

*From President Carron*

## Your Words Matter



We've heard this statement quite a bit in the news media lately. I wonder what our founding fathers, who drafted the Declaration of Independence, or Francis Scott Key, who wrote The

Star Spangled Banner, would think about the need of the news media to remind the President of the United States that his words matter. This seems simple and goes back to "everything I needed to know I learned in kindergarten." We are so lucky to have language with which we can express love, hate, empathy, understanding with only a few words.

Medicine is one place where the consequences of our words are profound and can literally be lifesaving. We all know of an example in the literature reporting that patients have higher success quitting smoking just because their doctor told them to.

Our words matter.

On a personal note, when my daughter was 20 months old she had a weekend where she was quite listless, not eating and drinking much. I debated whether to take her to the emergency department but did not want to be that over-reacting

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**May 9-12, 2019 in Baltimore**

## Hospital Medicine Program Addresses Practice Gaps in Key Areas

Clinical Challenges in Hospital Medicine, the popular ACOI CME program for hospitalists and others who treat patients in the hospital, will take place May 9-12 in Baltimore's beautiful Inner Harbor. This conference will address key gaps that have been found to exist in hospital-based internists' practices. While most hospitalists maintain a wide breadth of awareness of best practices in many areas, maintaining knowledge and skills in all, and certainly the most difficult clinical areas, creates a unique challenge.

ACOI's assessment, using the latest guidelines, epidemiologic data and survey reports, shows that hospitalists need more clarity on how best to manage acute and chronic pain under current changes in policies. Successfully meeting QI mandates is another challenge. In addition, conflicting guidelines based on special populations (e.g., hypertension in geriatric patients and triose with T2DM) leaves the treater with the need for more specific guidance. Heart failure and sleep apnea are two other areas where clearer evidence will impact physician competence and improve outcomes.

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**75th Anniversary Circle Tree Installed in ACOI Offices**--Thanks to the leadership and generosity of ACOI members and friends, the College was able to exceed its \$750,000 goal for its 75th Anniversary Fundraising Campaign. This was due in no small part to the 135 individuals who joined the 75th Anniversary Circle. This month the Tree commemorating their generosity was installed in the main foyer of ACOI headquarters. Each individual donor is honored with a leaf on the Tree. For information on how the funds raised have been used, see page 7.



## AOA Approves CME Grace Period Through May 31

The Executive Committee of the AOA Bureau of Osteopathic Specialists has approved a CME grace period through May 31, 2019 for the 2016-18 CME cycle. AOA-certified diplomates will be able to fulfill their 2016-18 CME requirements by either:

- Submitting CME credits earned between Jan. 1, 2016 and Dec. 31, 2018 that have not yet been reported for that cycle; or
- Applying CME credits earned in the current CME cycle (2019-2021) toward the previous AOA CME requirement. Credit applied to the previous CME cycle cannot be applied to the current CME cycle.

There are more than 100 CME credit activities available at the new ACOI Online Learning Center. Click here to access the Center via desktop, laptop or mobile devices [https://www.acoi.org/mms/elevate\\_registration.cgi](https://www.acoi.org/mms/elevate_registration.cgi).

For additional information about the AOA grace period, send inquiries via email to [certification@osteopathic.org](mailto:certification@osteopathic.org).

**ADVANCED CARDIOLOGY PROGRAM ON PAGE 3**



## American College of Osteopathic Internists

*In Service to All Members; All Members in Service*

### MISSION

*The mission of the ACOI is to promote high quality, distinctive osteopathic care of the adult.*

### VISION

*The ACOI seeks to be the organization that osteopathic internists think of first for education, information, representation and service to the profession.*

### VALUES

*To accomplish its vision and mission, the ACOI will base its decisions and actions on the following core values:*

*LEADERSHIP for the advancement of osteopathic medicine*

*EXCELLENCE in programs and services*

*INTEGRITY in decision-making and actions*

*PROFESSIONALISM in all interactions*

*SERVICE to meet member needs*

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## Letter from the President

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parent. We took her to the pediatrician's office Monday morning and her doctor looked at her and said, "Oh my God, she has lost 10% of her body weight in two weeks." (We had just been to see the doctor). I immediately started crying, racked with guilt that I had not taken her in sooner. The pediatrician said, "She needs to go the ER and get IV antibiotics and be admitted overnight for IV fluids." After some fluids in the ER, her labs came back ok and she was a little perkier. The ER doctor said she could be discharged. Of course, you know what I said, "Hell no, her pediatrician said she needs IV antibiotics and to be admitted for fluids." The poor ER doc had no chance. I love my pediatrician, but her words scared me and incited a guilt in me that caused me to fight as hard as needed to make sure my daughter got what I thought she needed.

Our words matter.

I have changed my practice over the years to try not to use the word "better." When we say better as physicians, this is what our patients hear: "Great, I'm going to get home and play golf again." This is what their families hear: "Great, mom can get back home on her own and I can finally get back to work and my kids." This is what we mean: "You may be able to leave the hospital in the next few days."

ACOI has been working over the last several years to be sure our words matter. We are working on writing down why the Osteopathic Internist is different thanks to the great work of ACOI Board member, Bob Cain, DO. We are defining the Osteopathic alphabet. We are defining our future based on why we all did this in the first place, with a new, concise message to come. We are asking our speakers to incorporate Osteopathic principles into their presentations. We are spreading the message to our students with our visiting professor program.

Our words are being heard!

ACOI has four excellent meetings coming up in May in Baltimore, our board review course, trainers congress, hospital medicine meeting, as well as an intensive, subspecialty-level cardiology meeting. If you need CME (AOA or ACCME), or if you just want some added knowledge and community, please join us.

Thanks to all of you for your support of ACOI in the past and future.

As always, contact me, other ACOI Board members, or staff with any questions or words to share.

"As we express our gratitude, we must never forget that the highest appreciation is not to utter words, but to live by them-" John F. Kennedy

Why do we get up at 5 am, or work until 8 pm?

Why do we miss time with our families?

Why do we share suffering?

Why do we help organizations with our time and money?

Because we said we would.

Annette T. Carron, DO, FACOI  
President

## An Advanced CME Course For Cardiologists



Please join us for Exploring New Science in Cardiovascular Medicine, a subspecialty level CME program for clinical cardiologists, which will be held May 9-12 at the Baltimore Marriott Waterfront Hotel in Baltimore, MD. Our internationally recognized faculty will bring the latest in evidenced-based advances to attendees using a highly interactive, case-centric approach. The agenda includes important sessions on cardiology in the emergency department (ED), including best practices for the assessment of chest pain, and optimal treatment of ACS in the

ED. The growing debate on hypertension targets as evidenced by recent ACC, ADA, and ACP guidelines is sure to prompt lively and important discussion. This course will provide both AMA PRA Category 1 Credits™ and AOA-approved 1A CME credit.

Dr. Erin Michos from Johns Hopkins School of Medicine will open the meeting with a session on CVD risk reduction in women. Decision-making in anticoagulation will be addressed in a number of sessions, including anticoagulation in pregnancy, renal failure, post-MI, left appendage occlusion vs. anticoagulation, and the use of anticoagulants in PVD.

Heart failure and cardiomyopathy are well-represented on the agenda with talks on chemotherapy and cardiomyopathy, hypertrophic cardiomyopathy, and an LVAD update. Dr. Robert Chilton will update participants on new diabetes therapeutics and CV risk reduction and will also address the ongoing controversy around perioperative Beta blockade.

For additional information and registration materials, [click here](#):

The American College of Osteopathic Internists is accredited by the Accreditation Council for Continuing Medical Education (ACCME) and the American Osteopathic Association to provide continuing medical education for physicians.

The American College of Osteopathic Internists designates this live activity for a maximum of 22.75 *AMA PRA Category 1 Credits*™ and 22.75 AOA Category 1A CME credits. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

## Member Survey In Progress

The ACOI's biannual member survey will be open for responses through early April. The electronic survey is completely anonymous and takes about 15 minutes to complete. It is very important in providing guidance for the College's strategic planning process. A confidential, personalized link to the survey has been sent to all Active Members via email from the address [acoisurvey@researchusainc.com](mailto:acoisurvey@researchusainc.com). You must use this link to participate. Approximately 600 members have completed the survey to date. Three members who complete the survey will be selected at random to receive a \$100 American Express gift card. Members are urged to complete the survey prior to the deadline.

## Have You Moved?

**Keep us updated.  
If you have recently  
made any changes in  
your address,  
phone number  
or email,  
please notify  
the ACOI at  
[acoisurvey@acoisurvey.com](mailto:acoisurvey@acoisurvey.com)**

# 75th Anniversary Campaign Honor Roll of Donors

(Outright Gifts and Multi-Year Commitments of \$1,000 or more as of March 15, 2019)

The ACOI Board of Directors wishes to thank all ACOI members for their annual support for the College. The generous support of our 75th Anniversary Campaign donors is of the utmost importance as we seek to maintain an osteopathic approach to internal medicine for future generations of patients.

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## Speakers Sought For Education Innovations Conference

The Advocate Primary Care Transformation Collaborative is seeking speakers for its 3rd Annual Primary Care Inter-professional Transformation Conference. Presenters are needed to share innovations in inter-professional education, patient-centeredness, team care, engaging learners to choose primary care, or another topic of their choice.

The meeting will take place Sept. 13, 2019 at Hyatt Lodge at McDonalds Campus in Oak Brook, IL.

Contact Jill Patton DO, FACP, FACOI ([jill.patton@advocate-health.com](mailto:jill.patton@advocate-health.com)) if interested in participating.



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# government RELATIONS

Timothy McNichol, JD

## **White House Releases Fiscal Year 2020 Budget Proposal**

President Trump recently released his fiscal year 2020 budget proposal. The proposal calls for \$4.7 trillion in total spending. In addition, the plan calls for a nine percent cut to nondefense discretionary spending. Among other things, this includes significant cuts to mandatory spending programs such as Medicaid and Medicare. The Department of Health and Human Services (HHS) and the Department of Education would be hardest hit by cuts of 12 percent and 8.5 percent, respectively. The President's proposal would significantly increase defense spending and funds for Veterans Affairs by 33.4 percent and 6.5 percent, respectively. The proposal, which is not binding and serves only as the President's blueprint for his policy priorities, has attracted consternation from both sides of the aisle. The proposed budget relies on revenue and economic growth assumptions that are thought to be overly optimistic, and yet, fails to provide for a balanced budget over the next decade. As Congress begins the budgetary process for fiscal year 2020, the ACOI will continue to closely monitor issues of importance impacting both physicians and their patients.

## **CMS Administrator Discusses Changes to Stark Law Regulations**

According to remarks recently made by Centers for Medicare and Medicaid Services (CMS) Administrator Seema Verma, a proposed rule is expected later this year that will make significant changes to existing Stark Law regulations. Administrator Verma indicated that things such as the regulatory definitions and areas of technical non-compliance, among others, are being looked at closely. According to Administrator Verma, "It is our hope that these changes will help spur better care coordination and help support our work to remove barriers to innovation while continuing to provide appropriate safeguards for our programs." The ACOI will continue to carefully monitor this and other regulatory reform reforms that may be released later this year. Additional information will be shared with you as it becomes available.

## **FDA Commissioner Announces Resignation**

Food and Drug Administration (FDA) Commissioner Dr. Scott Gottlieb unexpectedly announced his resignation. His tenure was marked by the approval of numerous drugs, a push to cut the use of e-cigarettes by youths and others, and efforts to reduce the cost of prescription drugs. It is likely that the National Cancer Institute (NCI) Director Dr. Norman "Ned" Sharpless will serve as Interim Commissioner beginning in early April. The White House is expected to seek a permanent replacement going forward.

## **House Approves Legislation to Fight Fraud and Abuse**

The House recently approved legislation to codify the Healthcare Fraud Prevention Partnership (HFPP). The HFPP is a public-private partnership created to identify healthcare waste, fraud and abuse through information sharing, the streamlining of analytical tools, and the exchange of successful anti-fraud practices. The bi-partisan legislation was unanimously approved by voice vote. According to the Chairman and Ranking Member of the House Energy and Commerce Committee, who introduced the legislation, "This is an important program that ensures our public and private institutions are better able to detect and stop fraud and abuse in the health care system." The legislation has been referred to the Senate Committee on Finance, where it awaits further action.

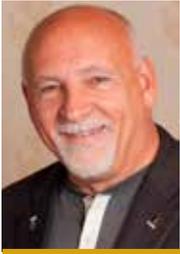
## **ACOI Joins with AOA, TOMA and ACOFP in Opposition to New Licensure**

The ACOI recently joined with the American Osteopathic Association (AOA), the Tennessee Osteopathic Medical Association (TOMA), and the American College of Osteopathic Family Physicians (ACOFP) in opposition to legislation introduced in the Tennessee legislature to create a new class of licensure for those who have not completed a residency. Specifically, the legislation would create a "Graduate Physician" (GP) category of licensure for those who graduate medical school and either did not match, or did not successfully complete a graduate medical education program. As licensed GPs under the proposal, they would be allowed to provide primary care services with limited supervision by a fully-licensed physician. Opposition to the legislation was driven by the belief that enactment of this bill would put the health and safety of Tennesseans at risk. While the bill is intended to address workforce shortages in rural underserved areas, ACOI does not believe that this legislation will effectively address the problem in a way that benefits patients. Other states have considered similar legislation. The ACOI will continue to work to advance efforts to address primary care workforce shortages while protecting both the health and safety of patients.

## **ACOI Joins with Physician Organizations to Target Burden of Prior Authorization**

The ACOI recently joined with nearly 100 state and national physician organizations urging CMS to provide guidance to Medicare Advantage (MA) plans on prior authorization processes. Specifically, the ACOI and others called on CMS to direct MA plans to target prior authorization requirements where they are needed most. It was suggested that unnecessary prior authorization requirements can be avoided by basing the need for prior authorizations on the utiliza-

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# talking science & education

Donald S. Nelinson, PhD

Greetings colleagues and welcome to the March issue of Talking Science and Education for 2019. As I write this, today marks the first day of Spring. I wish you all success as we embrace renewal and wellness in this time of rebirth and growth.

In last month's population health quiz, we asked what how much the nation's rate of obesity rose in 2018. The rate of increase in the past year was five percent, with one in three adults now experiencing obesity. Subpopulation data show that adults aged 25 and older with a college degree have a lower prevalence of obesity than all other education levels. Obesity continues to be a leading cause of cardiovascular disease and cancer — chronic diseases that are contributing to premature death rates.

Keeping with this theme, this month we ask what is the prevalence of obesity in the US among adults 25 and older who are high school graduates with no college experience?

- A. 23.3%
- B. 37.4%
- C. 34.8%
- D. 36.1%

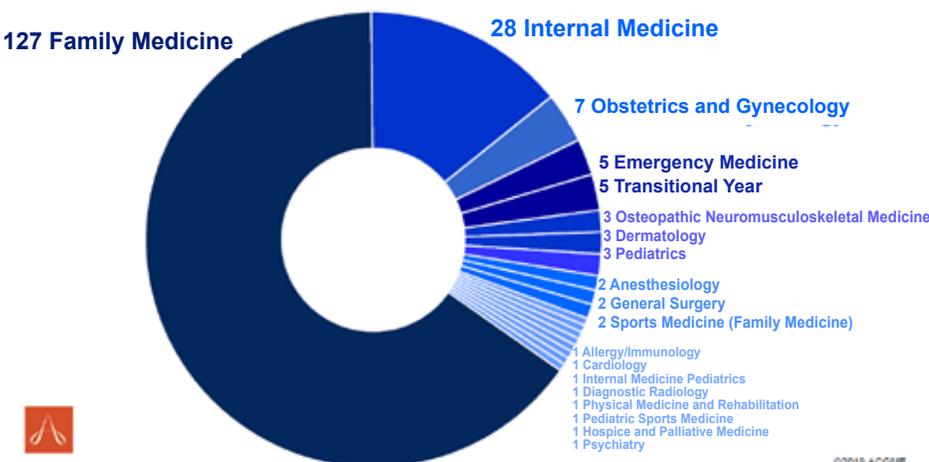
Last month we received no responses, so I invite you to test your population health muscles, but remember: no Googling!!! Send your answer to [don@acoi.org](mailto:don@acoi.org) and win valuable prizes!

## Talking Education

The recently held ACGME Annual Educational Conference offered a wide range of learning opportunities, including many related to osteopathic medicine. In an Osteopathic Recognition (OR) Update presented by Dr. Natasha Bray, OPC Chair, and Ms. Tiffany Moss, OPC Executive Director, participants were informed about the status of program applications for OR, changes in the current requirements and the new application, and resources available to programs interested in seeking OR.

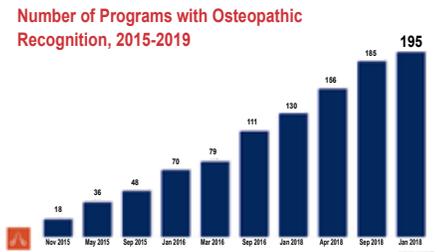
The following graphics show how many programs accredited by ACGME under the Single GME process have received OR and how these break down by specialty. It is noteworthy that, in addition to the 28 internal medicine programs with OR, two additional programs have applications pending.

## Number of Programs with Osteopathic Recognition, by Specialty



ACOI believes that OR is a critical step to assure that graduate training reinforces and supports the reasons our residents and fellows went into medicine to begin with. The resources provided by ACGME and AACOM are excellent. In addition, ACOI is ready, willing, and able to support programs seeking OR at no cost to your program. Visit our OR Toolbox at <https://www.acoi.org/education/graduate-medical-education/osteopathic-recognition-tool-box> and contact me directly at [don@acoi.org](mailto:don@acoi.org) for personal program assistance. Finally, ACOI's Congress on Medical Education for Resident Trainers to be held in Baltimore on May 10-11, 2019 will include a session on Osteopathic Recognition: A Panel Focused on Scholarly Activity, Program Evaluation, and Faculty Resources, as well as private consultations with program directors to answer program-specific questions about OR.

Osteopathic medicine is good medicine. We encourage all programs to seek OR. There is no deadline to submit.



## Diabetes Dialogues

### Achievement of Targets in T2DM Varies by Season

There is seasonal variation in achievement of the guideline targets for hemoglobin A1c (HbA1c), blood pressure (BP), and low-density lipoprotein (LDL) cholesterol among persons with type 2 diabetes mellitus (T2DM), according to a study published online Feb. 22 in Diabetes Care.

Masaya Sakamoto, M.D., Ph.D., from The Jikei University School of Medicine in Tokyo, and colleagues analyzed data from 4,678 patients with T2DM in Japan whose HbA1c, BP, and LDL cholesterol were measured 12

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## Science & Education

*continued from page 6*

times or more during a 24-month period. Monthly achievement rates were assessed for all three targets; achievement of all targets was expressed as the “all ABC achievement.”

The researchers found that the achievement rates for all ABC, HbA1c, BP, and LDL cholesterol were lowest in winter, with systolic BP achievement rates being particularly low. Age  $\geq 65$  years was independently related to decreased achievement rates for systolic BP in winter (odds ratio, 0.47). For HbA1c, body mass index (BMI)  $\geq 25$  kg/m<sup>2</sup> (odds ratios, 0.45 for BMI 25 to 30 kg/m<sup>2</sup> and 0.35 for BMI  $\geq 30$  kg/m<sup>2</sup>) and diabetes duration of  $\geq 10$  years (odds ratio, 0.53) were independently related to lower achievement rates. In both summer and winter, insulin use and sulfonylurea use were independently associated with decreased all ABC achievement rates.

As clinicians, an important take-away is the importance of taking seasonal variations in the all ABC achievement rate into consideration when managing patients in clinical practice.

Sakamoto M, Matsutani D, Minato S, Tsujimoto Y, Kayama Y, Takeda N, Ichikawa S, Horiuchi R, Utsunomiya K, Nishikawa M. Seasonal Variations in the Achievement of Guideline Targets for HbA(1c), Blood Pressure, and Cholesterol Among Patients With Type 2 Diabetes: A Nationwide Population-Based Study (ABC Study JDDM49). *Diabetes Care*. 2019 Feb 10. pii: dc181953

## Nominate a Resident for the Outstanding Resident of the Year Award

Do you know a resident who has shown promise in his or her career and significant achievements in medicine, education and leadership? The 2019 AOF/ACOI Outstanding Internal Medicine Resident of the Year Award honors exemplary osteopathic residents who embody a combination of clinical promise, leadership, dedication and commitment to patient-centered care. A nominee should be an “outside of the box” thinker who has an exceptional commitment to patients and the osteopathic profession.

The award recipient, who is selected by the ACOI and American Osteopathic Foundation (AOF), will receive a \$5,000 monetary gift and be recognized at the 2019 ACOI Annual Convention and Scientific Sessions in Phoenix, AZ, and at Honors 2019, the AOF’s annual fundraising event held in conjunction with OMED. The deadline for nominations is May 10. Recognize an outstanding resident by nominating her or him here: <https://aof.org/grants-scholarships/osteopathic-recognition-awards/aof-outstanding-resident-year-award>.

### 75th Anniversary Fundraising Campaign

## How Your Contributions Have Been Put to Use

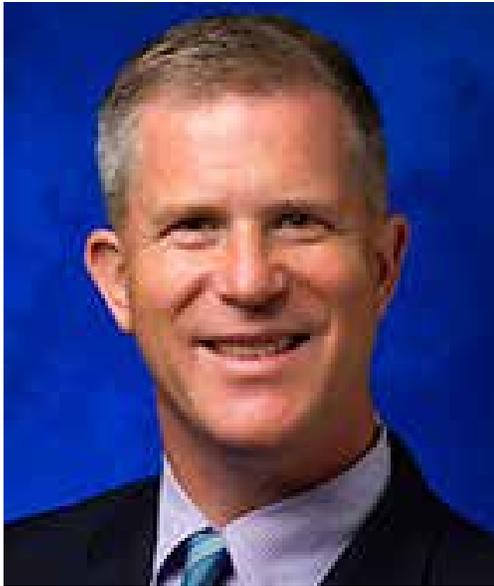


The ACOI has used the funds raised in the successful 75th Anniversary Campaign to create a home for those who believe in the patient-centered, osteopathic approach to healthcare that we call Principle-Centered Medicine. More information about this will be forthcoming soon.

Meanwhile, in the past three years, we have hired staff and accomplished the following:

- Achieved accreditation from the Accreditation Council for Continuing Medical Education (ACCME) as a CME provider. Our CME now can provide AOA and AMA credit and meets the recertification requirements of both the AOBIM and the ABIM.
- Upgraded our technology to allow ACOI to offer CME in a variety of new, mobile-friendly formats that our members need. The new ACOI Online Learning Center now houses more than 100 CME credit opportunities that can be accessed anywhere, anytime.
- Provided hands-on assistance to residency programs as they seek allopathic accreditation while encouraging them to secure Osteopathic Recognition as they make the transition. This assures that the distinctive osteopathic philosophy imbued in students during their medical school years will continue during residency. The overwhelming majority of both internal medicine and subspecialty programs have been approved by the ACGME.
- Became the first osteopathic specialty to be granted an ex officio seat on an ACGME Residency Review Committee.

## What Drew an MD to ACOI Membership?



Meet **Christian Cable, MD**, an oncologist at Baylor Scott & White Health in Temple, Texas. Educated at Texas A & M University Health Science Center College of Medicine, he did his Residency and a Clinical Fellowship in Bone Marrow Transplant at Scott & White Hospital. As a medical educator, Dr. Cable served as the Associate Program Director for Internal Medicine, Fellowship Director, and DIO. Now, he serves as Chair of the ACGME Internal Medicine Residency Review Committee, where he is instrumental in helping guide osteopathic internal medicine residency programs

through the single GME accreditation application process. Dr. Cable gave an inspiring keynote address at the 2018 ACOI Annual Convention and Scientific Sessions, “Osteopathic Medicine from the Inside Out,” which is now available to view at no charge on ACOI’s Online Learning Center.

**Ms. Ciconte:** What led you to join ACOI?

**Dr. Cable:** I always had a great relationship with osteopathic physicians. However, it was the single accreditation change enacted while I was serving on the ACGME Residency Review Committee that gave me the opportunity to learn much more about osteopathic training programs. I found that the allopathic and osteopathic residency programs had much in common. Meeting Brian Donadio and working with ACOI members and educators such as Karen Nichols, Robert Juhasz, Bob Cain, Sam Snyder and Rick Schaller on various committees and speaking engagements was a great experience for me. I found that my own values are closely aligned with the osteopathic philosophy. For that reason, when ACOI opened its membership to MDs, I knew I wanted to be a member.

**Ms. Ciconte:** What do you see as the benefits of being an ACOI member?

**Dr. Cable:** I find great benefit in being a part of a community that believes in the core of osteopathic medicine – mind, body and spirit – focusing on the humanistic aspects of medicine. The MD community has taken a more scientific path to explain allopathic medicine and practice.

I want to continue to learn about osteopathic internal medicine and the use of OMM to treat the whole patient. That’s why I want to be an Active ACOI member.

**Ms. Ciconte:** Given the challenges facing the delivery of healthcare today, including issues for osteopathic internal medicine, what does ACOI need to do to encourage more MDs to join?

**Dr. Cable:** I believe the best path for ACOI to take to attract MDs to their membership is to focus on the non-technical aspects of health, especially the osteopathic philosophies and priorities of the whole patient approach to medical care. In my opinion, osteopathic medicine is an alternative to prescriptive medicine with its focus on mind, body, spirit that I mentioned earlier. Given

the current opioid crisis, I believe there is an opportunity for the ACOI to address this issue through its education programs about the holistic approach to patient care. In general, the ACOI needs to focus on the distinctive approaches associated with osteopathic internal medicine that I believe need to be preserved for the future.

**Ms. Ciconte:** You recently joined the 75th Anniversary Circle by donating your 2018 ACOI Convention honorarium. Why did you choose to make this gift? What do you think ACOI should do and say to encourage members to support the College financially?

**Dr. Cable:** I felt it was a privilege to speak at the 2018 Convention so was happy to donate my honorarium. I want the ACOI to continue and know that additional resources are needed. I don’t want it to lose its identity. It was fascinating reading the 75th Anniversary History Book that Kevin Hubbard, DO, MACOI wrote, learning about A.T. Still and others. I would encourage others to support the College financially so that the traditions of osteopathic internal medicine can be preserved.

**Ms. Ciconte:** Any closing comment or thought?

**Dr. Cable:** Physicians are dealing with many challenges and stresses today. That’s why I am pleased to see that one of the ACOI’s priorities is to focus on physician well-being. And, again, I would say that the College has an opportunity to help address the current opioid crisis with its whole patient approach to care.

As ACOI’s first MD active member, I would say to my fellow allopathic physicians – “You may not be an osteopathic doctor, but you have much to learn from their tradition and future by joining the ACOI.”

## Patient-Focused. Evidence-Based. Physician-Led.

When you join Northwest Permanente, P.C., you will have the chance to practice in an environment that offers ample opportunity to pursue and achieve your personal and professional goals. You will benefit from a comprehensive network of support services and a talented team of colleagues who share your passion for medicine and patient care.

We invite you to consider Primary Care or Urgent Care opportunities with our physician-managed, multi-specialty group of over 1,500 physicians and clinicians who care for over 600,000 members throughout Oregon and Southwest Washington.

### PRIMARY CARE and URGENT CARE PHYSICIANS

Opportunities available in Portland and Salem, OR, and SW WA, including Longview.

As one of the nation's pre-eminent health care systems and a benchmark for comprehensive, integrated and high-quality care, we offer a variety of opportunities to grow and hone your skillset. We offer leadership, research and teaching opportunities, as well as new physician mentorship programs, cross-specialty collaboration, career growth and stability.

### Our physicians enjoy:

- Competitive salary and benefit package
- Student loan assistance program
- Education stipend and leave for continued medical education
- Professional liability coverage
- Generous retirement programs

Join us and be a part of something unique, something special, something that matters.

To apply, please visit: <http://nwp.kpphysiciancareers.com>.

Please contact Sr. Recruiter, Marisa Walter, at [Marisa.E.Walter@kp.org](mailto:Marisa.E.Walter@kp.org) or 503-813-1045, with any questions. EOE

## Find Your Career at CHSU

CHSU College of Osteopathic Medicine is hiring full-time and part-time positions in UME with future potential in GME.

Classes begin Summer 2020. Apply at [CHSU.edu](http://CHSU.edu)



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## Join the New Sustainers Club Today

The ACOI is pleased to welcome and recognize the following members of our new Sustainers Club:

**Lee Peter Bee, DO, FACOI**  
**Janet Cheek, DO, FACOI**  
**Jeffrey Packer, DO, FACOI**  
**Laura Rosch, DO, FACOI**  
**Christine Samsa, DO, FACOI**  
**and**  
**Nathan Samsa, DO, FACOI**  
**Samuel Snyder, DO, FACOI**

BECOME A MEMBER OF  
THE NEW ACOI  
SUSTAINERS CLUB

Help the College Better  
Plan for Its Future!

Sustainer Club Members  
contribute on a  
monthly basis.

Benefits of being a Sustainer  
Club member include:

- Invitations to donor events at ACOI meetings
- Update communications from ACOI leaders twice a year
- Special recognition as Sustainers Club members in ACOI publications and the website

Sign Up Today by clicking <https://www.acoi.org/make-a-gift-to-acoi/your-support-makes-difference-acoi> and check the monthly gift box to make a credit card contribution.

*Remember, your gift is tax-deductible to the full extent allowed by law.*

# Lower Your Taxes and Help ACOI

Some members of the College were pleased to see that their personal income went up last year while others, despite all the press about rising income and lower taxes, have found that they just kept pace with expenses. There are ways to help ACOI that can also help you reduce your tax burden, regardless of your personal situation.

The tax savings possible depend on your tax bracket AND whether you are able to have enough deductions available to exceed the standard deduction of \$24,000 for couples filing jointly and half that amount for single taxpayers.

With the deadline to file just around the corner, now is a good time to think about ways to reduce your tax burden for next year. For example, you could:

1. Bundle gifts to ACOI along with gifts to your faith community and your college or university. It's a good time to think about helping more organizations, or making larger gifts. To encourage giving, the IRS increased the limit you can deduct to 60% of your Adjusted Gross Income.
2. Reduce your taxable income. If you are now receiving a Required Minimum Distribution from your IRA, you can reduce your taxable income by up to \$100,000 by directing a payment from your IRA to ACOI or any other qualified charity. If you have already received your 2019 distribution, it's too late for this year, but it's not too early to plan for next year. Directing a payment from an IRA to ACOI can take several weeks or even months so now is a good time to plan for it.
3. Make a gift of stock or other appreciated assets. Even with the recent stock market fluctuations at the end of last year, many members of the College have securities that have gone up in value. If that's true for you, by making a gift of some of what you have, you can receive a DOUBLE tax value.

You can **deduct the full fair market value** of your stock or other appreciated assets – if owned for more than one year – AND YOU WILL SAVE AGAIN because you will avoid paying all capital gains AND the new net investment tax on what you contribute.

It's a win, win and can be accomplished by you, or by asking your financial advisor to contact ACOI to arrange the transfer. The value of your tax deduction is fixed by the value of the stock on the day your gift is made. For securities that are fluctuating in value, timing can be very important. Let us know what you plan or ask your financial advisor to call us so ACOI gift planners can help you take maximum advantage of your giving. A **gift of mutual fund shares** will benefit you in the same way, but if they are not publicly traded, they can take time to arrange to donate.

**What about stock that has gone down in value?** Rather than giving it to ACOI, you should sell it and then contribute the proceeds. By doing that you will receive a tax deduction for the gift AND be able to report a capital loss which you can also deduct. It's a way to get the best benefit from a stock that did not do as well as you had hoped it would.

To learn more, please email [katie@acoi.org](mailto:katie@acoi.org) and ask to receive your free copy of the helpful planning brochure: Your 2019 Personal Planning Guide. It has ideas and strategies about

- Estate Planning
- Gifts from Your Estate
- Income Tax Planning
- Investments and Retirement
- Social Security
- Charitable Gift Planning

For a free telephone planning session, or to ask specific questions you may have, please email Brian Donadio at [bjd@acoi.org](mailto:bjd@acoi.org) or call 301-231-8877 to let us know how and when to contact you. Brian will ask Mr. Sandy Macnab, the ACOI planned giving consultant, to give you a free confidential call.

## Government Relations

*continued from page 5*

tion of guidelines and historically high prior authorization approval rates. The letter accentuated the fact that unnecessary prior authorization requirements can lead to a delay in a patient's access to needed care, and ultimately have a negative effect on clinical outcomes. The ACOI will continue to advance efforts to reduce regulatory burdens while improving patient care.

### Washington Tidbits Separation of Powers and Congressional Oversight

At the bedrock of the American experience that is our federal government are the concepts of separation of powers and checks and balances on these powers. The powers and checks and balances are provided for in the Constitution. Article I of the Constitution outlines legislative powers, Article II of the Constitution outlines executive powers, and Article III outlines the powers of the judiciary. What happens when the executive branch issues regulations that the legislative branch opposes? It is for this reason that the Congressional Review Act was enacted in 1996.

The Act establishes a "fast track" procedure through which Congress can disapprove of regulations issued by agencies under the direction of the administration. This is done by approving a resolution of disapproval. The key is that Congress must act within 60 days of receiving the final rule to which it is opposed. It is important to note that the resolution, if approved by Congress, must be signed into law by the President. A veto issued by the President can subsequently be overridden by Congress. Is it possible that we will see more of these legislative and administrative maneuvers in an effort to address policy differences in the future? Only time will tell! Do not be surprised if the judiciary becomes involved, as well.

# American College of Osteopathic Internists INTERNAL MEDICINE BOARD REVIEW COURSE Marriott Baltimore Waterfront Hotel • May 8-12, 2019

## Course Description and Learning Objectives

This 5-day course will provide an intensive and comprehensive overview of most of the major areas of importance to physicians preparing for the American Osteopathic Board of Internal Medicine Certifying Examination and Recertifying Examination (September 3-5, 2019). It will also provide a thorough overview of major areas of internal medicine. Special emphasis will be placed on recent advances in various subspecialty areas in internal medicine and clinical skills management as they pertain to clinical practice and the examinations.

Several “Board-type” questions will be included during each lecture to improve registrants' readiness to respond to examination questions. The lectures will be given by distinguished faculty who are recognized for their ability as outstanding teachers and clinicians. A detailed syllabus will be provided to registrants. Immediately following each day's lectures, designated faculty from each subspecialty area will be available for a question and answer period.

## GENERAL INFORMATION

### Recommended Audience

This postgraduate course is appropriate for physicians who provide personal care to adults: general internists; family physicians; residents and fellows-in-training; and subspecialists who want to remain current in the field of internal medicine.

### Course Location

The Baltimore Marriott Waterfront Hotel is located at 700 Aliceanna Street, Baltimore, MD 21202. For hotel information, call 1-877-212-5752. A special room rate of \$199/per night (plus 15.5% tax) has been arranged for this meeting. Reservations must be made by April 16, 2019 in order to receive this special ACOI discounted room rate. Reservations may be made online at <https://book.passkey.com/go/ACOIJointReview2019>.

### Course Directors

Kevin P. Hubbard, DO, MACOI and Scott L. Spradlin, DO, FACOI.

### Syllabus

The syllabus included with registration is provided electronically (you will need a lap top or tablet to follow the agenda on site) and includes the following material: Expanded narrative/lecture content, including all information the instructors deem vital to board preparation; replication of key slides; a bibliography of key references and suggested readings; and board-type questions directly relating to each presentation as an aid in board exam preparation. **Those who prefer a printed binder may order one for an additional \$80.**

### Early Registration

Register early to ensure a place in this course and to qualify for the early registration discount, which expires on April 16, 2019.

### Discounted Fees For Residents

Residents and students receive a \$100 discount off the regular registration fees.

### Refunds

A processing fee of \$100 will be charged for cancellations received at any time. Cancellations must be received in writing no later than April 16, 2019 in order to obtain a refund. Fees for registrations cancelled after that date will be applied toward a future ACOI meeting registration, minus the \$100 processing fee.

### Accreditation and Credit Designation Statements

The American College of Osteopathic Internists (ACOI) is accredited by the American Osteopathic Association to provide continuing medical education to physicians and has designated this live CME activity for a maximum of 40.75 AOA Category 1A credit.

The American College of Osteopathic Internists is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

The American College of Osteopathic Internists designates this live activity for a maximum of 40.75 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

### Disclaimer

Participants should be aware that the certifying and recertifying examinations in internal medicine are prepared by the American Osteopathic Board of Internal Medicine, an organization independent from the American College of Osteopathic Internists. Although the general areas of content have been announced, the questions on the examinations are confidential and have NOT been made available to any organizations, societies or schools preparing “board review courses.” Physicians considering taking such a course should realize that as a result of this confidentiality, the courses cannot be uniform and cannot purport to anticipate the examinations' actual content.

### Official Car Rental

The following discount fares arranged with Hertz are good for May 1-19, 2019. Call 800 654-2240 and refer to **CV#04130013**.

CAR CLASS	DAILY Per Day	WEEKEND Per Day	WEEKLY 5-7 Days
A-ECONOMY	\$39.00	\$19.00	\$169.00
B-COMPACT	\$42.00	\$21.00	\$174.00
C-MID-SIZE	\$45.00	\$23.00	\$184.00
D-STANDARD	\$49.00	\$25.00	\$194.00

CAR CLASS	DAILY Per Day	WEEKEND Per Day	WEEKLY 5-7 Days
F-FULLSIZE 4DR	\$55.00	\$33.00	\$205.00
G-PREMIUM	\$69.00	\$69.00	\$345.00
I-LUXURY	\$89.00	\$89.00	\$399.00
Q4-MIDSIZE SUV	\$62.00	\$62.00	\$299.00
L-STANDARD SUV	\$74.00	\$74.00	\$339.00

CAR CLASS	DAILY Per Day	WEEKEND Per Day	WEEKLY 5-7 Days
R-MINIVAN	\$79.00	\$79.00	\$399.00
U-CONVERTIBLE	\$75.00	\$75.00	\$413.00
T-LARGE SUV	\$115.00	\$115.00	\$549.00
T6-PRM XCAP SUV	\$130.00	\$130.00	\$715.00

# ACOI 2019 BOARD REVIEW COURSE AGENDA

## WEDNESDAY, MAY 8

6:30-7:00 am	<b>Continental Breakfast</b>
<b>Hematology</b>	
7:00-7:30 am	Benign Hematology - <i>Cheryl D. Kovalski, DO, FACOI</i>
7:30-8:00 am	Disorders of Hemostasis - <i>Cheryl D. Kovalski, DO, FACOI</i>
8:00-8:30 am	Basic Oncology, Markers, Genes - <i>Kevin P. Hubbard, DO, MACOI</i>
8:30-9:00 am	Clinical Oncology, Physical Diagnosis, Systemic Manifestations, Chemotherapy - <i>Kevin P. Hubbard, DO, MACOI</i>
9:00 - 9:30 am	Leukemia and Lymphoma - <i>Cheryl D. Kovalski, DO, FACOI</i>
9:30 - 9:45 am	<b>Coffee Break</b>
<b>Oncology</b>	
9:45-10:15 am	Oncology Palliative Care Session – <i>Kevin P. Hubbard, DO, MACOI</i>
10:15-10:45 am	Myelodysplastic Syndrome & Plasma Cell Dyscrasias <i>Cheryl D. Kovalski, DO, FACOI</i>
10:45-11:15 am	Cancer in Men-Prostate, Testes and Kidney - <i>Kevin P. Hubbard, DO, MACOI</i>
11:15-11:45 am	Cancer in Women - Breast, Uterus and Ovary - <i>Kevin P. Hubbard, DO, MACOI</i>
11:45-12:00 pm	Hem/Onc Board Review Questions - <i>Kevin P. Hubbard, DO, MACOI and Cheryl D. Kovalski, DO, FACOI</i>
12:00 pm-1:00 pm	<b>Lunch Break</b>
<b>Endocrinology</b>	
1:00-1:30 pm	Parathyroid Disease; Calcium Metabolism; Osteoporosis <i>Jack L. Snitzer, DO, FACOI</i>
1:30- 2:00 pm	Disease of the Thyroid - <i>John R. Sutton, DO, FACOI</i>
2:00-2:30 pm	Endocrine Pancreas; Diabetes Mellitus; Metabolic Syndrome <i>Jack L. Snitzer, DO, FACOI</i>
2:30-3:00 pm	Endocrine Board Review Questions - <i>Drs. Snitzer and Sutton</i>
3:00-3:15 pm	<b>Coffee Break</b>
3:15-3:45 pm	Disease of the Adrenals and Gonads - <i>John R. Sutton, DO, FACOI</i>
3:45-4:15 pm	Pituitary and Related Disorders - <i>Jack L. Snitzer, DO, FACOI</i>
4:15-4:45 pm	Interactive Identification Optic Fundi and Endocrine Physical Findings <i>John R. Sutton, DO, FACOI</i>
4:45-5:00 pm	Endocrine Board Review Questions - <i>Drs. Sutton and Snitzer</i>

## THURSDAY, MAY 9

6:30 - 7:00 am	<b>Continental Breakfast</b>
<b>Rheumatology</b>	
7:00-7:30 am	Rheumatoid Arthritis - <i>Robert L. DiGiovanni, DO, FACOI</i>
7:30-8:00 am	Vaculitides and Osteoarthritis - <i>Robert L. DiGiovanni, DO, FACOI</i>
8:00-8:30 am	Scleroderma, Lupus and Dermatomyositis - <i>Howard L. Feinberg, DO, FACOI</i>
8:30-9:00 am	Spondyloarthropathies and Reactive Arthritis - <i>Robert L. DiGiovanni, DO, FACOI</i>
9:00-9:15 am	<b>Coffee Break</b>
9:15-9:45 am	Gout and Pseudogout-Crystal Arthropathies - <i>Howard L. Feinberg, DO, FACOI</i>
9:45-10:15 am	Osteomyelitis, Septic Arthritis, Lyme Arthritis, Rheumatic Fever & AID Arthritis <i>Howard L. Feinberg, DO, FACOI</i>
10:15-10:30 am	Joint Fluid Analysis - <i>Drs. Feinberg and DiGiovanni</i>
10:30-10:45 am	Rheumatology Board Questions - <i>Drs. Feinberg and DiGiovanni</i>
<b>Infectious Diseases</b>	
10:45-11:15 am	Clinical Microbiology - <i>Gerald W. Blackburn, DO, MACOI</i>
11:15-11:45 am	Pneumonia & TB - <i>MarkAlain Dery, DO, FACOI</i>
11:45 am-12:45 pm	<b>Lunch Break</b>
12:45-1:15 pm	Endocarditis & Prophylaxis; Infectious GI Diseases <i>Gerald W. Blackburn, DO, MACOI</i>
1:15-1:45 pm	CNS Infections - <i>MarkAlain Dery, DO, FACOI</i>
1:45-2:15 pm	HIV/AIDS - <i>Gerald W. Blackburn, DO, MACOI</i>
2:15-2:45 pm	Hemorrhagic Fevers & Fevers of Unknown Origin - <i>MarkAlain Dery, DO, FACOI</i>
2:45-3:00 pm	Infectious Disease Board Review Questions - <i>Drs. Blackburn and Dery</i>
<b>Allergy/Immunology</b>	
3:00-3:15 pm	<b>Coffee Break</b>
3:15-3:45 pm	Clinical Basis of the Immune Response and the Compliment Cascade - <i>Bryan L. Martin, DO, FACOI</i>
3:45-4:15 pm	Asthma - <i>Jonathan M. Horbal, DO, FACOI</i>
4:15-4:45 pm	Systemic Allergic Disorders, Immunodeficiency and Immunoglobulin Disorders - <i>Bryan L. Martin, DO, FACOI</i>
4:45-5:15 pm	Food, Sinusitis, Rhinitis and Drug Allergy - <i>Jonathan M. Horbal, DO, FACOI</i>
5:15-5:45 pm	Allergic Skin Disorders and HAE - <i>Bryan L. Martin, DO, FACOI</i>
5:45-6:00 pm	Allergy/Immunology Board Review Questions - <i>Drs. Martin and Horbal</i>
6:00-7:15 pm	<b>Welcome Reception</b>

## FRIDAY, MAY 10

6:30-7:00 am	<b>Continental Breakfast</b>
<b>Pulmonary Diseases</b>	
7:00-7:30 am	Respiratory Failure, Ventilator Therapy and PFT - <i>Thomas F. Morley, DO, MACOI</i>
7:30-8:00 am	Chronic Obstructive Lung Disease - <i>Amita Vasoya, DO, FACOI</i>
8:00-8:30 am	Restrictive Lung Disease - <i>Thomas F. Morley, DO, MACOI</i>
8:30-9:00 am	Lung Cancer and Paraneoplastic Syndromes - <i>Amita Vasoya, DO, FACOI</i>
9:00-9:15 am	<b>Coffee Break</b>
9:15-9:45 am	Pulmonary Thromboembolism - <i>Thomas F. Morley, DO, MACOI</i>
9:45-10:15 am	Unknown PFTs, Chest X-rays - <i>Drs. Vasoya and Morley</i>
10:15-10:45 am	Sleep Medicine Case Studies – <i>Timothy J. Barriero, DO, FACOI</i>
10:45-11:15 am	Critical Care Case Studies – <i>Timothy J. Barriero, DO, FACOI</i>
11:15-11:45 am	Pulmonary/Sleep/CCM Board Review Questions - <i>Drs. Barriero, Morley and Vasoya</i>
11:45 am-1:00 pm	<b>Lunch Break</b>
<b>Nephrology</b>	
1:00-1:30 pm	Acute Kidney Injury and Chronic Kidney Disease - <i>Mark D. Baldwin, DO, FACOI</i>
1:30-2:00 pm	Tubulointerstitial Disease - <i>Mark D. Baldwin, DO, FACOI</i>
2:00-2:30 pm	Glomerulonephritis-Diagnosis and Management - <i>John E. Prior, DO, FACOI</i>
2:30-2:45 pm	Nephrology Board Review Questions - <i>Drs. Baldwin and Prior</i>
2:45-3:00 pm	<b>Coffee Break</b>
3:00-3:30 pm	Case Studies of Electrolyte Disorders - <i>Mark D. Baldwin, DO, FACOI</i>
3:30-4:00 pm	Case Studies of Acid/Base Disorders - <i>John E. Prior, DO, FACOI</i>
4:00-4:30 pm	Hypertension - <i>John E. Prior, DO, FACOI</i>
4:30-4:45 pm	Nephrology Board Review Questions - <i>Dr. Prior and Baldwin</i>

## SATURDAY, MAY 11

6:30-7:00 am	<b>Continental Breakfast</b>
<b>Cardiology</b>	
7:00-7:30 am	Cardiac Risk Factors and Noninvasive Cardiac Diagnosis-EKG, Echo, et al <i>Martin C. Burke, DO, FACOI</i>
7:30-8:15 am	Valvular and Congenital Heart Disease – <i>Robert Bender, DO, FACOI</i>
8:15-8:30 am	Cardiomyopathies – <i>Martin C. Burke, DO, FACOI</i>
8:30-9:00 am	Diagnosis of Peripheral Arterial Diseases – <i>Robert Bender, DO, FACOI</i>
9:00-9:15 am	Cardiology Board Review Questions - <i>Drs. Burke and Bender</i>
9:15-9:30 am	<b>Coffee Break</b>
9:30-10:00 am	Management of Chronic Coronary Syndromes – <i>Robert J. Chilton, DO, FACOI</i>
10:00-10:30 am	Congestive Heart Failure – <i>Martin C. Burke, DO, FACOI</i>
10:30-11:00 am	Acute Coronary Syndromes – <i>Robert Bender, DO, FACOI</i>
11:00-11:30 am	Management of Cardiac Arrhythmias and Conduction Disorders <i>Robert J. Chilton, DO, FACOI</i>
11:30-11:45 am	Cardiology Board Questions – <i>Drs. Burke, Chilton and Bender</i>
11:45 am-1:00 pm	<b>Lunch Lecture</b> (Medicine for the Boards – <i>Scott L. Spradlin, DO, FACOI</i> )
<b>Gastroenterology</b>	
1:00-1:30 pm	Disease of the Esophagus - <i>Lindsay Mohrhardt, DO</i>
1:30-2:00 pm	Disease of the Stomach - <i>Jack D. Bragg, DO, MACOI</i>
2:00-2:30 pm	Disease of the Small Intestine - <i>Lindsay Mohrhardt, DO</i>
2:30-3:00 pm	Disease of the Colon - <i>Jack D. Bragg, DO, MACOI</i>
3:00-3:15 pm	GI Board Review Questions - <i>Drs. Bragg and Speaker Mohrhardt</i>
3:15-3:30 pm	<b>Coffee Break</b>
3:30-4:00 pm	Disease of the Pancreas - <i>Jack D. Bragg, DO, MACOI</i>
4:00-4:30 pm	Liver Diseases - <i>Lindsay Mohrhardt, DO</i>
4:30-5:00 pm	GI Surgery Review: Indications and Complications – What to Look For <i>Lindsay Mohrhardt, DO</i>
5:00-5:30 pm	Cancer of the GI Tract, Liver and Pancreas - <i>Jack D. Bragg, DO, MACOI</i>
5:30-5:45 pm	GI Board Review Questions - <i>Drs. Bragg and Mohrhardt</i>

## SUNDAY, MAY 12

<b>General Medicine</b>	
7:00-7:30 am	Acute and Chronic Neuropathies: Diagnosis and Management <i>Scott L. Spradlin, DO, FACOI</i>
7:30-8:00 am	The Role of Genetic Testing and Counseling for the General Internist <i>Robert Hasty, DO, FACOI</i>
8:00-8:30 am	Headache, Motor Disorders and Amyotrophies - <i>Scott L. Spradlin, DO, FACOI</i>
8:30-9:00 am	Nutritional Disorders and Their Management - <i>Robert Hasty, DO, FACOI</i>
9:00-9:15 am	General Medicine Board Review Questions - <i>Drs. Spradlin and Hasty</i>
9:15-9:30 am	<b>Coffee Break</b>
9:30-10:00 am	Cutaneous Manifestations of Systemic Disease - Part 1 - <i>Lloyd Cleaver, DO</i>
10:00-10:30 am	Cutaneous Manifestations of Systemic Disease-Part 2 - <i>Lloyd Cleaver, DO</i>
10:30-11:00 am	Diagnosis of Stroke & Multiple Sclerosis - <i>Scott L. Spradlin, DO, FACOI</i>
11:00-11:30 am	Drug Caused Side-Effects and Disorders - <i>Lloyd Cleaver, DO</i>
11:30-11:45 am	General Medicine Board Review Questions - <i>Drs. Cleaver and Spradlin</i>
11:45 am-12:00 pm	<b>Questions and Wrap Up</b>

# 2019 ACOI INTERNAL MEDICINE REVIEW COURSE REGISTRATION FORM

Baltimore Marriott Waterfront Hotel • May 8 - 12, 2019

Registration available online at [www.acoi.org/education/cme/board-review-course.html](http://www.acoi.org/education/cme/board-review-course.html)

<b>Full Name</b>			
<b>AOA Number</b>			
<b>Mailing Address</b>			
<b>City</b>		<b>State</b>	<b>Zip</b>
<b>Work Phone</b>	( )	<b>Fax Number</b>	( )
<b>Home Phone</b>	( )	<b>Cell</b>	( )
<b>Email Address</b>			
<b>Preferred Name on Badge</b>			
<b>Emergency Contact</b>		<b>Telephone</b>	( )
<b>Fees</b>	<input type="checkbox"/> ACOI Member (Registering ON/BEFORE 4/16/19...\$850)	<input type="checkbox"/> ACOI Member (Registering AFTER 4/16/19...\$900)	
	<input type="checkbox"/> Non-Member (Registering ON/BEFORE 4/16/19...\$1025)	<input type="checkbox"/> Non-Member (Registering AFTER 4/16/19...\$1075)	
	<input type="checkbox"/> Resident/Fellow (Registering ON/BEFORE 4/16/19...\$750)	<input type="checkbox"/> Resident/Fellow (Registering AFTER 4/16/19...\$800)	
	<input type="checkbox"/> Printed Syllabus \$80 (Electronic copy provided with registration)	<input type="checkbox"/> *ACOI Generational Advancement Fund \$ _____	<input type="checkbox"/> <b>TOTAL \$</b> _____
<b>Payment Method</b>	<input type="checkbox"/> Check to ACOI	<input type="checkbox"/> MasterCard	<input type="checkbox"/> Visa
<b>Name on Card</b>			
<input type="checkbox"/> Check here if billing address is same as mailing address listed above. If not, please provide below			
<b>Billing Street</b>			
<b>Billing City</b>		<b>State</b>	<b>Zip</b>
<b>Credit Card Number</b>		<b>Security Code</b>	
<b>Credit Card Exp. Date</b>			
<b>Signature</b>			

Send this form & payment to: ACOI, 11400 Rockville Pike, #801, Rockville, MD 20852 or Fax to 301 231-6099, or register at [www.acoi.org](http://www.acoi.org).

NOTE: All registrations must be accompanied by a check for payment in full or appropriate credit card information. A processing fee of \$100 will be charged for cancellations received at any time. In order to obtain a refund, written cancellations must be received by April 16, 2019. No refunds will be made after that date, but registration fees (less \$100 cancellation fee) may be applied to a future ACOI meeting registration.

\*The **ACOI Generational Advancement Fund** was created to foster the growth and assure the future of osteopathic internal medicine. The Fund directs its efforts toward assisting students, residents and fellows as they begin their careers as osteopathic internists. For more information, visit [https://www.acoi.org/mms/donation\\_form.cgi](https://www.acoi.org/mms/donation_form.cgi)

**PLEASE NOTE: Check here if you plan to stay at the Baltimore Marriott Waterfront Hotel.**  
Separate hotel registration is required. This does not register or guarantee a room at the hotel.

**SPECIAL NEEDS:** In accordance with the Americans with Disabilities Act, every effort has been made to make this conference and activities accessible to people of all capabilities. Please list specific special assistance needed or any dietary restrictions, or contact Susan Stacy at [susan@acoi.org](mailto:susan@acoi.org) or by phone, 301 231-8877.

List special requirements here: \_\_\_\_\_

# ACOI 2019 CLINICAL CHALLENGES IN HOSPITAL MEDICINE

## Preliminary Agenda

### Thursday, May 9

7:30- 8:00 am	<b>Continental Breakfast</b>
8:00- 8:05 am	Welcome - <i>Rick A. Greco, DO, FACOI</i>
8:05- 8:50 am	Potpourri of Guidelines We Are Not Following - <i>Michael A. Adornetto, DO, , MBA, FACOI</i>
8:50 - 9:35 am	Diabetic Post-Operative Care - <i>Jack L. Snitzer, DO, FACOI</i>
9:35 - 9:50 am	<b>BREAK</b>
9:50 - 10:50 am	Hypoglycemia that Usually Isn't - <i>Jack L. Snitzer, DO, FACOI</i>
10:50 - 11:50 am	Dementia and Delirium - <i>Roberta S. Rose, DO</i>
11:50 am - 12:00 noon	<b>Q&amp;A</b>
12:00 noon - 1:00 pm	<b>LUNCH</b> (on your own)
1:00 - 2:00 pm	Treating the Parkinson Patient in the Hospital - <i>Roberta S. Rose, DO</i>
2:00 - 2:45 pm	MIPS, ACOs, Etc.- <i>John B. Bulger, DO, MBA, FACOI</i>
2:45 - 3:00 pm	<b>BREAK</b>
3:00 - 4:15 pm	Quality Improvement - <i>John B. Bulger, DO, MBA, FACOI</i>
4:15 - 5:15 pm	Prognostication - <i>Annette T. Carron, DO, FACOI</i>
5:15 - 5:30 pm	<b>Q&amp;A</b>
6:00 - 7:15 pm	<b>Welcome Reception</b>

### Friday, May 10

7:30 - 8:00 am	<b>Continental Breakfast</b>
8:00 - 8:45 am	Sepsis Guidelines: What's New? - <i>MarkAlain Dery, DO, FACOI</i>
8:45 - 9:45 am	TB: Acute and Latent - <i>Kenneth Woods, DO</i>
9:45 - 10:00 am	<b>BREAK</b>
10:00 - 11:00 am	Blood Utilization - <i>Amanda Haynes, DO</i>
11:00 - 11:55 am	Misunderstood Lab Values - <i>Amanda Haynes, DO</i>
11:55 am - 12:00 noon	<b>Q&amp;A</b>
12:00 noon - 1:00 pm	<b>LUNCH</b> (on your own)
1:00 - 2:00 pm	In the Mind of the Triage Hospitalist - <i>Christian S. Greco, DO</i>
2:00 - 3:00 pm	Medical Marijuana: What You Need to Know - <i>C. Clark Milton, DO, FACOI</i>
3:00 - 3:15 pm	<b>BREAK</b>
3:15 - 5:15 pm	Curbside Consultations - <i>Gerald W. Blackburn, DO, MACOI; Timothy J. Barreiro, DO, FACOI</i> <i>Annette T. Carron, DO, FACOI; MarkAlain Dery, DO, FACOI; Rick A. Greco, DO, FACOI</i>
5:15 - 5:30 pm	<b>Q&amp;A</b>

### Saturday, May 11

7:30 - 8:00 am	<b>Continental Breakfast</b>
8:00 - 9:00 am	Introduction to Medication Assisted Treatment (MAT): Removing the Stigma - <i>James H. Berry, DO</i>
9:00 - 10:00 am	Addiction in the Hospital: Managing the Polysubstance Dependent Patient - <i>Patrick Marshalek, MD</i>
10:00 - 10:15 am	<b>BREAK</b>
10:15 - 11:15 am	Heart Failure Guideline Updates - <i>Chad A. Link, DO</i>
11:15 am - 12:15 pm	Why Are My Patients Bleeding? Indications of Cardiac Anticoagulation - <i>Robert J. Fanning, DO</i>
12:15 pm - 1:15 pm	<b>LUNCH</b>
1:15 - 2:00 pm	Adult Congenital Heart Failure for the Internist - <i>Saurabh Ragpal, MD</i>
2:00 - 3:00 pm	Diastolic Heart Failure or HFpEF - <i>Robert J. Fanning, DO</i>
3:00 - 3:15 pm	<b>BREAK</b>
3:15 - 4:00 pm	Pulmonary Hypertension Update - <i>Timothy J. Barreiro, DO, FACOI (invited)</i>
4:00 - 5:00 pm	Sleep Apnea – What's New? - <i>Timothy J. Barreiro, DO, FACOI (invited)</i>
5:00 - 5:15 pm	<b>Q&amp;A</b>

### Sunday, May 12

7:30 - 8:00 am	<b>Continental Breakfast</b>
8:00 - 9:00 am	Tele-Medicine: Coding & Billing - <i>Jill M. Young, CPC, CEDC, CIMC</i>
9:00 - 10:00 am	OMM - Thoracic Somatic Dysfunction - <i>Antonios J. Tsompanidis, DO</i>
10:00 - 10:15 am	<b>BREAK</b>
10:15 - 11:00 am	Current Changes with the E&M in Medicare - <i>Jill M. Young, CPC, CEDC, CIMC</i>
11:00 - 11:45 am	OMM Procedures at Bedside in the Hospital - <i>Antonios J. Tsompanidis, DO</i>
11:45 am - 12:00 Noon	<b>Q&amp;A</b>
12:00 Noon	Closing of Agenda - <i>Rick A. Greco, DO, FACOI</i>

\*Agenda Subject to Change

# CME CALENDAR

## ***Future ACOI Education Meeting Dates & Locations***

### **NATIONAL MEETINGS**

- 2019 Internal Medicine Board Review Course - May 8-12
- 2019 Clinical Challenges for Hospitalists - May 9-12
- 2019 Exploring New Science in Cardiovascular Medicine - May 9-12
- 2019 Congress on Medical Education for Residency Trainers - May 10-11  
Baltimore Marriott Waterfront Hotel, Baltimore, MD
- 2019 Annual Convention & Scientific Sessions  
Oct 30- Nov 3 JW Marriott Desert Ridge Resort & Spa, Phoenix, AZ
- 2020 Internal Medicine Board Review Course - April 29-May 3
- 2020 Clinical Challenges for Hospitalists - April 30-May 3
- 2020 Exploring New Science in Cardiovascular Medicine - May 1-3
- 2020 Congress on Medical Education for Residency Trainers - May 1-2  
Renaissance Orlando at Sea World Resort, Orlando, FL
- 2020 Annual Convention & Scientific Sessions  
Oct 21-25 Marco Island Marriott Beach Resort, Marco Island, FL
- 2021 Annual Convention & Scientific Sessions  
Sept 29-Oct 3 Marriott Marquis Hotel, San Francisco, CA

*Please note: It is an ACOI membership requirement that Active Members attend the Annual Convention or an ACOI-sponsored continuing education program at least once every three years.*

*Information on any meeting listed here may be obtained from ACOI Headquarters at 800 327-5183 or from our website at [www.acoi.org](http://www.acoi.org).*

## **Tentative 2019 Certifying Examination Dates & Deadlines**

### **Internal Medicine Certifying Examination**

Computerized Examination 300 Sites Nationwide

September 3-5, 2019 - *Application Deadline: June 1 - Late Deadline: July 1*

### **Internal Medicine Recertifying Examination**

Computerized Examination 300 Sites Nationwide

September 3-5, 2019 - *Application Deadline: June 1 - Late Deadline: July 1*

### **Internal Medicine Recertifying with a Focus in Hospital-Based Medicine Examination**

Computerized Examination 300 Sites Nationwide

September 3-5, 2019 - *Application Deadline: June 1 - Late Deadline: July 1*

### **Subspecialty Certifying Examinations**

Computerized Examination 300 Sites Nationwide

August 22-24, 2019 - *Application Deadline: June 1 - Late Deadline: July 1*

- Cardiology • Critical Care Medicine • Endocrinology • Gastroenterology
- Hematology • Hospice and Palliative Medicine • Interventional Cardiology
- Infectious Disease • Nephrology • Oncology • Pulmonary Diseases • Rheumatology

### **Subspecialty Recertifying Examinations**

Computerized Examination 300 Sites Nationwide

August 22-24, 2019 - *Application Deadline: June 1 - Late Deadline: July 1*

- Cardiology • Clinical Cardiac Electrophysiology • Critical Care Medicine • Endocrinology
- Gastroenterology • Geriatric Medicine • Hematology • Hospice and Palliative Medicine
- Infectious Disease • Interventional Cardiology • Nephrology • Oncology
- Pulmonary Diseases • Rheumatology • Sleep Medicine

*Further information and application materials are available by contacting Daniel Hart, AOBIM Director of Certification at [admin@aobim.org](mailto:admin@aobim.org); 312 202-8274.*

*Contact the AOBIM at [admin@aobim.org](mailto:admin@aobim.org) for deadlines and dates for the Allergy, Sports Medicine, Pain Medicine, Undersea/Hyperbaric Medicine and Correctional Medicine examinations.*

## **Hospital Medicine Program**

*continued from page 1*

Learning Objectives--At the completion of this program, participants will be able to:

- Articulate the latest evidence-based approaches to the prevention and management of sepsis.
- Delineate the classifications of Diastolic Heart Failure and different treatment options.
- Describe the most recent developments in medically-assisted opioid management.
- Develop strategies to prevent the misinterpretation of lab values.
- Identify the optimal approaches for managing adult patients with congenital heart failure.

Outcomes - This activity will provide internists and subspecialists updates in the areas of healthcare administration, cardiology, pulmonary disease, critical care medicine, infectious diseases, gastroenterology, hematology/ oncology, internal medicine, and more, empowering them to provide improved care to their patients. Outcomes will be assessed via immediate and time-delayed post-tests assessing intent to change practice behavior, and self-report of changes.

The 2019 Hospital Medicine Program will take place at the Baltimore Marriott Waterfront Hotel. Complete registration and hotel information is available at [www.acoi.org](http://www.acoi.org). This activity is certified for both AOA Category 1A CME Credit and for *AMA PRA Category 1 Credit*<sup>TM</sup>.