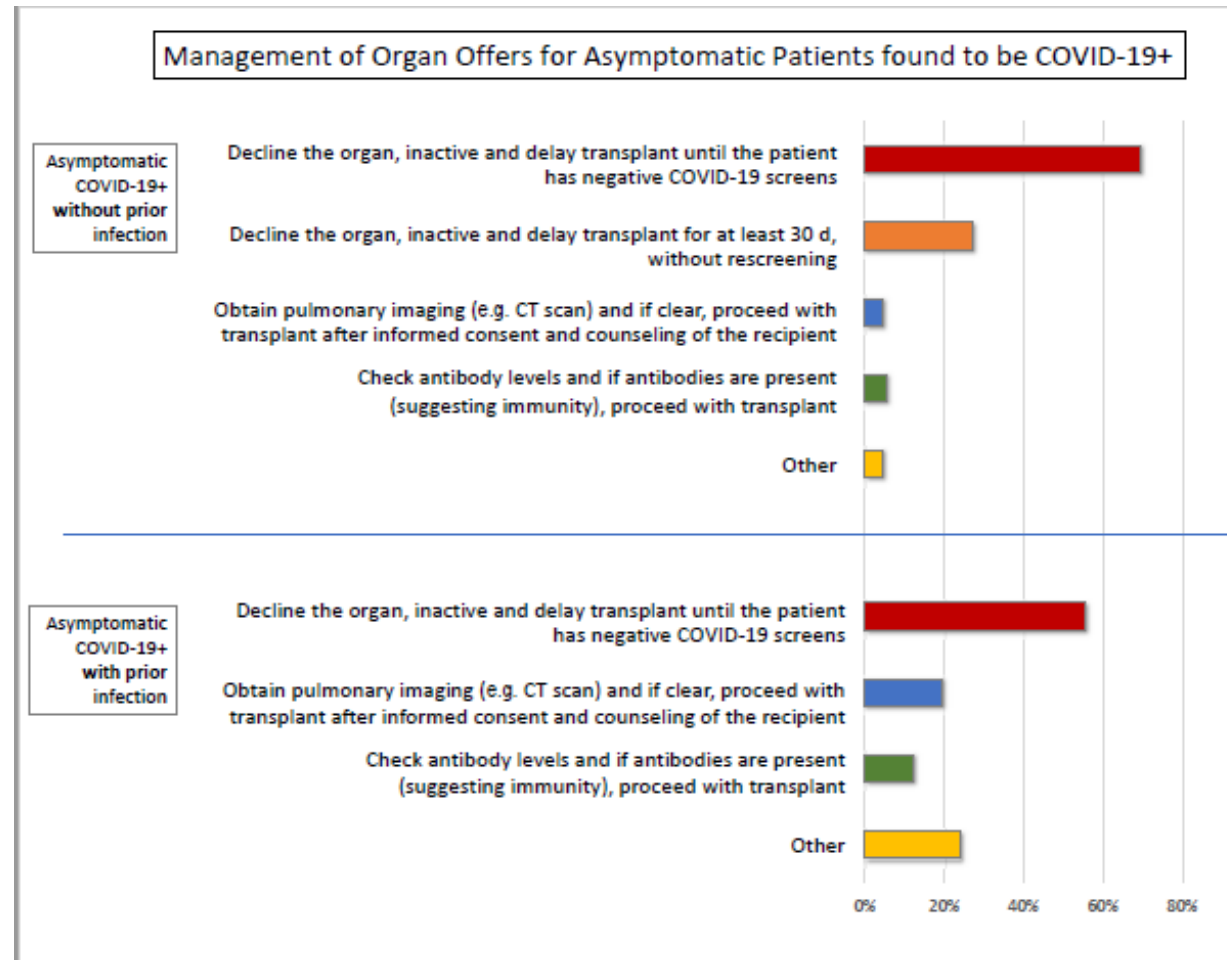
Days from COVID-19 diagnosis

Impact on Transplant Activity

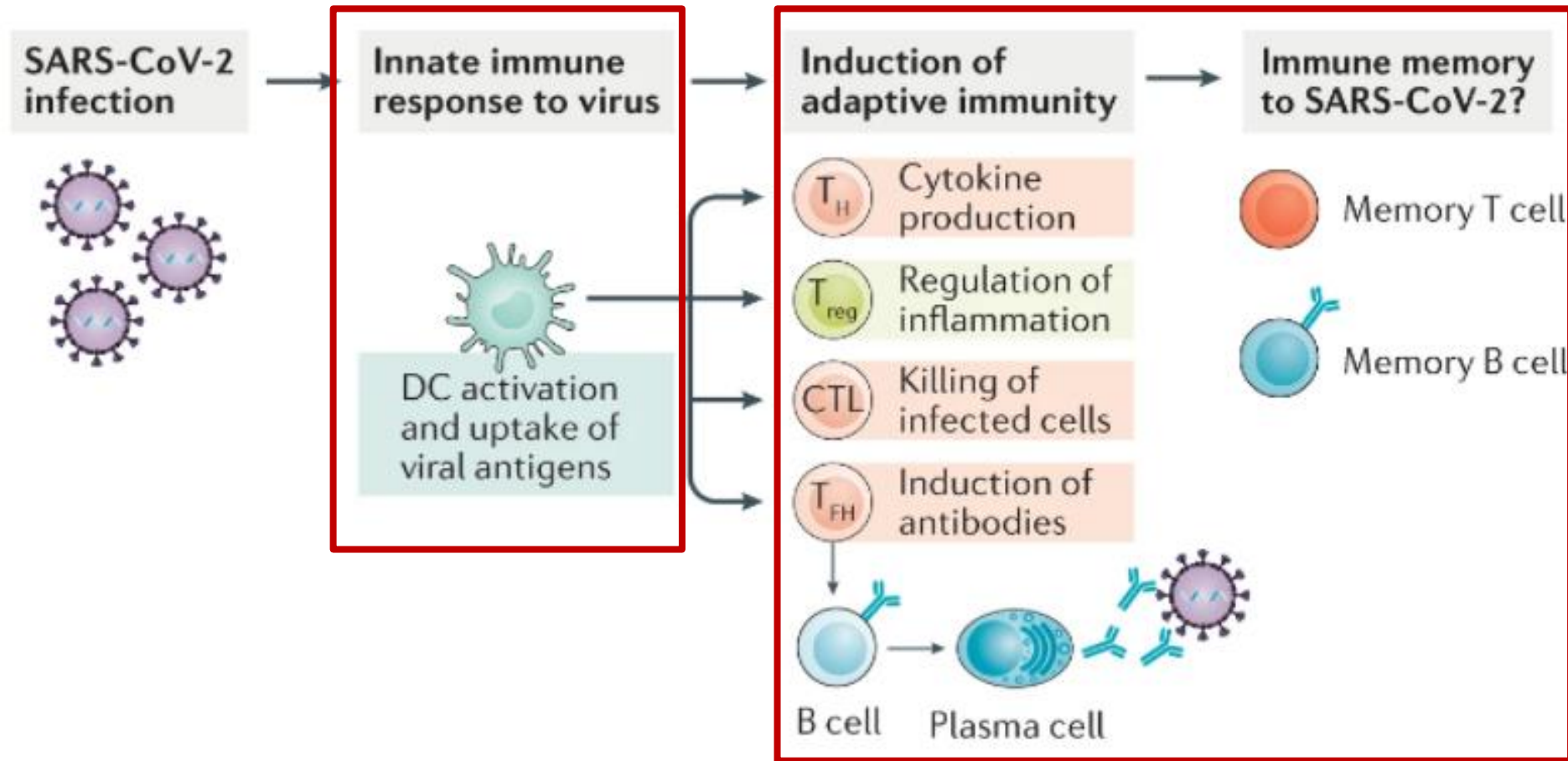


But what about the 4th Wave?

Impact on Transplant Activity

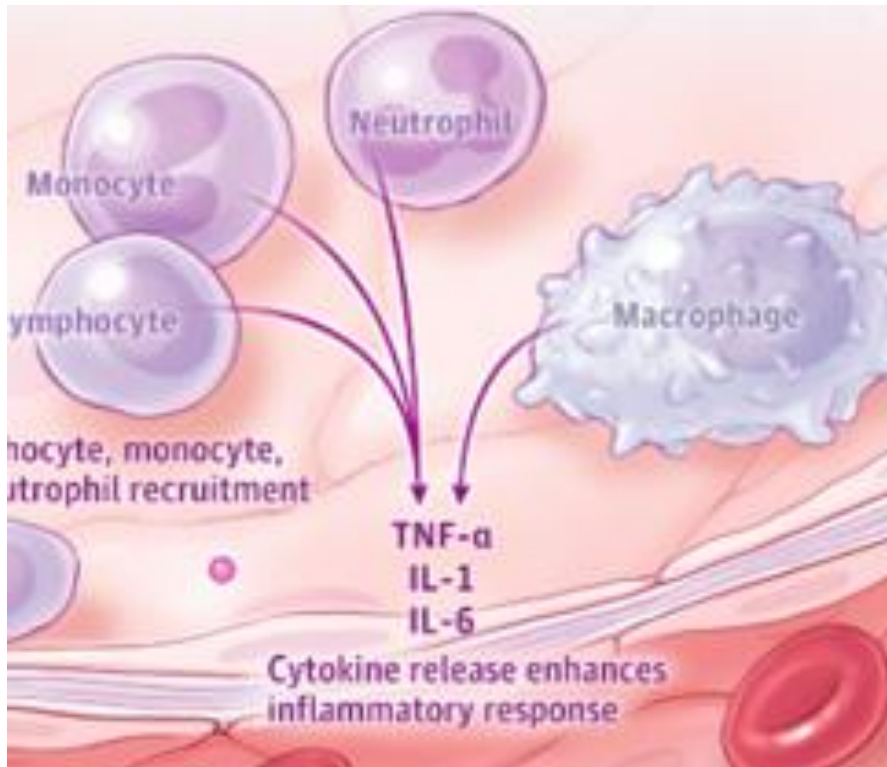


Innate and adaptive immunity to SARS-CoV-2



DC = dendritic cell

Innate COVID immunity



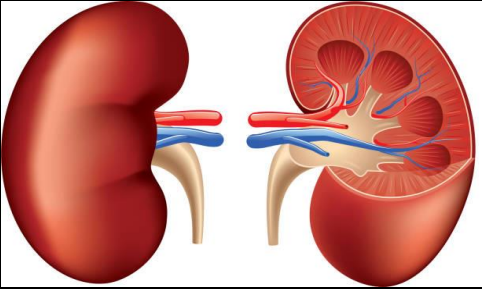
Similar levels between IC and SOT:

- Erythrocyte sedimentation rate
- C-reactive protein
- Ferritin
- D-dimer
- Lactate dehydrogenase
- Procalcitonin
- IL-6 levels

Adaptive immunity to SARS-CoV-2

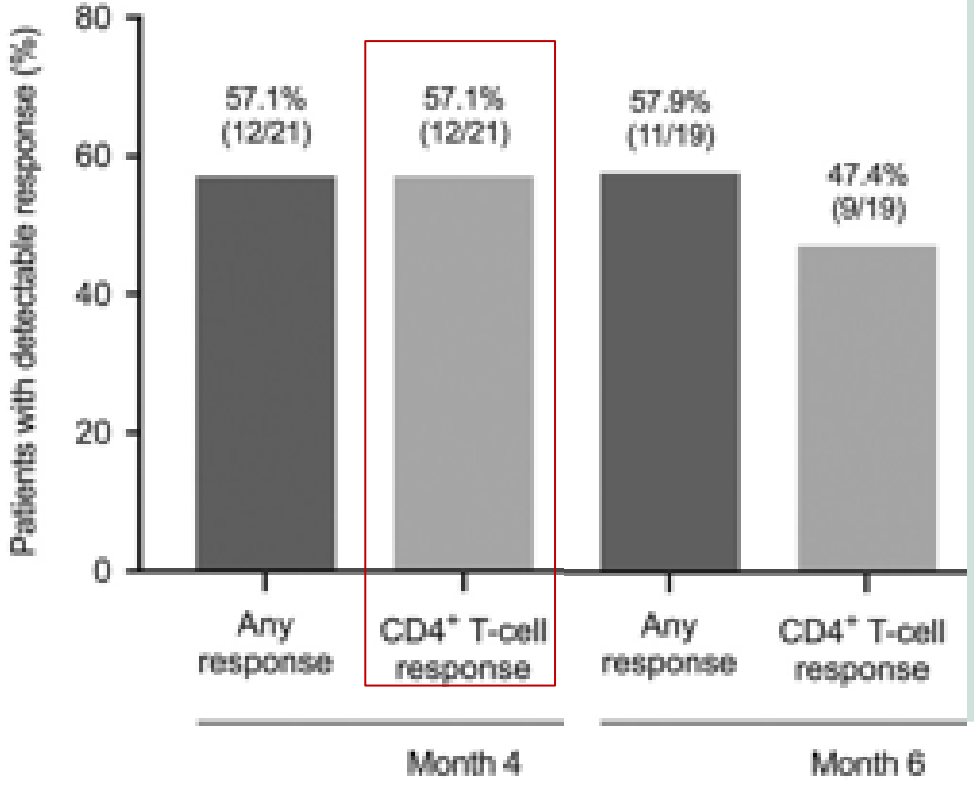


	Cellular responses	Humoral responses
IC	<u>T cell responses</u> : Wide range & displayed in early phase	<u>Antibodies</u> : Sustained for at least 2 months and potentially up to 4-6 months post-infection
SOT	<u>T cell responses</u> : Lower and delayed; Prolonged viral shedding	<u>Antibodies</u> : Delayed seroconversion; Rapid loss of antibodies



Cellular Response

Study	Design	Population	Outcome
Fernandez-Ruiz, et al.	21 SOT recipients	KT recipients 86% tac; 67% MMF; 24% mTOR; 81% pred Median time from transplant = 6 years (2-16 years)	



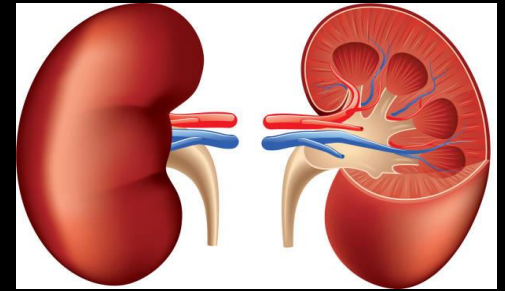
KT = kidney transplant
 tac = tacrolimus
 MMF = mycophenolate

mTOR = mammalian target of rapamycin
 pred = prednisone

Adaptive COVID Immunity

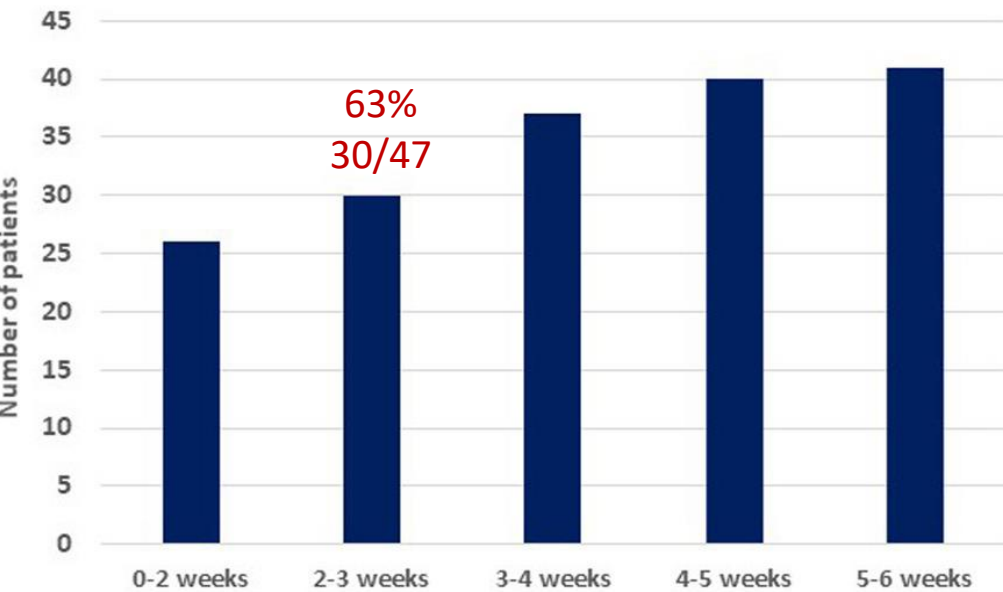


	Cellular responses	Humoral responses
IC	<u>T cell responses</u> : Wide range & displayed in early phase	<u>Antibodies</u> : Sustained for at least 2 months and potentially up to 4-6 months post-infection
SOT	<u>T cell responses</u> : Lower and delayed; Prolonged viral shedding	<u>Antibodies</u> : Delayed seroconversion; Rapid loss of antibodies



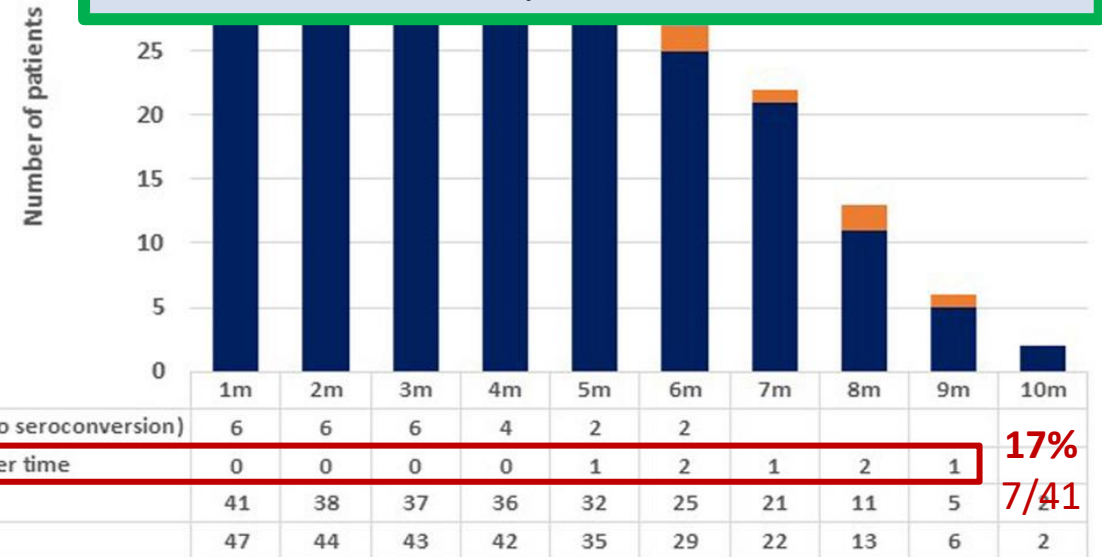
Humoral response

(A) Time to seroconversion (N=47; 40% severe COVID)

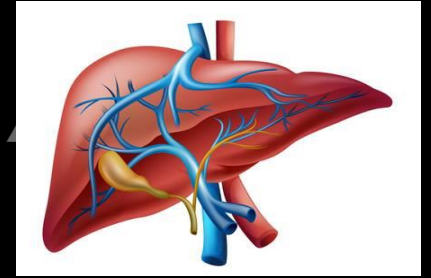


(B) Trend toward persistence of antibody response (not statistically significant):

- Severe COVID-19 history
- Withdrawal of antimetabolite
- Reduction/withdrawal of CNIs



Humoral response



Study	Design	Population	Outcome									
Caballero-Marcos, et al.	71 SOT patient; prospective multicenter study	LT recipients 62% tac; 49.3% MMF; 21.1% everolimus; 5.6% pred	<p>Anti-nucleocapsid IgG levels</p> <p>Legend: ■ LT patients, ■ Controls</p> <p>$P < .001$</p> <table border="1"> <caption>Anti-nucleocapsid IgG levels data</caption> <thead> <tr> <th>Time Point</th> <th>LT patients (%)</th> <th>Controls (%)</th> </tr> </thead> <tbody> <tr> <td>Month 3</td> <td>77%</td> <td>100%</td> </tr> <tr> <td>Month 6</td> <td>63%</td> <td>90%</td> </tr> </tbody> </table>	Time Point	LT patients (%)	Controls (%)	Month 3	77%	100%	Month 6	63%	90%
Time Point	LT patients (%)	Controls (%)										
Month 3	77%	100%										
Month 6	63%	90%										

LT = liver transplant

Baseline Maintenance immunosuppression



CNIs:

tacrolimus or cyclosporine

T-cell co-stimulation blockers:

Antimetabolites:

mycophenolate or azathioprine

mTORs:

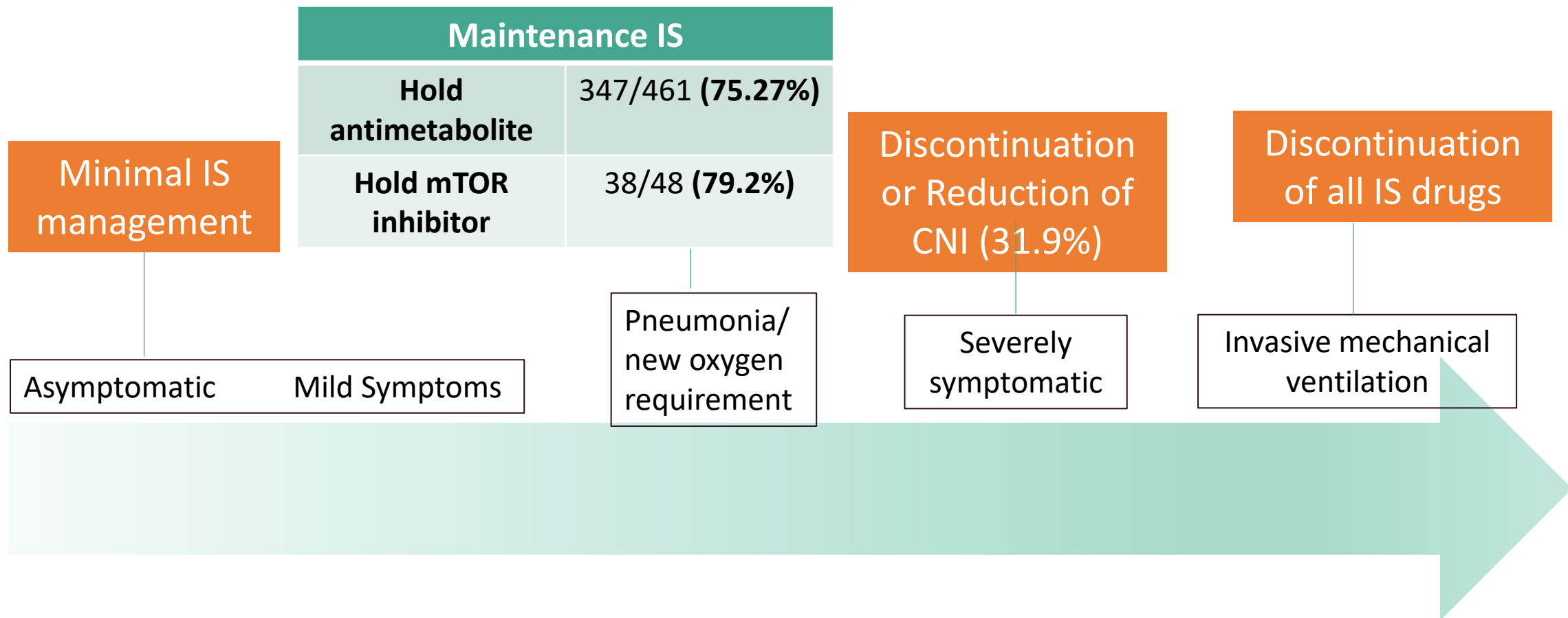
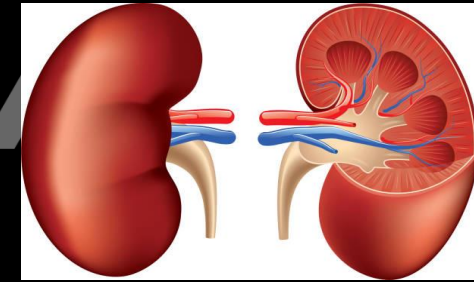
everolimus or sirolimus

Corticosteroids*:

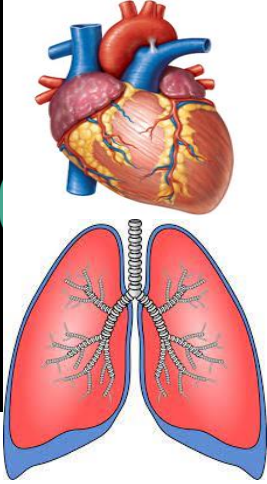
prednisone

*With steroid: Kidney, lung transplants
Steroid-free protocols: Liver, heart, living donor kidney transplants

Immunosuppression management: Kidney transplant



Immunosuppression management: Heart and lung transplant

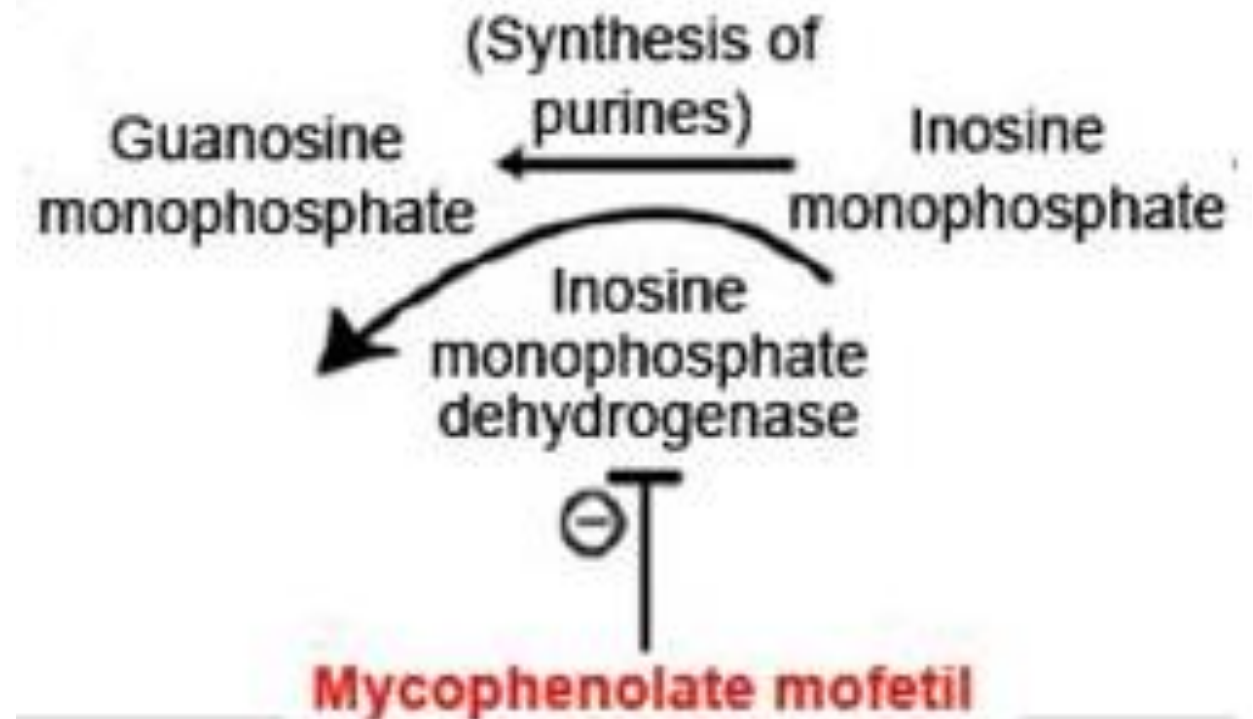


ISHLT survey regarding IS strategies in **heart or lung transplant patients with COVID-19 and hypoxemia** (at least moderate-severe disease; n = 465 responders)

IS adjustment	
No changes in immunosuppression	22%
Reduce MMF and continue tacrolimus	19%
Reduce MMF and tacrolimus	11%
Discontinue MMF only	25%
Discontinue MMF and reduce tacrolimus	18%
Discontinue all immunosuppression	4%

Immunosuppression management: Mycophenolate

- MMF inhibits proliferation of B and T cells which may influence antibody response (**i.e. influenza vaccine**) in a dose-dependent manner
- Theoretically impair the ability to develop an adequate immune response to natural infection
- Antimetabolites cause lymphopenia → **reduce or hold mycophenolate**

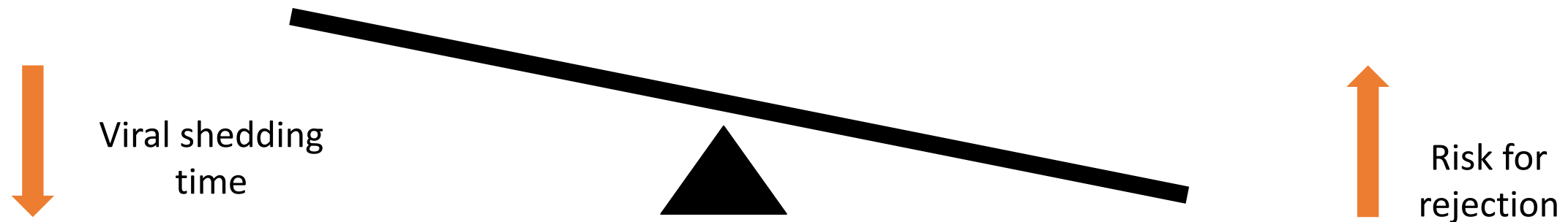


Immunosuppression management: Corticosteroids



- Role in reducing systemic symptoms and decreasing alveolar exudation that results from cytokine storm
- Improve survival in critically ill patients with COVID-19 requiring supplemental oxygen based on **RECOVERY trial**
 - Substituting dexamethasone for prednisone has become an option in hypoxemic patients (6mg daily for ≤ 10 days)

Steroid	Equivalent dose
Prednisone	5 mg
Dexamethasone	0.75 mg



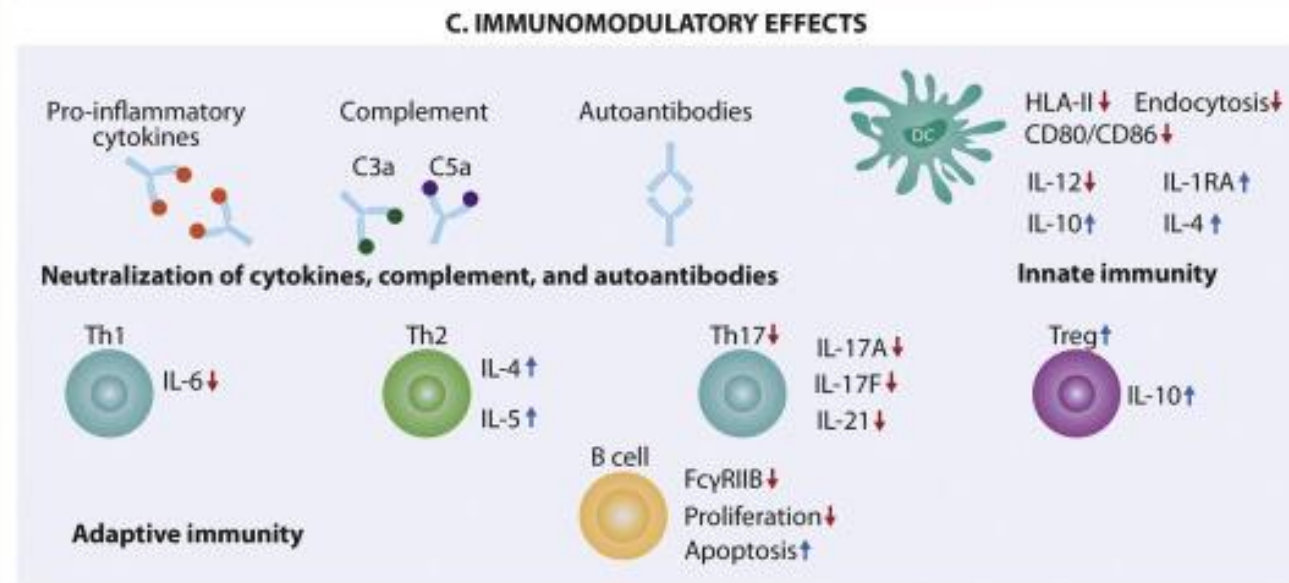
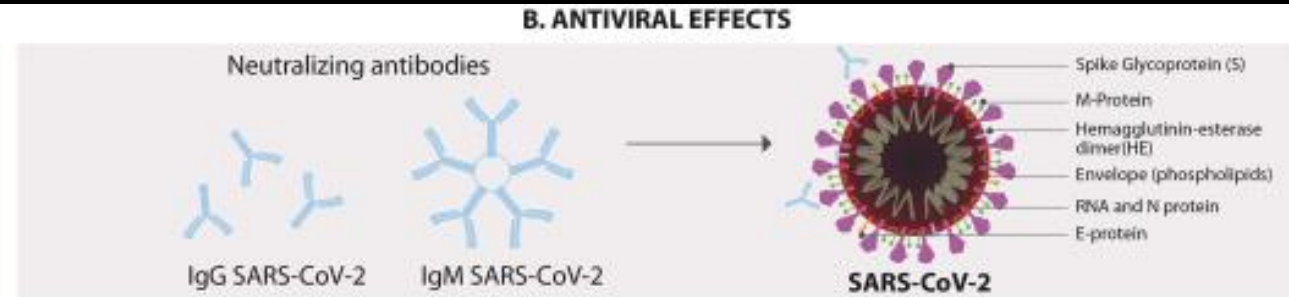
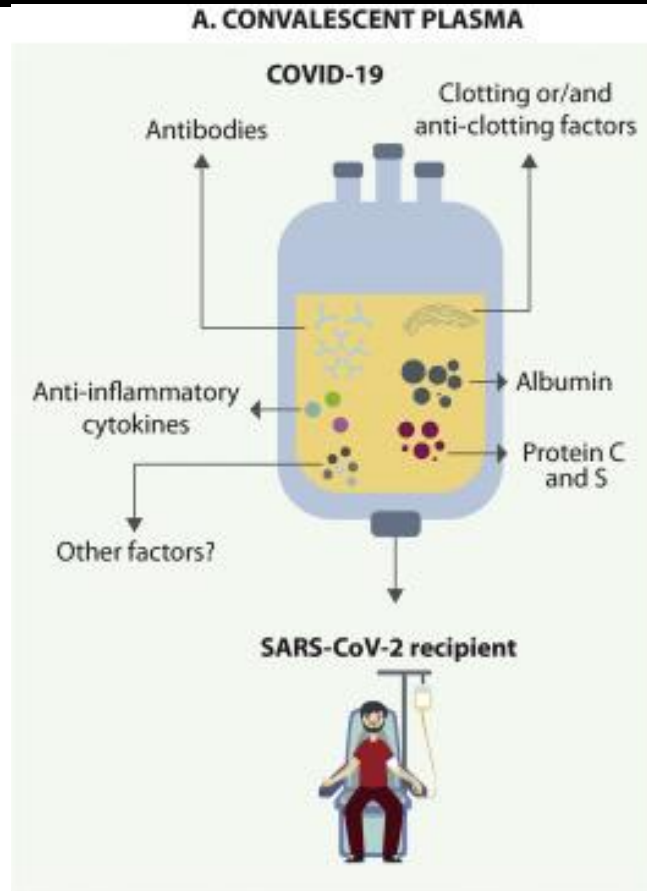
- **Generally, a reduction in immunosuppression is a widely used strategy for the management of viral infections:**
 - 1) Reduce or hold the antimetabolite particularly for patients with lymphopenia
 - 2) Continue the calcineurin inhibitor (CNI) **because inhibits IL-6 and IL-1 pathways**
 - 3) Switch prednisone to dexamethasone

Early COVID Antibody treatments



Convalescent plasma (Passive immunization)

EUA: Hospitalized patients with COVID-19 when administered early in the course of disease or when administered to patients with impaired humoral immunity



Early COVID Antibody treatment

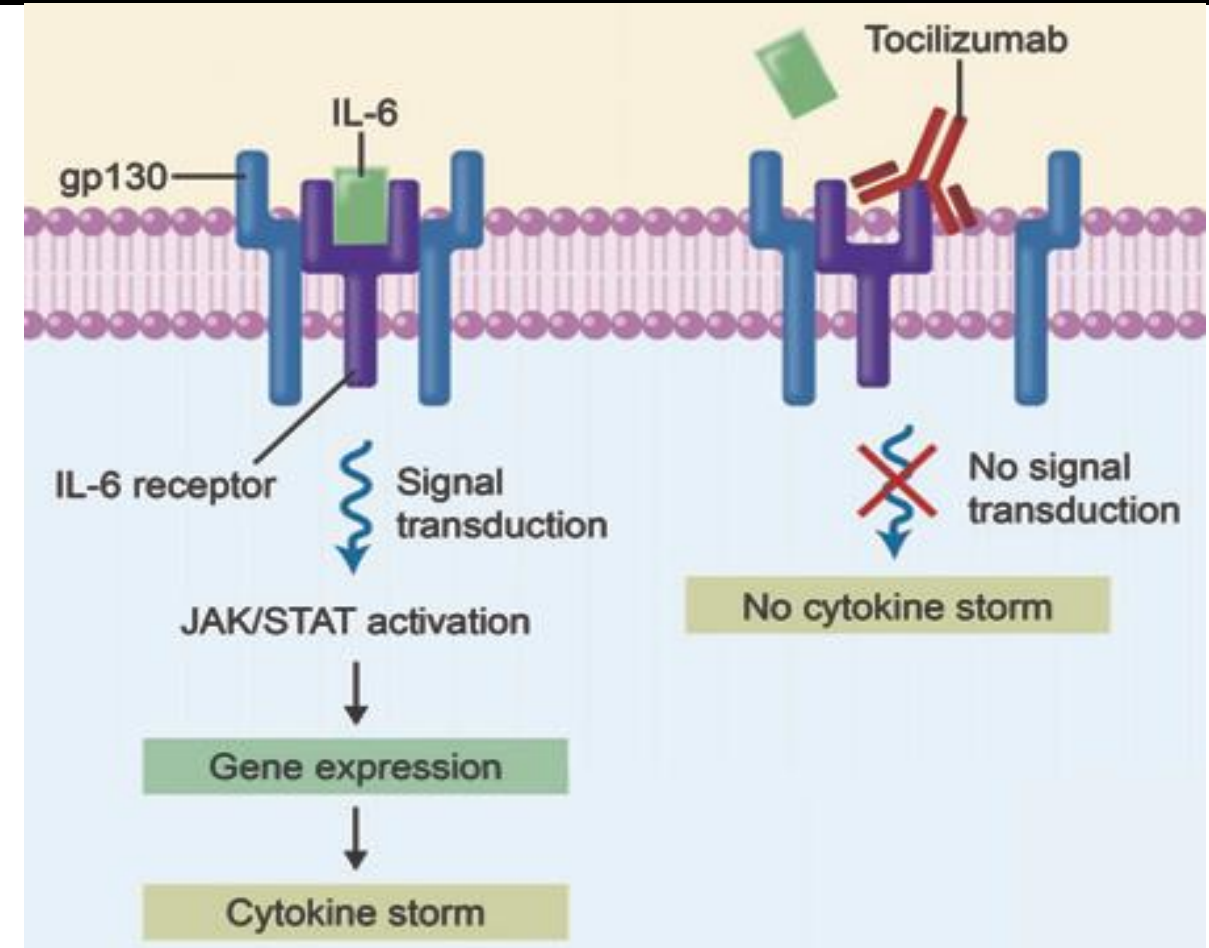


Tocilizumab

EUA: Hospitalized adults and pediatric patients (≥ 2) who are receiving systemic corticosteroids and require supplemental oxygen, non-invasive or invasive mechanical ventilation, or extracorporeal membrane oxygenation (ECMO)

RECOVERY trial:

- C-Reactive Protein (CRP) >75 mg/L
- No difference on benefit when comparing patients treated with tocilizumab within <2 days of hospital admission versus >2 days after hospital admission



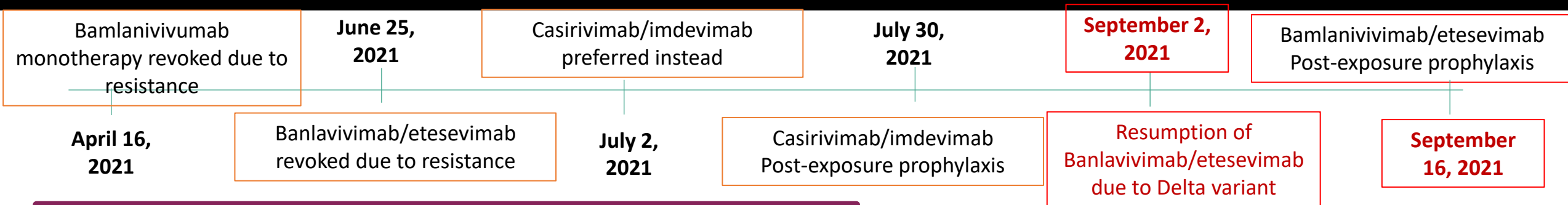
Early COVID Antibody treatment



Studies in SOT patients

Study	Outcome			
Pereira MR, et al (29 SOT with severe COVID; 45% KT, 26% lung, 17% heart)	N = 58	SOT with tocilizumab (N = 29)	Matched SOT control group (N = 29)	P-value
	Mortality	41%	28%	0.27
	Hospital discharge	52%	72%	0.26
	Secondary infections	34%	24%	0.55
Perez MJ, et al (80 KT with severe COVID)	CRP levels decreased after tocilizumab, and this decrease positively correlated with survival (mean 12.3 mg/L in survivors vs. 33 mg/L in non-survivors)			

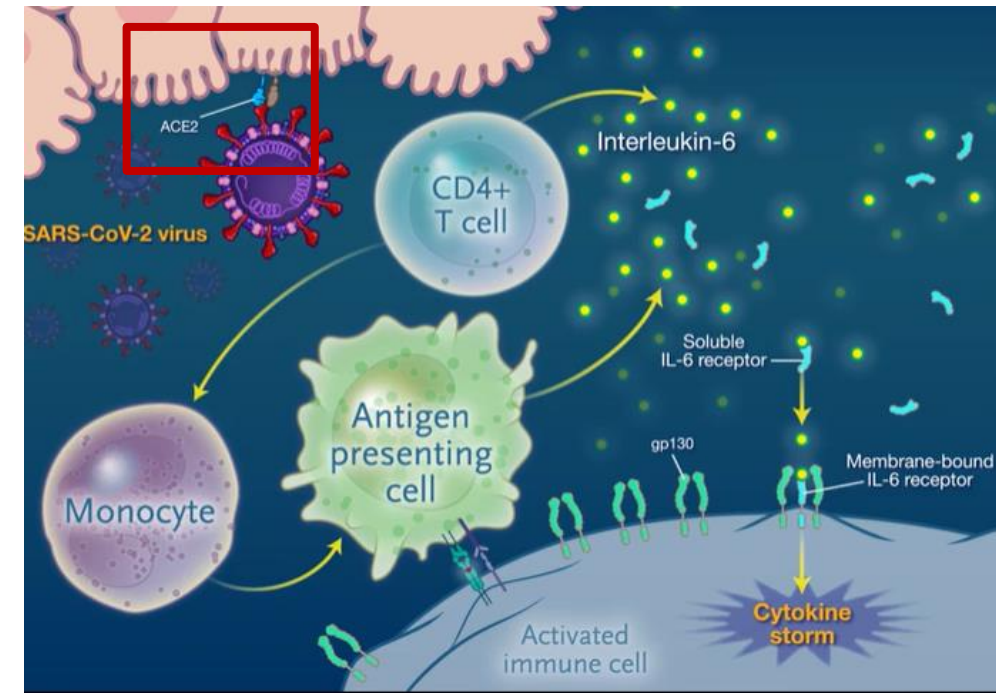
Newer COVID antibody treatments



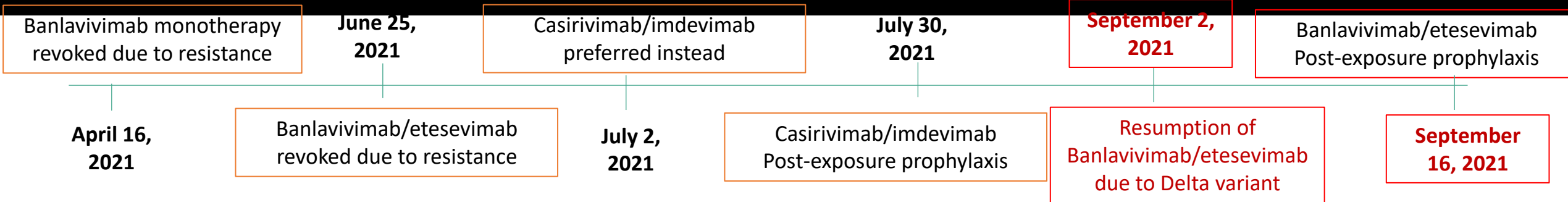
Casirivimab/imdevimab (REGN-COV2/Regeneron):

EUA: Mild to moderate COVID-19 in adults and pediatric patients (≥12 years of age and weighing ≥40 kg) with positive results on direct SARS-CoV-2 viral testing, and who are at high risk for progressing to severe COVID-19 and/or hospitalization

NOT authorized for use in patients who are hospitalized due to COVID **OR** require oxygen therapy due to COVID **OR** increase in baseline oxygen due to COVID



Newer COVID antibody treatments

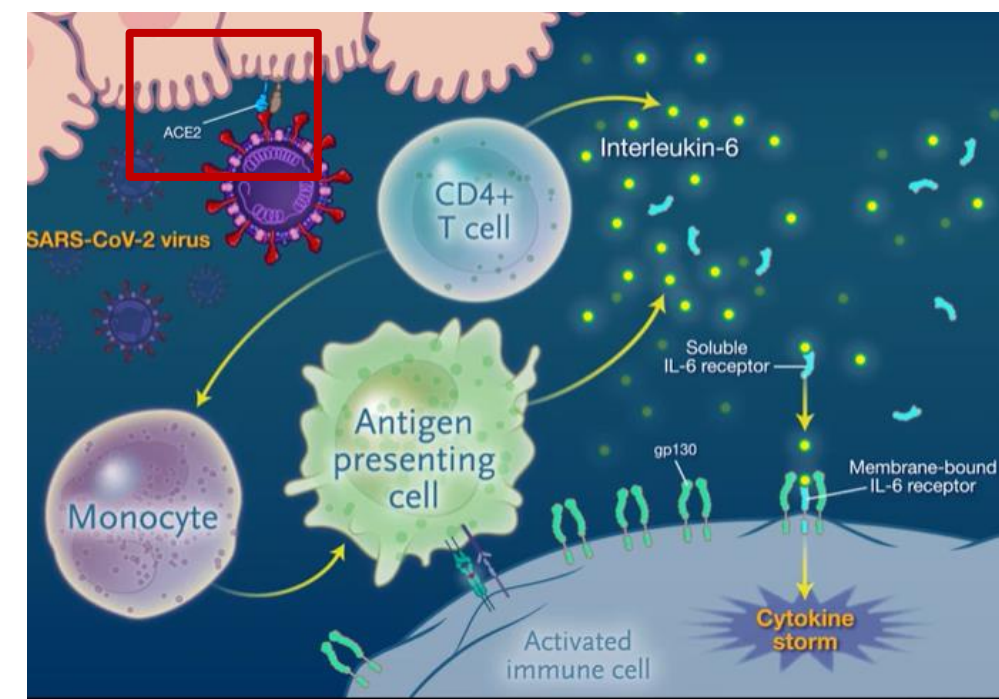


Studies in SOT patients

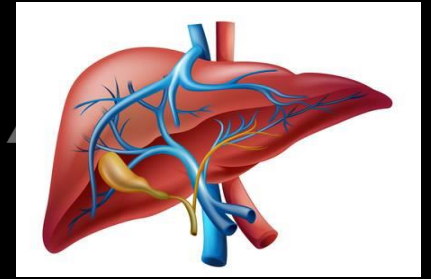
Study	Outcome
Yetmar, et al. (73 SOT with mild-moderate COVID; 56% KT, 18% LT, 15% heart)	75% bamlavivimab; 25% REGN-COV2 – No deaths, COVID-19-related ICU admissions, or requirement for advanced respiratory support
Dhand, et al. (25 SOT with mild-moderate COVID; 68% KT, 12% liver, 12% heart)	100% REGN-COV2 – None experienced progression of symptoms or required hospitalization due to COVID-19

Yetmar ZA, et al. *Open Forum Infect Dis.* 2021;8(6)

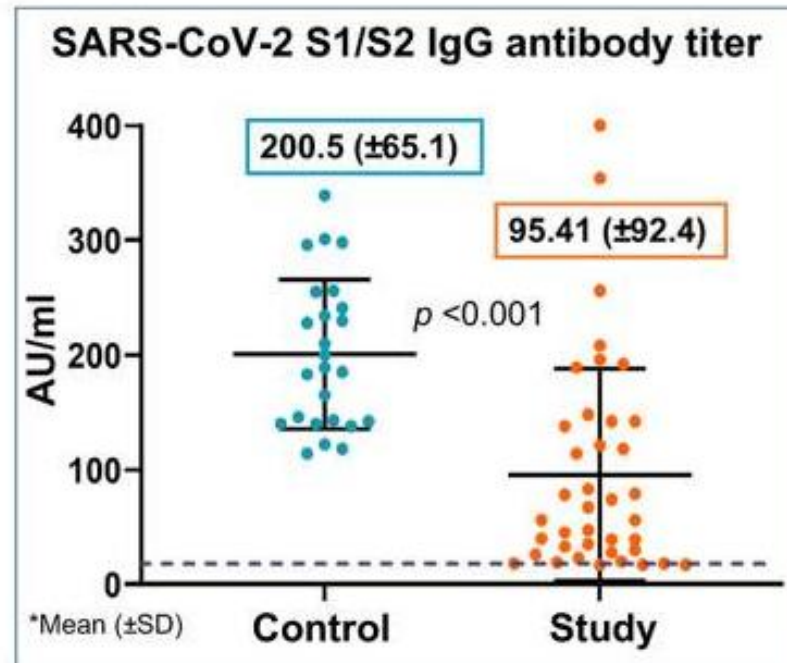
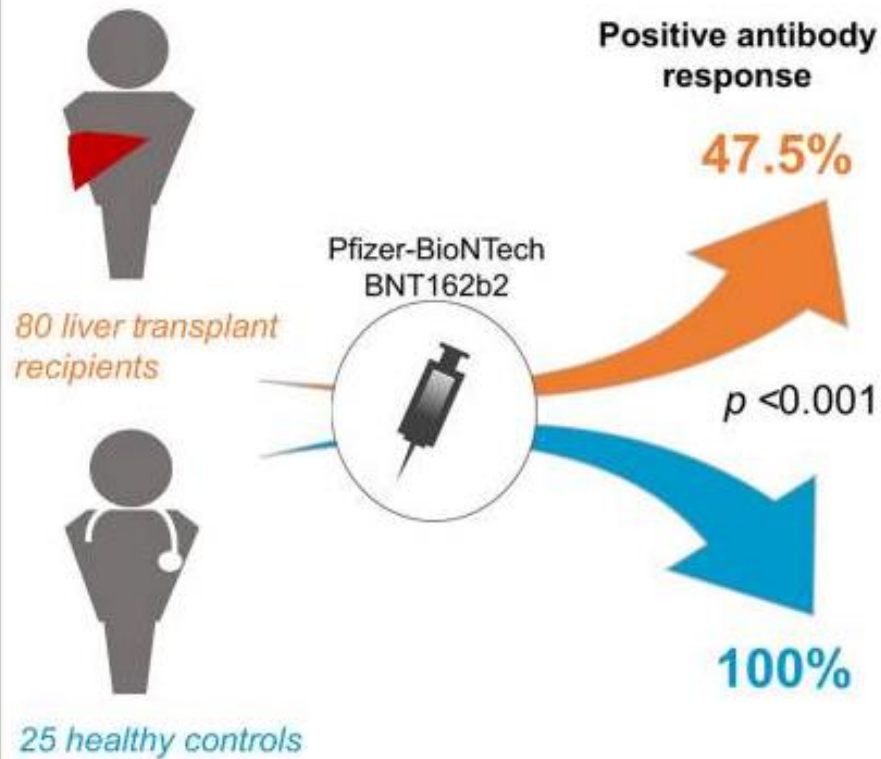
Dhand A, et al. *Transplantation.* 2021;105(7):e68-e69.



Vaccination in SOT



Immunogenicity to SARS-CoV-2 vaccination among liver transplant recipients

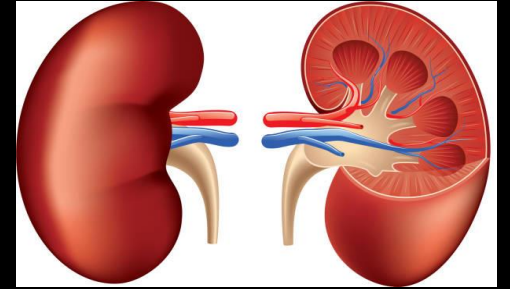


Maintenance IS

CNIs	94%
MMF	50%
mTOR	22.5%
2 IS	62.5%
3 IS	21.2%

Median of 5 years post-transplant

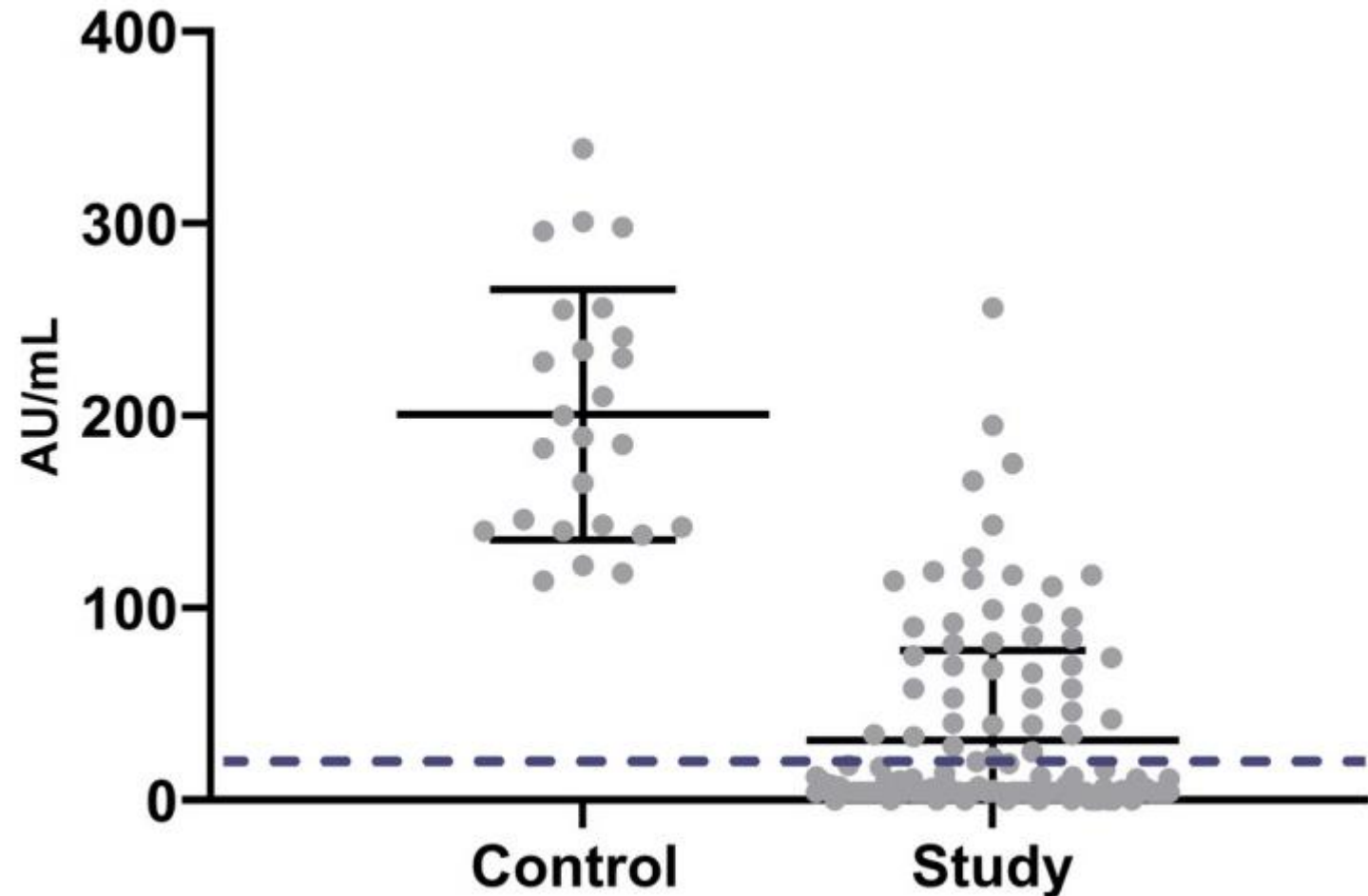
Grupper, et al (2021): Kidney Transplant

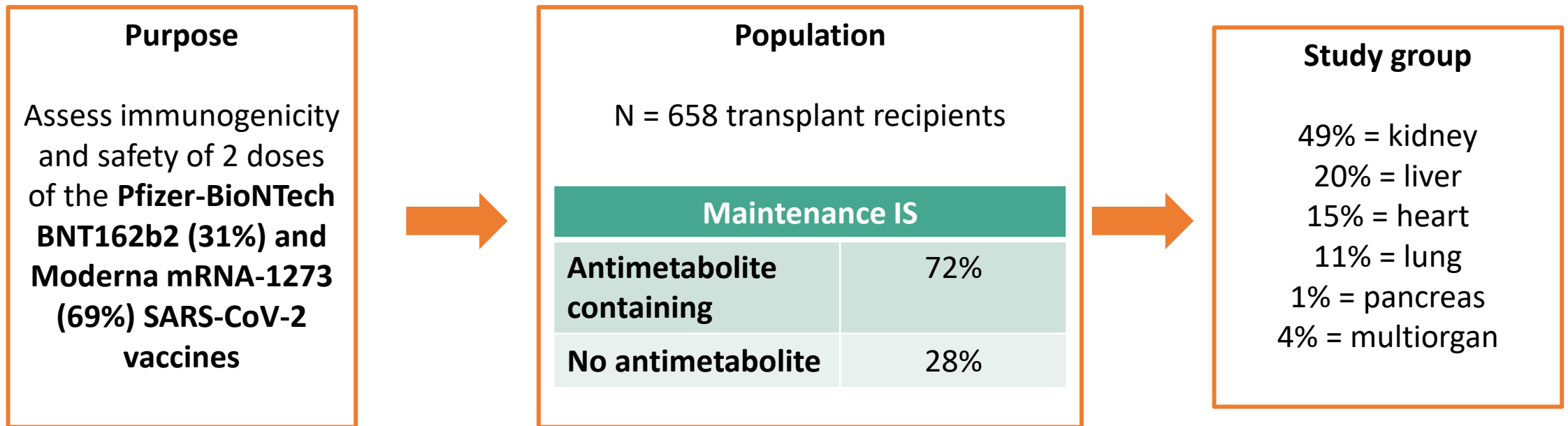


Results

Protective levels of SARS-CoV-2 S1/S2 IgG antibodies were detected in all of the controls (25/25)

Only **51/136 KT recipients** (37.5%) had positive serology ($p < 0.001$)





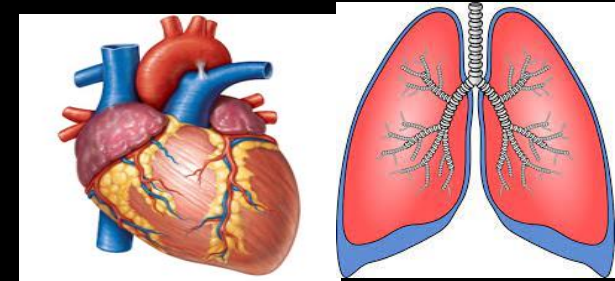
N = 658	Dose 1- Dose 2-	Dose 1+ Dose 2+	Dose 1- Dose 2+	P-value
Antibody response				
Receiving MMF	57%	8%	35%	<0.001
Not receiving MMF	18%	32%	50%	
Moderna	40%	22%	38%	<0.001
Pfizer	51%	8%	40%	
Years since transplant				
<3	63%	7%	30%	<0.001
3-6	50%	11%	39%	
7-11	38%	18%	43%	
≥12	33%	23%	45%	

Overall Results

Of the 658 participants:

357 (54%) had antibody response after D2

Schramm R, et al. (2021): T-cell Response?



Purpose

Analyze the antibody as well as the T-cell response after the first and second dose of the Pfizer-BioNTech BNT162b2



Population

N = 100

Maintenance IS

Tac/MMF	82%
CSA/MMF	10%
Tac/mTOR	8%

2% 1 year from transplant
25% 1-2 years from transplant
24% 2-3 years from transplant



Study group

N = 50

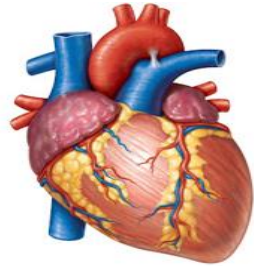
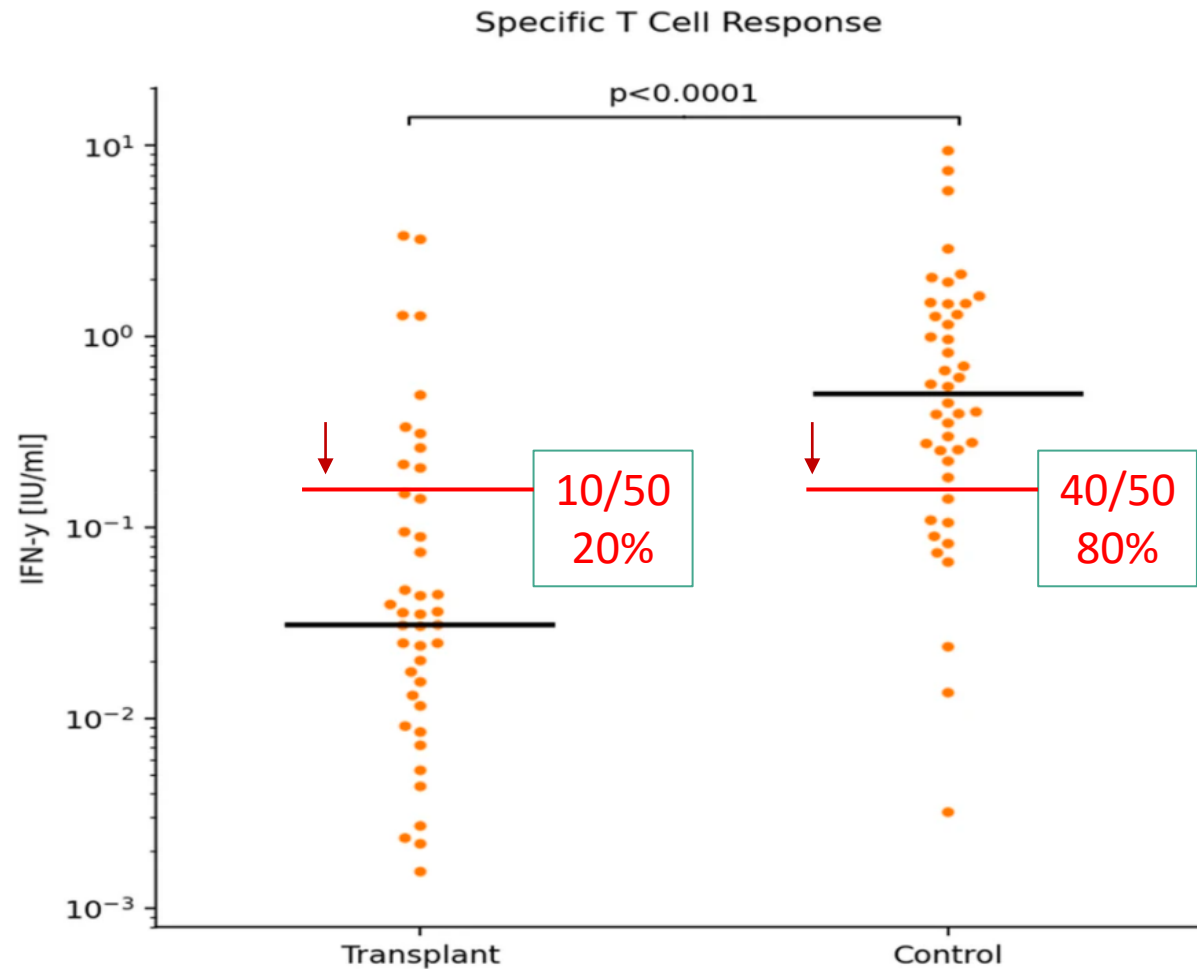
84% = heart
14% = lung
2% = heart-lung

Control group

N = 50

Controls with no major comorbidities

Schramm R, et al. (2021): T-cell Response?



Red horizontal line: > 0.16 IU/ml = suggested as a cut-off for scoring ; Black horizontal line: Median

Schramm R, et al. *Clin Res Cardiol.* 2021;1

Summary COVID Antibody & Cellular response



Reference	Organ	Vaccine type	Sample size	Antibody response after D2	Cellular response after D2
Rabinowich, et al	Liver	Pfizer	N = 80	47.5%	-
Grupper, et al	Kidney	Pfizer	N = 136	37.5%	-
Cucchiari, et al	Kidney	Moderna	N = 117	30%	65%
Boyarsky, et al	All	Pfizer or Moderna	N = 658	54%	-
Ou MT, et al	Kidney - Belatacept	Pfizer	N= 24	5%	-
Chavarot, et al	Kidney - Belatacept	Pfizer	N = 101	6%	30%
Schramm, et al	Heart / lung	Pfizer	N = 100	10%	20%
Itzhaki, et al	Heart	Pfizer	N = 42	36%	-
Shostak, et al	Lung	Pfizer	N = 168	18%	-

COVID-19 Breakthrough infection



- Wadei et al, reported 7 SOTs with undetectable or low titer antispikes antibodies who developed COVID-19 infection after receiving one or two doses of the SARS-CoV-2 mRNA vaccine
 - Clinical presentation and course of these patients comparable to those who have not been vaccinated
 - 4/7 kidney; 3/7 heart transplant recipients
 - 4/7 received ATG for induction therapy
 - Day from last COVID vaccine to diagnosis: Range = 6-44 days
- Chang et al, reported a case of severe COVID-19 despite full vaccination with mRNA-1273 SARS-CoV-2 vaccine (Moderna) in a DDKT from February 10, 2020
 - COVID-19 infection boosted the vaccine-induced anti-spike antibody response in patient but was not able to induce a natural antibody response to nucleocapsid protein

Third COVID-19 dose



Effective August 13, 2021, CDC recommends that people who are moderately to severely immunocompromised receive an additional dose of an mRNA COVID-19 Vaccine (**Pfizer-BioNTech or Moderna**) at least 28 days after the completion of the initial mRNA COVID-19 vaccine series

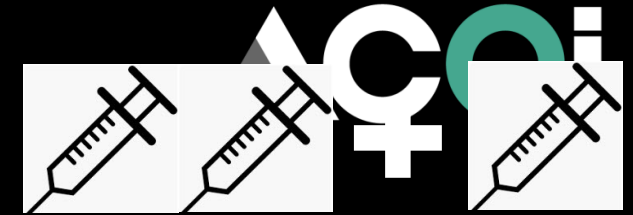
Discussion points:

Third dose

Same vaccine product

Janssen additional dose

Benotmane, et al (2021)



Purpose

To describe antibody responses and vaccine reactions in recipients of SOT patients who had a suboptimal response to standard vaccination and subsequently received a third dose of **mRNA-1273 (Moderna) vaccine**



Population

77% deceased donor

Maintenance IS

Tac +MMF + steroid	52.8%
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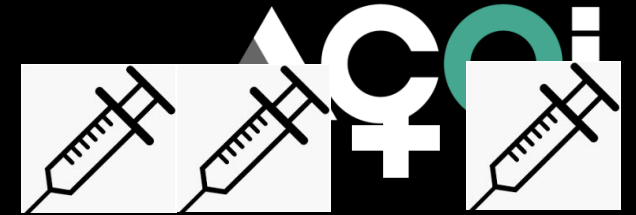
- 60% had no antibody response after D2
- 40% showed a response below the positivity limit
- Patients received the third dose of vaccine a median of 51 days after the second dose of their initial vaccine series
- Median time from transplantation was 5.3 years (IQR, 1.9-11.1 years)



Study group

159 KT recipients

Benotmane, et al (2021)

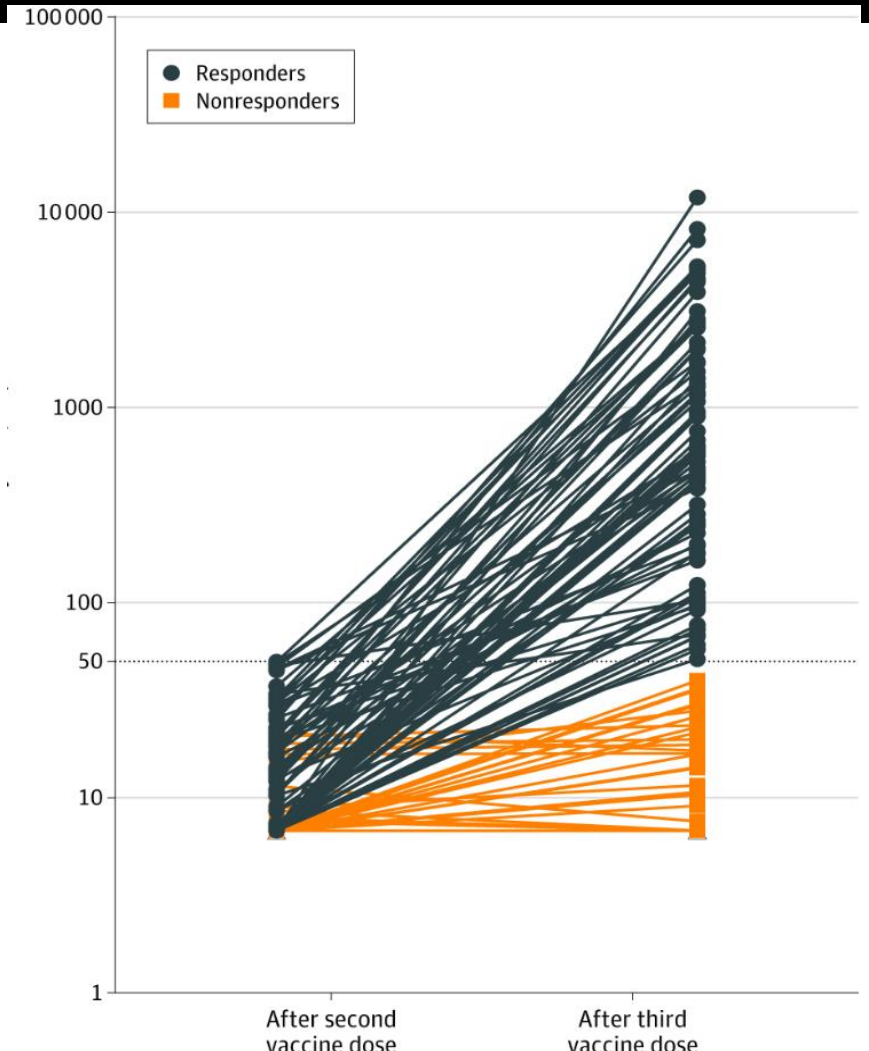


Results

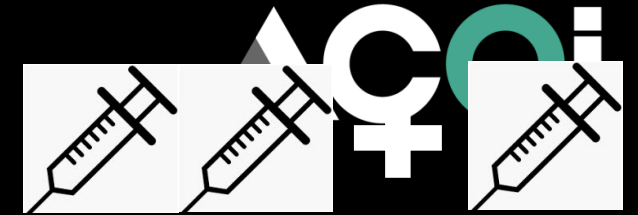
After the third vaccine injection 78 patients (49%) had a positive antibody response in those who did not respond after D2

However, 51% of the patients did not develop anti-SARS-CoV-2 antibodies after the third dose, especially those receiving triple immunosuppression

No severe adverse events were observed after the third dose



Kamar, et al (2021)



Purpose

To describe antibody response in recipients of SOT patients who had a suboptimal response to standard vaccination and subsequently received a third dose of **BNT162b2 (Pfizer–BioNTech) vaccine**



Population

N = 101 transplant recipients

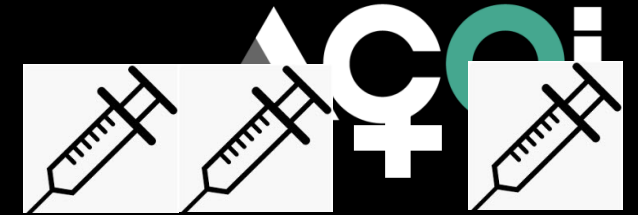
Maintenance IS	
CNI	79%
Belatacept	12%
MMF	63%
mTOR	30%
Steroids	87%

- Patients received the third dose of vaccine a median of 61 days after the second dose of their initial vaccine series
- Median time after transplant: 8±1 year



Study group

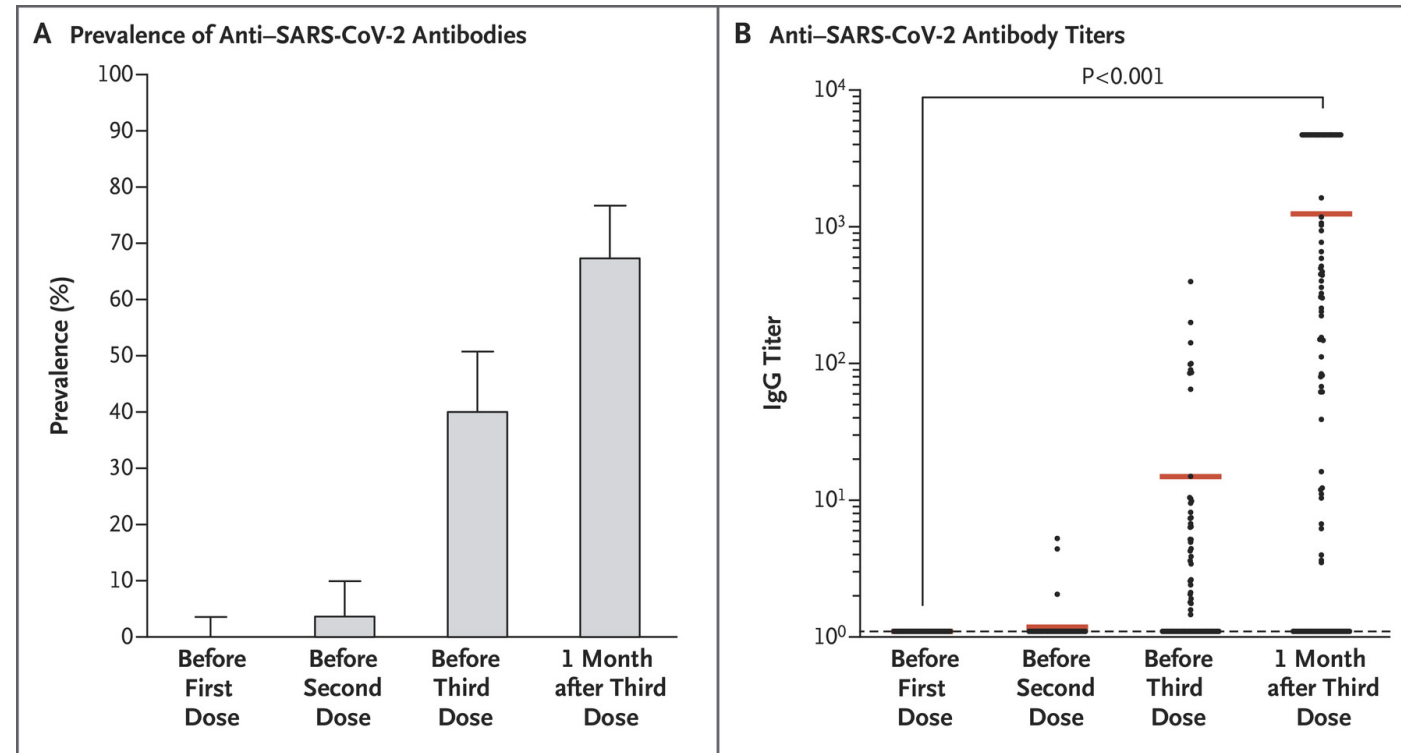
77% kidney; 12% liver; 8% lung or heart; 3% pancreas



Results

Among the 59 patients who had been seronegative after D2, 26 (44%) were seropositive at 4 weeks after the third dose

No severe adverse events were observed after the third dose and no acute rejection episodes occurred



Conclusions



- Clinical outcomes between solid organ transplant (SOT) recipients are poor with a high morbidity and mortality rate.
- SOT patients demonstrate a delayed T cell response and rapid loss of antibodies to both COVID infection as well as COVID vaccination.
- Immunosuppression management during COVID infection in SOT is patient-specific, but generally involves careful reduction in immunosuppression.
- Roughly 50% in SOT recipients demonstrate an immune response after two doses of the Moderna and/or Pfizer vaccines and a third dose is recommended.

Thank You



2021 ACOI Annual Convention
and Scientific Sessions
October 27-30