Aortic Stenosis Background and Breakthroughs in Treatment: TAVR Update

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Disclosures for Howard J Broder MD

- As of 2017 I speak and proctor for
 - Abiomed
 - Medtronic





Aortic Stenosis- Overview

- Aortic Stenosis is a common finding in the elderly, and is associated with significant morbidity and mortality.
- The presenting symptoms are often referred to as the triad of symptoms-
 - Angina/ Dyspnea/ Syncope
- These are often the presenting symptoms of an inpatient hospitalization. Additionally, the finding of Aortic Stenosis may be a secondary or contributing factor to another reason for hospitalization.
- Once identified, expeditious evaluation and treatment is recommended.

Aortic Stenosis- Prevalence

A Mild, moderate and severe AS in patients >75y old Random-effects model



- Prevalence of 12.4% in the >75 y/o population corresponds to 2.7 million people in North America.
- 540,000 are severe/ symptomatic.
- 40% do not get SAVR.
- With expected increases in life expectancy, this will increase to 800,000 by 2025 and 1.4M by 2050.

From: Aortic Stenosis in the Elderly: Disease Prevalence and Number of Candidates for Transcatheter Aortic Valve Replacement: A Meta-Analysis and Modeling Study HealthCare Partners.

Aortic Stenosis- nonreferral for AVR

100% 80%-60% 40% 59 67 57 40 52 20% 0 Bouma² Charlson⁵ lung³ Pellikka⁴ Bach⁶ 1999 2005 2005 2007 2006 No Surgery Surgery

Surgery vs No Surgery in AS Patients

Guidelines are not consistently followed. In actual practice, more than one third of patients eligible for AVR are not referred for evaluation. As the chart illustrates, five different surveys identified 33% to 60% of patients not referred for surgery. Additionally, the Euro Heart Survey of 5000 patients from 92 centers in 25 European countries determined that 32.3% of patients over the age of 75 were denied surgery.¹

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Aortic Stenosis- reasons for nonreferral



Reasons for AVR Non-Referral⁷

Treatment decisions for older patients with severe AS are challenging due to comorbidity; they have a higher operative risk and have reduced life expectancy. In addition, their risk is increased by comorbidities such as heart disease and other conditions that are often present in this age group.⁸



Natural History of Symptomatic AS



Valvular aortic stenosis is progressive and life-threatening. Once symptoms appear, untreated patients have a poor prognosis; they will experience worsening symptoms, eventually leading to death. After the onset of symptoms, average survival is 50% at two years and 20% at five years.²

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Treatment of AS is effective

Treatment is Urgent and Aortic Valve Replacement is Effective



TAVR Genesis

- The first TAVR in man was performed in Rouen France in 2002 by Alain Cribier (Trained at Cedars Sinai)
- The first cases were actually done with a transseptal approach before the devices were modified for a retrograde aortic approach
- Cribier was instrumental in devoloping the Balloon Expandable Valves
- Self-Exanding Valves were developed contemporaneously
- To date worldwide there have been >200,000 TAVR implants



TAVR Genesis- Balloon Expandable vs Self Expanding:





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TAVR- Building a Body of Evidence: Partner Trial

- The Partner Trial was the first RCT designed to establish the safety and efficacy of TAVR in comparison to Standard (Med Rx) and SAVR.
- Initiated in 2007
- Divided into two parts (Inoperable A, and High Surgical Risk B)



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Partner A results: Inoperable Patients TAVR vs Med Rx





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NYHA Class and Valve Performance





Partner B: High Risk Patients



Transfemoral Access Only

All Patients (TF and TA)

Partner B: High Risk Patients



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TAVR- Building a Body of Evidence-CoreValve Pivotal

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- CoreValve was primarily a European Valve with CE Mark.
- The US Pivotal Trial started later than Partner.
- Randomization to Med Rx in Extreme Risk was no longer thought to be ethical.



4 Valve Sizes (23, 26, 29, 31 mm) (18-29 mm Annular Range)

18F Delivery System

CoreValve Pivotal Trial (TAVR vs SAVR)





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CoreValve US Clinical Trial							ical Trials		
Other Clinical Endpoints							ACC 2015		
Events*	1 Month			1 Year			2 Years		
	TAVR	SAVR	Р	TAVR	SAVR	Р	TAVR	SAVR	Р
Vascular									
complications									
(major)	6.2	1.7	0.002	6.4	2.0	0.003	7.1	2.0	0.001
Descenden in dest									
Pacemaker Implant	20.0	7.1	<0.001	22.5	11.6	<0.001	25.8	12.8	<0.001
Bleeding									
(life threatening or									
disabling)	13.6	35.1	<0.001	16.5	38.4	<0.001	18.1	39.6	<0.001
New onset or worsening atrial									
fibrillation	11.7	31.0	<0.001	16.4	33.2	<0.001	19.5	34.9	<0.001
Acute kidney injury	6.2	15.1	<0.001	6.2	15.1	<0.001	6.2	15.1	<0.001





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And now the bad news for SAVR...



TAVR-State of the Art (S3)

- TAVR devices have become smaller and more precise, allowing for better, more reliable and reproducible deployments, and reduced vascular complications.
- Notable on the Sapien 3 is the smaller sheath size (Expandable E-Sheath).
- Distal flexing of the catheter can allow for a more coaxial deployment.
- Fine tuning adjustments can now be made via a dial on the delivery catheter allowing for millimeter corrections.
- Additionally a "skirt" is used to reduce paravalvular leak.



TAVR- State of the Art (S3)

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PARTNER II





TAVR State of the Art: S3



TAVR State of the Art: S3

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PARTNERI

Mortality: S3HR & S3i At 30 Days (As Treated Patients)



Other Clinical At 30 Days (As Tre	5)	PARTNER II				
Events (%)	<mark>S3HR</mark> Overall (n=583)	S3HR TF (n=491)	<mark>S3HR</mark> TA/TAo (n=92)	<mark>S3i</mark> Overall (n=1076)	<mark>S3i</mark> TF (n=951)	<mark>S3i</mark> TA/TAo (n=125)
Major Vascular Comps.	5.0	5.3	3.3	5.6	5.9	3.2
Bleeding - Life Threatening	6.3	5.5	10.9	5.4	4.4	12.9
Annular Rupture	0.3	0.2	1.1	0.2	0.2	0
Myocardial Infarctions	0.5	0.4	1.1	0.3	0.3	0
Coronary Obstruction	0.2	0	1.1	0.4	0.4	0
Acute Kidney Injury	1.0	0.8	2.2	0.5	0.3	1.6
New Permanent Pacemaker	13.0	13.2	12.0	10.1	10.4	7.2
Aortic Valve Re-intervention	1.0	0.8	2.2	0.7	0.8	0
Endocarditis	0.2	0.2	0	0.1	0.1	0

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TAVR- State of the Art (Evolute)

- Lower profile (14 fr)
- Recapturable/ Repositionable (at up to 80% deployment)
- Reduced PPM
- Reduced
 Paravalvular Leak



Evolute CE Mark Study

EVOLUT CE Mark: Purpose

The CoreValve Evolut R CE Clinical Study was designed to assess the safety and clinical performance of the CoreValve Evolut R System (26 mm, 29 mm) in symptomatic extreme- or high-risk patients with aortic stenosis (Heart Team assessment) enrolled at 6 centres in Australia, the United Kingdom, and New Zealand.

Evolut CE Mark: Baseline Demographics

Characteristic, % or mean ± SD	N=60
Age (years)	82.8 ± 6.1
Women	66.7
Body surface area (m ²)	1.7 ± 0.2
STS Predicted Risk of Mortality (%)	7.0 ± 3.7
Logistic EuroSCORE I (%)	20.5 ± 12.5
New York Heart Association class III or IV	68.3
Previous CABG	28.3
Any chronic lung disease	43.3
Diabetes	26.7
Peripheral vascular disease	16.7
Atrial fibrillation / atrial flutter	36.7
Frailty	68.3
Pre-existing permanent pacemaker	11.7
Meredith I EuroPCR 2015	2

TAVR- State of the Art (Evolute)

PCR 2015

Evolut CE Mark: Safety

Event, K-M rates (no. of patients)	30 Days N=60	6 Months N=60
All-cause mortality	0.0 (0)	5.0 (3)
Cardiovascular	0.0 (0)	3.3 (2)
All stroke	0.0 (0)	1.7 (1)
Disabling	0.0 (0)	1.7 (1)
Non-disabling	0.0 (0)	0.0 (0)
Major vascular complications	8.3 (5)	8.3 (5)
Life-threatening or disabling bleeding	5.0 (3)	8.4 (5)
Embolization or migration	0.0 (0)	0.0 (0)
Endocarditis	0.0 (0)	0.0 (0)
Coronary obstruction	0.0 (0)	0.0 (0)
Valve thrombosis	0.0 (0)	0.0 (0)
Pacemaker*	11.7 (7)	13.4 (8)

*Patients with a prior pacemaker included in the denominator.

PCR 2015

100% 8.3% 11.3% 11.9% 90% 80% 20.8% 70% 37.3% Percent of Patients 60.0% 60% 50% 40% 67.9% 30% 50.8% 20% 31.7% 10% 0% Baseline 30 Days 6 Months N=60 N=59 N=53 NYHA I NYHA II NYHA III NYHA IV

Compared with Baseline, 74.9% Improved at 30 Days and 84.9% at 6 Months

Evolut CE Mark: NYHA Class

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TAVR- State of the Art (Evolute)



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- 74 y/o with Progressive SOB/ Edema.
- Hx CAD/ CABG/ PPM
- Cirrosis/ COPD with active EtOH and Tob









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- 76 y/o woman with progressive dyspnea and Edema.
- Hx of Pulmonary HTN.
- Colon Ca dx within the past year.
- On Intermittent Chemotherapy.





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- 84 y/o gentleman with a 12 yr old bioprosthetic valve intially placed for Severe Aortic Stenosis.
- 23 mm Edwards Perimount Valve
- Class 3-4 NYHA class
- EF 35% (dropping)
- Frail (poor candidate for redo sternotomy)
- Large ascending thoracic aorta





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- 79 y/o with severe back pain/ radiculopathy with spinal stenosis.
- Needed urgent back surgery. Found to have Severe AS by echo.

- Mild CAD by Cath
- BAV was done with gradient dropping from 40 mmHg to 20 mmHG and AVA increased from 0.7 to 1.0.
- Pt had uneventful surgery and was brought back for TAVR







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Thank You

Evolution of structural interventions

Surgery is the only treatment

Surgery is the gold standard treatment

Surgery is the preferred treatment for low and intermediate risk patients

Transcatheter interventions are performed in intermediate risk patients

Surgery is performed in patients with contraindication to transcatheter approach

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