



Academic Medical Center

University of Amsterdam



# Late Breaking Clinical Trial Vignettes

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**&**

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## ORIGINAL ARTICLE

# Blood-Pressure and Cholesterol Lowering in Persons without Cardiovascular Disease

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# HOPE-3- Background

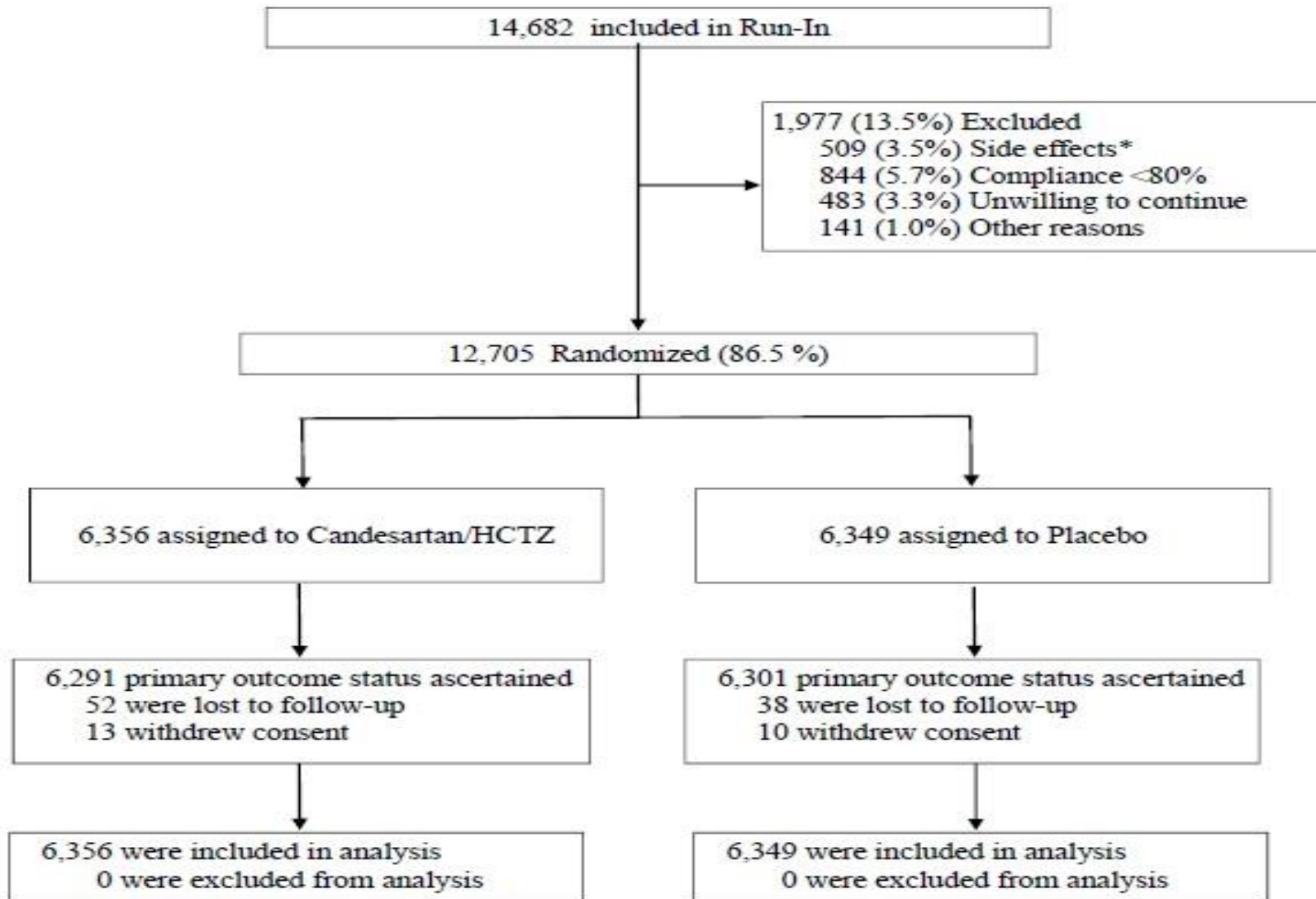


- Investigators evaluated the effects of a **MODERATE DOSE OF A POTENT STATIN VS PLACEBO**, and
- **A FIXED COMBINATION OF MODERATE DOSES OF AN ARB DIURETIC VS PLACEBO**, and **THE COMBINATION OF BOTH TREATMENTS VS DUAL PLACEBO** on the prevention of major cardiovascular events.
- Both systolic blood pressure and low density lipoprotein (LDL) cholesterol show graded associations with cardiovascular disease.
- This profile accounts for two thirds of the population-attributable risk of cardiovascular disease.

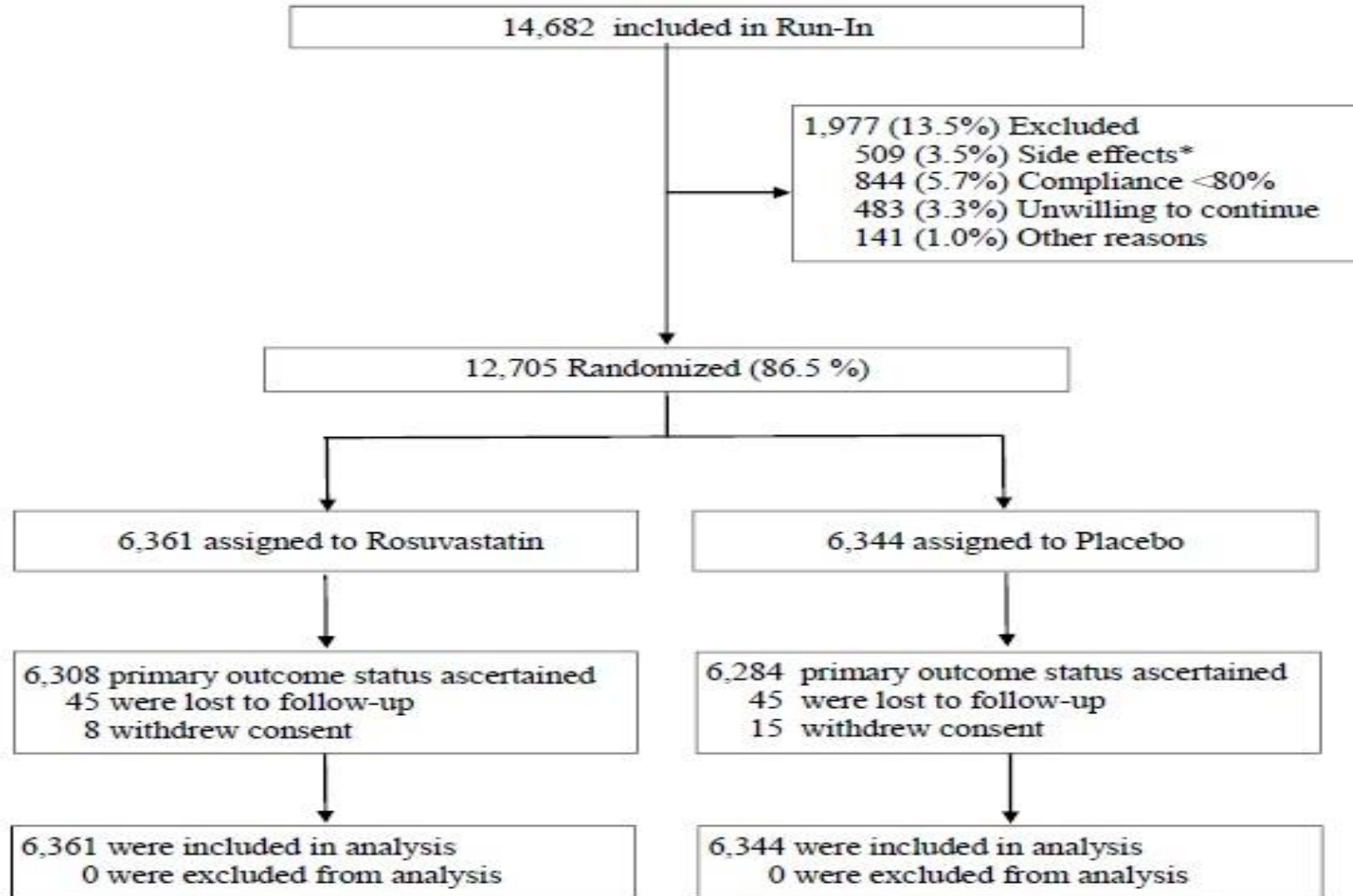
## TRIAL DESIGN AND OVERSIGHT

- The **HEART OUTCOMES PREVENTION EVALUATION (HOPE)–3** trial is a multicenter, long-term, international, double-blind, randomized, placebo-controlled trial with a 2-by-2 factorial design among persons who did not have cardiovascular disease and who were **at intermediate risk (defined as an annual risk of major cardiovascular events of approximately 1%)**.
- Conducted at 228 centers in 21 countries.

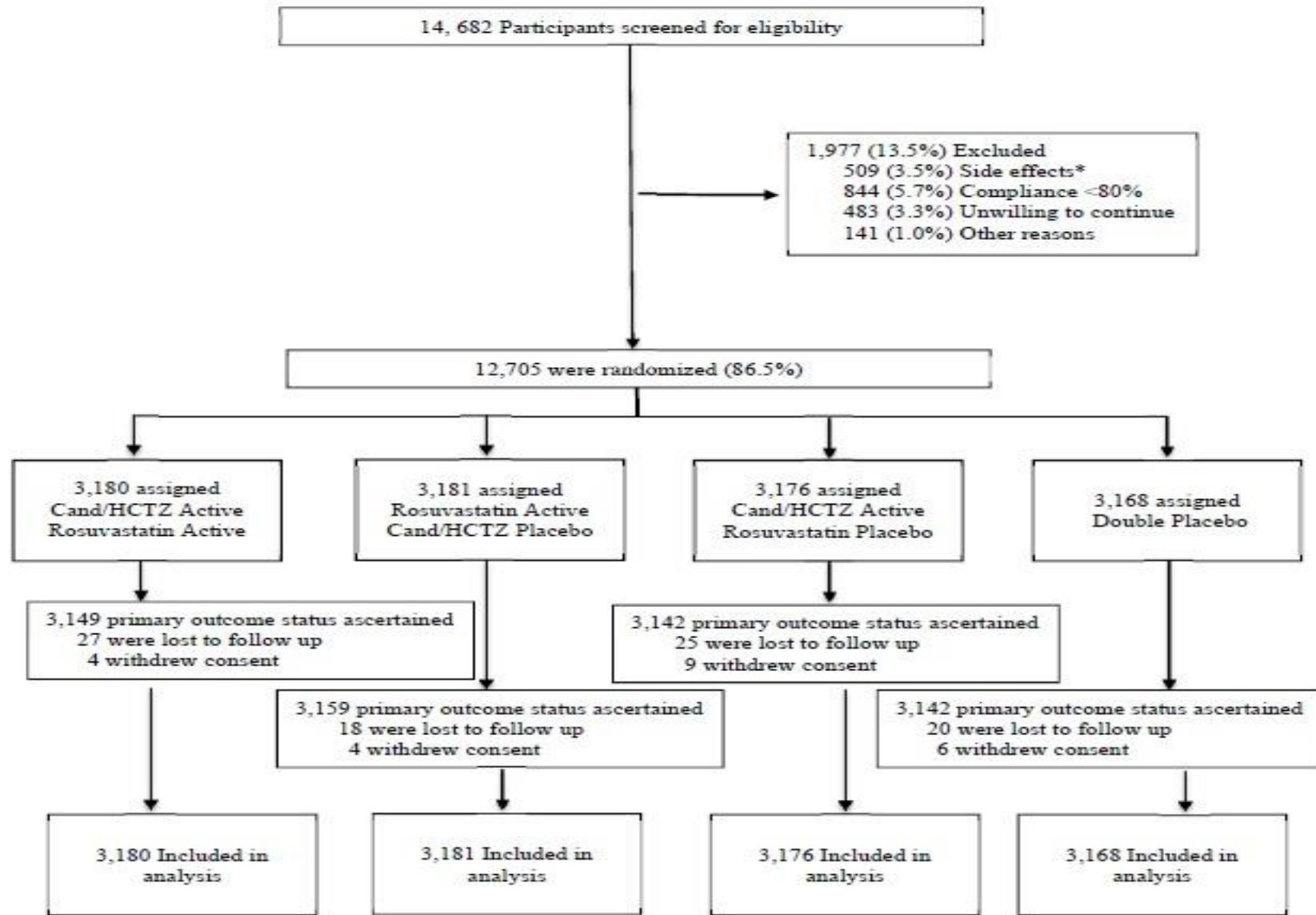
**Figure S1: CONSORT Diagram for the Candesartan/HCTZ versus Placebo Comparison**



**Figure S2: CONSORT Diagram for the Rosuvastatin versus Placebo Comparison**



**Figure S3: CONSORT Diagram for the Double Active versus Double Placebo Comparison**



**Table S1: The Heart Outcomes Prevention Evaluation (HOPE) - 3 Trial Design  
(N=12,705)**

Rosuvastatin	Candesartan/HCTZ		Rosuvastatin Margins
	Active	Placebo	
<b>Active</b>	Rosuvastatin Active/ Candesartan/HCTZ Active n=3,180	Rosuvastatin Active/ Candesartan/HCTZ Placebo n=3,181	<b>Rosuvastatin Active n=6,361</b>
<b>Placebo</b>	Rosuvastatin Placebo/ Candesartan/HCTZ Active n=3,176	Rosuvastatin Placebo/ Candesartan/HCTZ Placebo n=3,168	<b>Rosuvastatin Placebo n=6,344</b>
<b>Candesartan/HCTZ Margins</b>	<b>Candesartan/HCTZ Active n=6,356</b>	<b>Candesartan/HCTZ Placebo n=6,349</b>	

HCTZ=hydrochlorothiazide



# TRIAL PROCEDURES

- Eligible persons entered a single-blind run-in phase, during which they received both active treatments for 4 weeks.
- Participants who adhered to the regimen and who did not have an unacceptable level of adverse events were randomly assigned to a **fixed combination of CANDESARTAN (16 mg per day) and HYDROCHLOROTHIAZIDE(12.5 mg per day) or placebo and to ROSUVASTATIN(10 mg per day) or placebo.**

## Follow Up

- Follow-up visits occurred at 6 weeks and 6 months after randomization and every 6 months thereafter.
- Blood pressure was recorded at each visit in the first year and then annually.
- Lipid levels were measured at baseline in all participants and at 1 year, at 3 years, and at the end of the trial.

- There were **two co-primary outcomes**:
  - 1)the composite of death from cardiovascular causes, nonfatal myocardial infarction, or nonfatal stroke.
  - 2)the composite of these events plus resuscitated cardiac arrest, heart failure, or revascularization.
- The **secondary outcome** was the composite of events comprising **the second co-primary outcome plus angina with evidence of ischemia.**

# ADHERENCE TO TRIAL DRUGS

**Table S3: Adherence to Study Drug and Open Label Use of ARBs, ACE-Is and Thiazides in the Candesartan/HCTZ and Placebo Groups**

## A. Candesartan

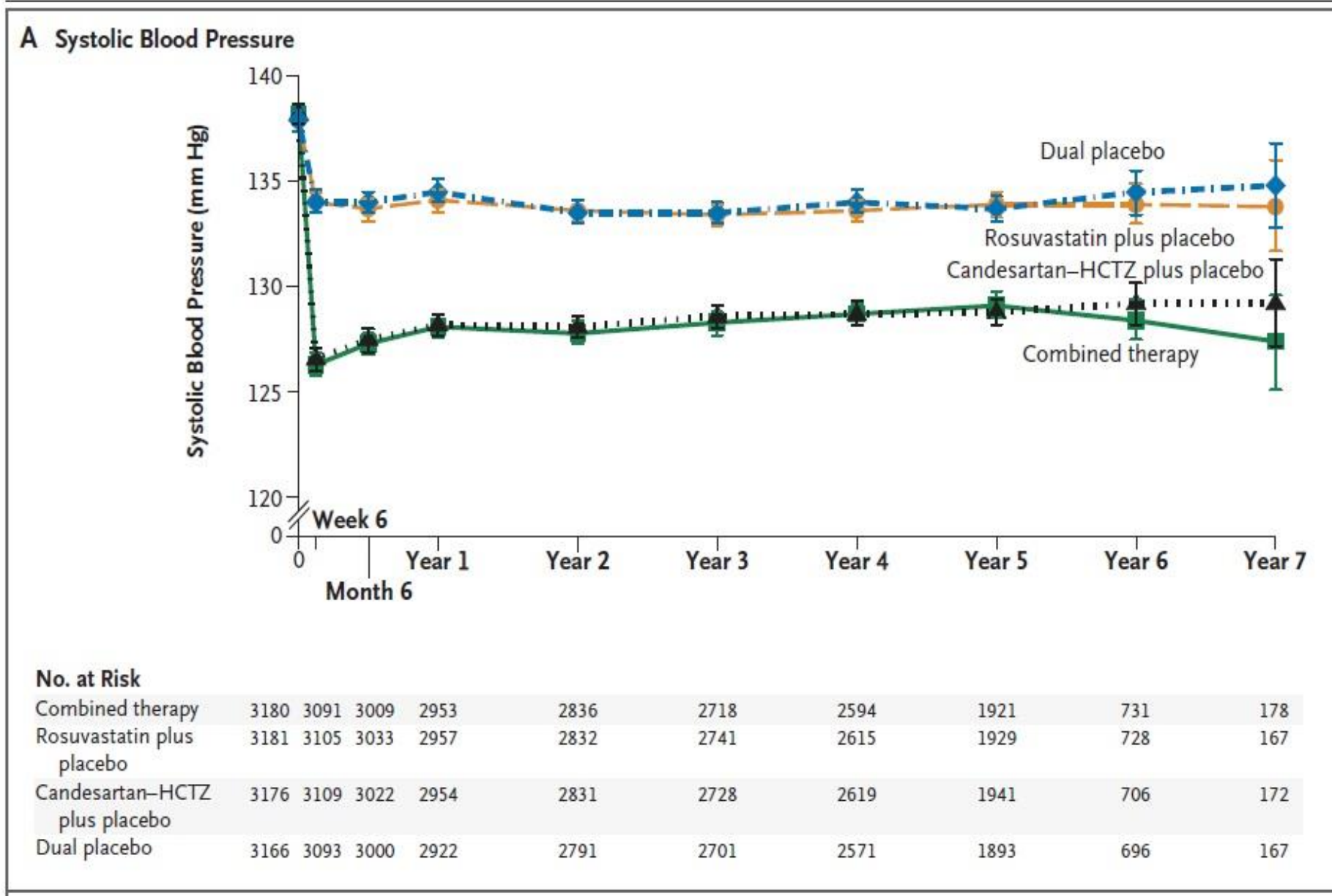
Visit	Candesartan/HCTZ					
	Eligible	On Study Drug	On Open Label			
		Cand/HCTZ N (%)	ARB N (%)	ACE-I N (%)	Thiazide N (%)	Other BP Lowering Drug(s)* N (%)
1 year	6314	5567(88.2)	14(0.2)	24(0.4)	1(0)	-
2 years	6267	5374(85.8)	28(0.4)	41(0.7)	10(0.2)	1011(16.5)
3 years	6205	5189(83.6)	45(0.7)	48(0.8)	15(0.2)	-
4 years	6101	4967(81.4)	52(0.9)	59(1.0)	30(0.5)	-
5 years	4854	3639(75.0)	60(1.2)	66(1.4)	30(0.6)	-
End	5990	4599(76.8)	93(1.6)	100 (1.7)	47(0.8)	1068(18.2)

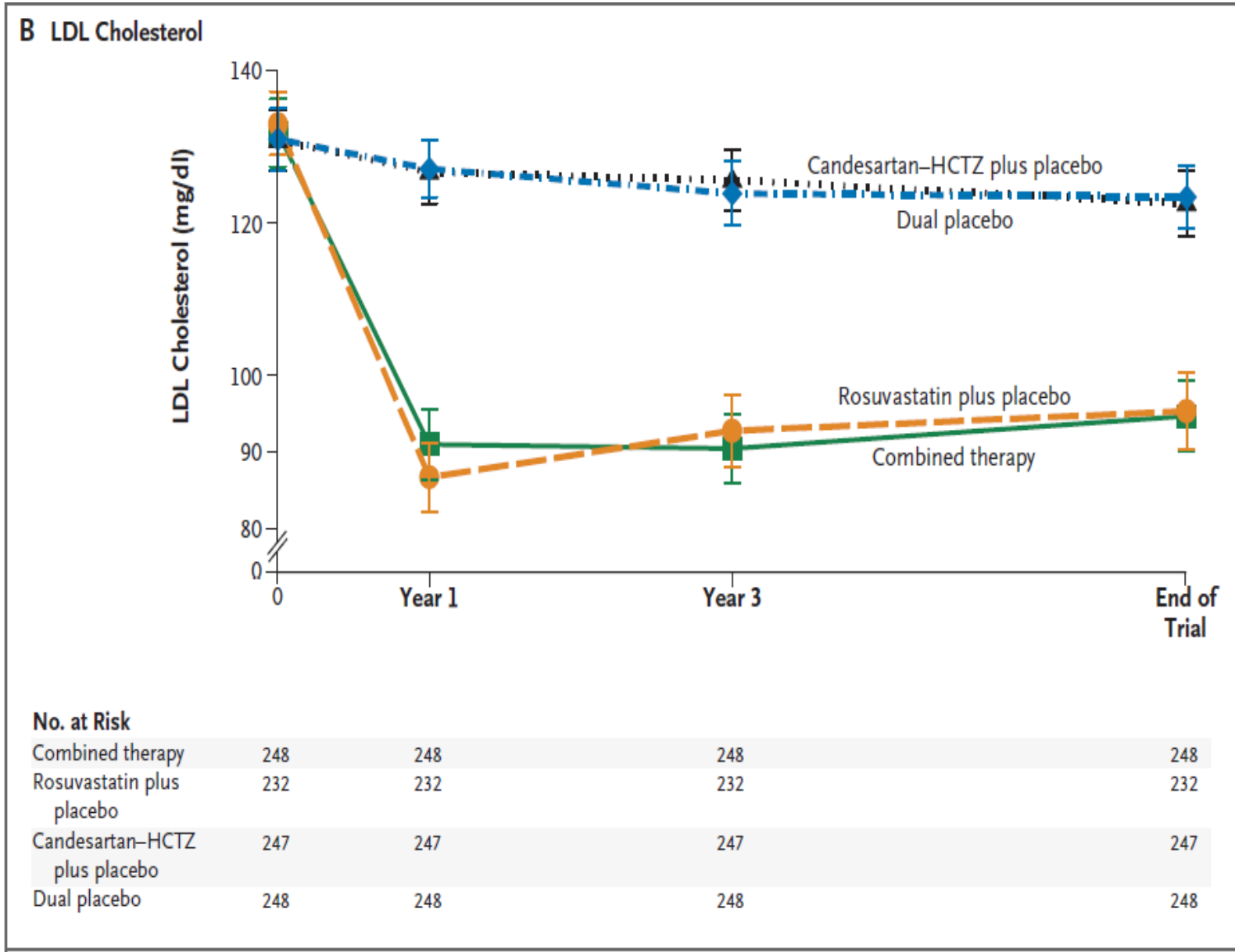
## B. Placebo

Visit	Placebo					
	Eligible	On Study Drug	On Open Label			
		Cand/HCTZ Placebo N (%)	ARB N (%)	ACE-I N (%)	Thiazide N (%)	Other BP Lowering Drug(s)* N (%)
	6306	5545(87.9)	30(0.5)	48(0.8)	9(0.1)	-
	6262	5359(85.6)	66(1.1)	67(1.1)	27(0.4)	1514(24.7)
	6188	5161(83.4)	76(1.2)	82(1.3)	45(0.7)	-
	6089	4953(81.3)	106(1.7)	102(1.7)	57(0.9)	-
	4818	3588 (74.5)	104(2.2)	110(2.3)	57(1.2)	-
	5985	4530(75.7)	146(2.4)	137(2.3)	79 (1.3)	1688(28.8)

# BLOOD PRESSURE AND LIPID LEVELS

- On average , the **mean SBP was lower by 6.2 mm Hg** in the combined-therapy group than in the dual placebo group, the **mean DBP was lower by 3.2 mm Hg**, and the **mean LDL cholesterol level was lower by 33.7 mg per deciliter** .
- The difference in blood pressure was similar for participants assigned to candesartan– hydrochlorothiazide alone versus placebo.
- The difference in LDL cholesterol level was similar for participants assigned to rovastatin alone versus placebo.





**Table 2. Primary, Secondary, and Other Outcomes.\***

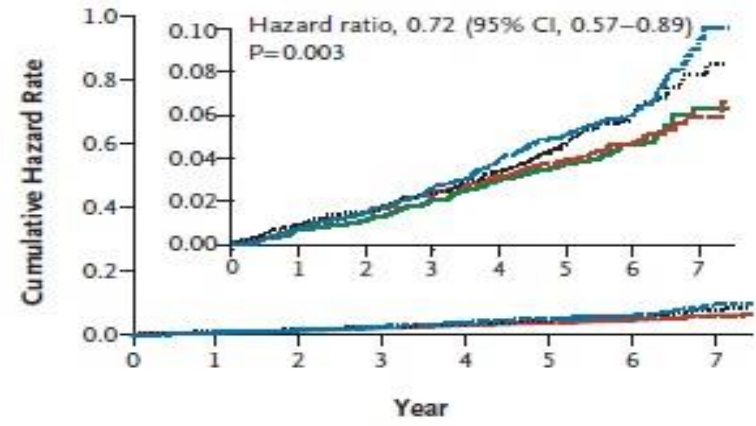
Outcome	Candesartan–Hydrochlorothiazide plus Rosuvastatin (N= 3180)	Rosuvastatin plus Placebo (N= 3181)	Candesartan–Hydrochlorothiazide plus Placebo (N= 3176)	Placebo plus Placebo (N= 3168)	Candesartan–Hydrochlorothiazide plus Rosuvastatin vs. Placebo plus Placebo	
					Hazard Ratio (95% CI)	P Value
Coprimary outcomes — no. (%)						
First coprimary outcome	113 (3.6)	122 (3.8) <sup>†</sup>	147 (4.6) <sup>‡</sup>	157 (5.0)	0.71 (0.56–0.90)	0.005
Second coprimary outcome	136 (4.3)	141 (4.4) <sup>§</sup>	176 (5.5) <sup>¶</sup>	187 (5.9)	0.72 (0.57–0.89)	0.003
Secondary outcome — no. (%) <sup>  </sup>	147 (4.6)	159 (5.0)	188 (5.9)	205 (6.5)	0.71 (0.57–0.87)	0.001
Components of the coprimary and secondary outcomes — no. (%)						
Death from cardiovascular causes	75 (2.4)	79 (2.5)	80 (2.5)	91 (2.9)	0.82 (0.60–1.11)	
Fatal or nonfatal myocardial infarction	21 (0.7)	24 (0.8)	31 (1.0)	38 (1.2)	0.55 (0.32–0.93)	
Fatal or nonfatal stroke	31 (1.0)	39 (1.2)	44 (1.4)	55 (1.7)	0.56 (0.36–0.87)	
Resuscitated cardiac arrest	1 (<0.1)	3 (0.1)	1 (<0.1)	3 (0.1)	0.33 (0.03–3.18)	
Revascularization	27 (0.8)	29 (0.9)	37 (1.2)	45 (1.4)	0.59 (0.37–0.95)	
Heart failure	10 (0.3)	11 (0.3)	11 (0.3)	18 (0.6)	0.55 (0.25–1.19)	
Angina with objective evidence of ischemia <sup>  </sup>	25 (0.8)	31 (1.0)	26 (0.8)	38 (1.2)	0.65 (0.39–1.08)	
Other outcomes						
Death from any cause — no. (%)	163 (5.1)	171 (5.4)	179 (5.6)	178 (5.6)	0.91 (0.73–1.12)	
New-onset diabetes — no./total no. (%)	123/2982 (4.1)	109/3001 (3.6)	113/2984 (3.8)	113/2999 (3.8)	1.09 (0.85–1.41)	
Hospitalization — no. (%) <sup>**</sup>						
For cardiovascular causes	141 (4.4)	140 (4.4)	178 (5.6)	191 (6.0)	0.73 (0.59–0.91)	0.005
For noncardiovascular causes	463 (14.6)	418 (13.1)	436 (13.7)	443 (14.0)	1.04 (0.92–1.19)	0.52
First and recurrent events of the second coprimary outcome <sup>††</sup>						
No. of participants with ≥1 event	136	141	176	187		
No. of participants with ≥2 events	29	39	30	59		
No. of participants with ≥3 events	2	4	3	13		
Total no. of events	169	184	211	262	0.66 (0.52–0.84)	0.001

\* The first coprimary outcome was the composite of cardiovascular death, nonfatal myocardial infarction, or nonfatal stroke; the second coprimary outcome was the composite of cardiovascular death, nonfatal myocardial infarction, nonfatal stroke, resuscitated cardiac arrest, heart failure, or revascularization; and the secondary outcome was the composite of cardiovascular death, nonfatal myocardial infarction, nonfatal stroke, resuscitated cardiac arrest, heart failure, revascularization, or angina with objective evidence of ischemia. CI denotes confidence interval.



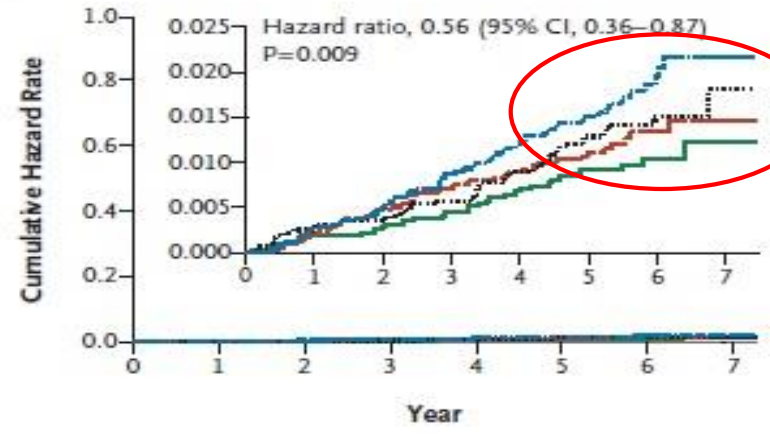
— Combined therapy    — Rosuvastatin plus placebo    ..... Candesartan-HCTZ plus placebo    - - - Dual placebo

### A Second Coprimary Outcome



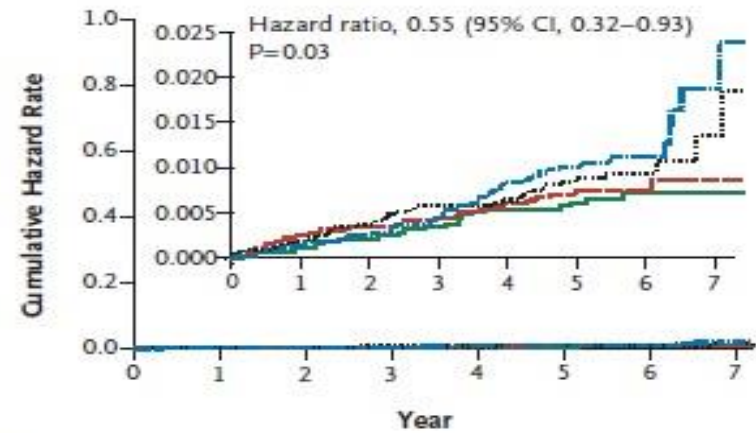
No. at Risk	0	1	2	3	4	5	6	7
Combined therapy	3180	3147	3117	3063	2997	2508	1057	272
Rosuvastatin plus placebo	3181	3142	3108	3061	3009	2505	1045	250
Candesartan-HCTZ plus placebo	3176	3125	3083	3040	2971	2461	1019	250
Dual placebo	3168	3128	3090	3035	2958	2465	1030	238

### B Stroke



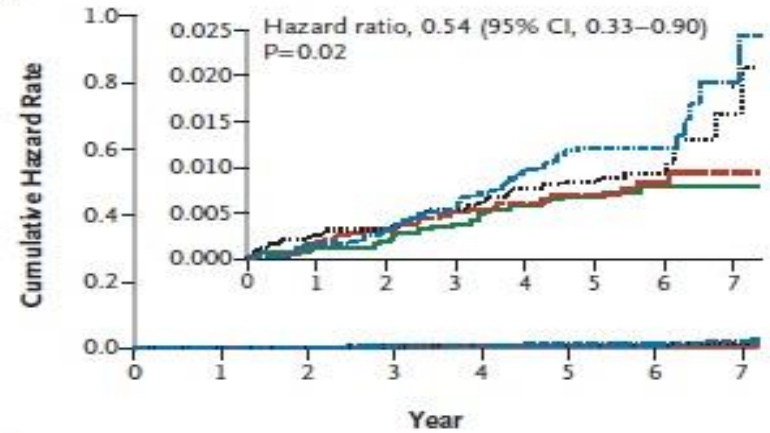
No. at Risk	0	1	2	3	4	5	6	7
Combined therapy	3180	3155	3132	3088	3028	2538	1071	278
Rosuvastatin plus placebo	3181	3153	3127	3088	3041	2536	1061	256
Candesartan-HCTZ plus placebo	3176	3137	3103	3067	3010	2504	1040	256
Dual placebo	3168	3138	3107	3059	3000	2509	1054	249

### C Myocardial Infarction



No. at Risk	0	1	2	3	4	5	6	7
Combined therapy	3180	3156	3131	3088	3027	2541	1074	277
Rosuvastatin plus placebo	3181	3150	3126	3089	3040	2534	1061	257
Candesartan-HCTZ plus placebo	3176	3139	3102	3066	3016	2510	1040	255
Dual placebo	3168	3139	3113	3066	3003	2514	1051	249

### D Coronary Revascularization



No. at Risk	0	1	2	3	4	5	6	7
Combined therapy	3180	3156	3132	3087	3023	2535	1067	276
Rosuvastatin plus placebo	3181	3153	3127	3087	3040	2534	1058	254
Candesartan-HCTZ plus placebo	3176	3137	3104	3068	3013	2509	1036	253
Dual placebo	3168	3139	3109	3059	2997	2506	1049	243

# Complications

- **No significant differences** between the combined-therapy group and the dual placebo group were seen **in the rate of new-onset diabetes, renal dysfunction, syncope, liver-function abnormalities, eye problems, or cancers.**
- The **rates of muscle weakness or pain and of dizziness were higher in the combined-therapy group** than in the dual-placebo group.
- These effects were reversible by temporary is continuation of the trial drug.

# True Prevention

- Investigators approach of selecting persons on the basis of age and easily measured risk factors meant that neither complex screening nor blood tests are required to initiate treatment with low doses of combination therapy.
- Trial included persons of diverse racial and ethnic groups from 21 countries with broadly consistent benefits and safety.

# CONCLUSION

- Treatment with fixed doses of rouvastatin and two antihypertensive agents was associated with a significantly lower risk of cardiovascular events than the risk with placebo among intermediate-risk persons without previous cardiovascular disease.

The Third DANish Study of Optimal Acute Treatment of  
Patients with ST-segment Elevation Myocardial Infarction:  
DEFERred stent implantation in connection with primary PCI:  
**DANAMI 3-DEFER**

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# Deferred versus conventional stent implantation in patients with ST-segment elevation myocardial infarction (DANAMI 3-DEFER): an open-label, randomised controlled trial



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## Summary

**Background** Despite successful treatment of the culprit artery lesion by primary percutaneous coronary intervention (PCI) with stent implantation, thrombotic embolisation occurs in some cases, which impairs the prognosis of patients with ST-segment elevation myocardial infarction (STEMI). We aimed to assess the clinical outcomes of deferred stent implantation versus standard PCI in patients with STEMI.

**Methods** We did this open-label, randomised controlled trial at four primary PCI centres in Denmark. Eligible patients (aged >18 years) had acute onset symptoms lasting 12 h or less, and ST-segment elevation of 0.1 mV or more in at least two or more contiguous electrocardiographic leads or newly developed left bundle branch block. Patients were

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S0140-6736(16)30072-1

See Online/XXX

<http://dx.doi.org/10.1016/PII>

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## Aim of DANAMI-3-DEFER study

**To evaluate whether the prognosis of STEMI patients treated with pPCI can be improved by deferred stent implantation**

## ***Inclusion criteria:***

- chest pain of <12 hours' duration
- ST-segment elevation > 0.1 mV in at least 2 contiguous leads

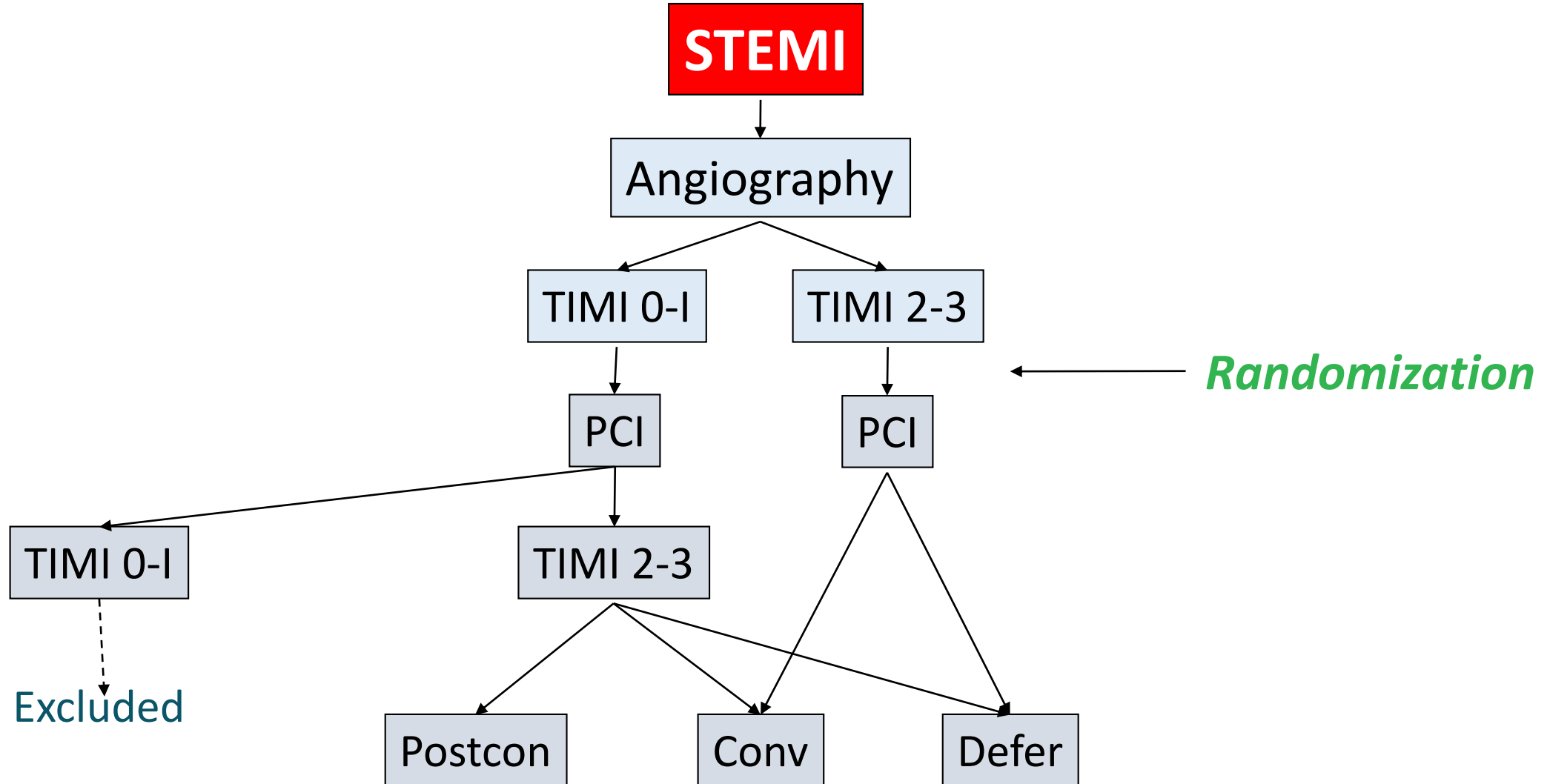
## ***Exclusion criteria***

Lancet 2016; 387(10034): 2199-2206

- Known intolerance of contrast media, anticoagulant or DAPT
- unconsciousness or cardiogenic shock
- stent thrombosis
- indication for acute CABG
- increased bleeding risk



# Flow Chart DANAMI-3



# Primary Endpoints



## **A composite of:**

- **All cause mortality**
- **Hospitalization for heart failure**
- **Re-infarction**
- **Target vessel revascularization**

## ***DEFER:***

- **Minimal acute manipulation to restore stable flow in IRA**
- **Stent implantation 48 hours later**

## ***Conventional PCI:***

- **Immediate stent implantation**

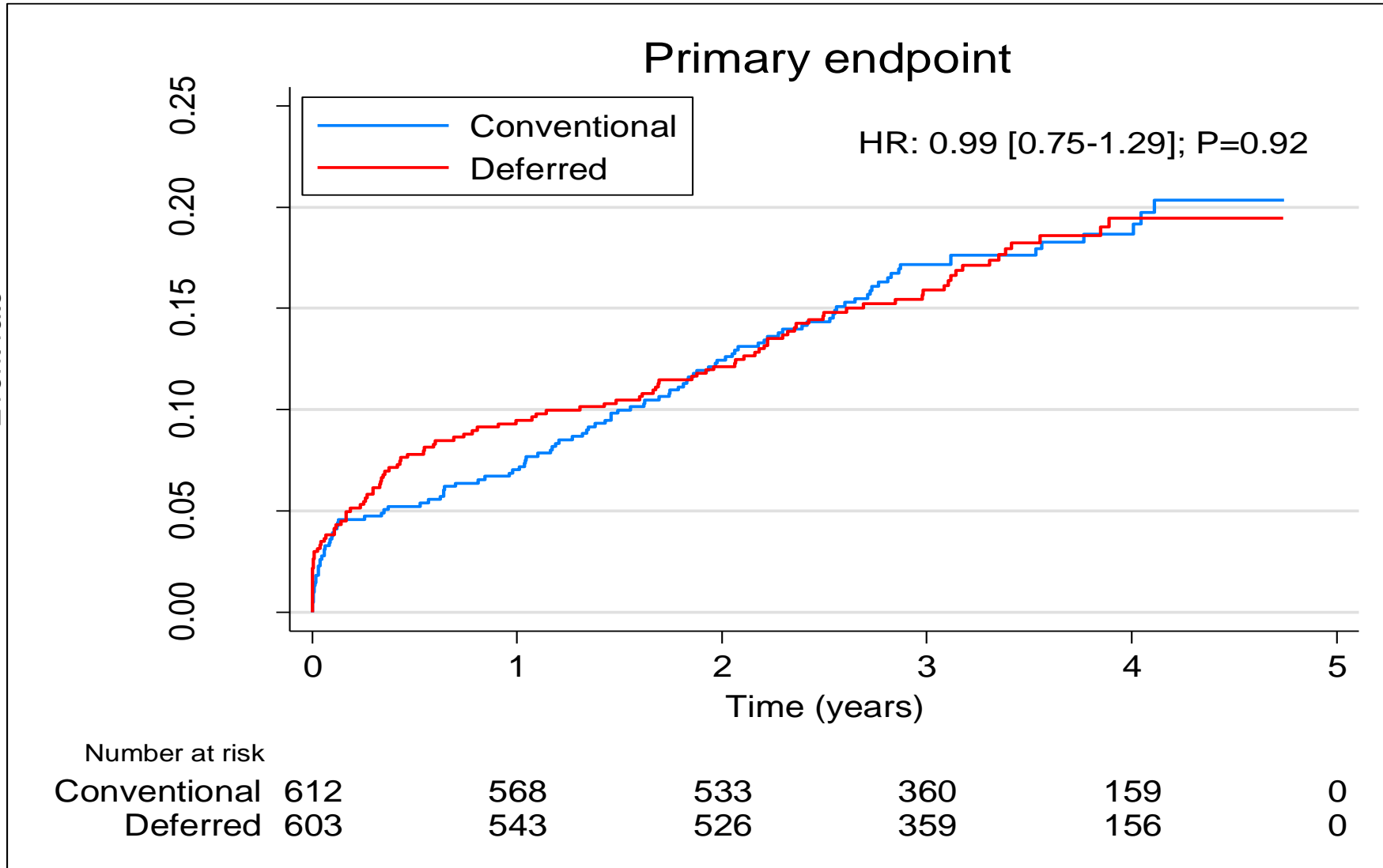
# Procedural Data

	Conventional (n = 612)	DEFER (n = 603)
Median stent diameter (mm)	3.5	3.5
Median stent length (mm)	22	18 *
No stenting	3%	15%*
Use of GP-inhibitor or Bivalirudin	92%	93%
Thrombus aspiration	58%	63%
<b>TIMI flow before PCI**</b>		
0 - 1	38%	38%
2 - 3	62%	62%
<b>TIMI flow after PCI**</b>		
0 - 1	1.0%	1.0%
2 - 3	99%	99%
* P < 0.001	** self-reported	

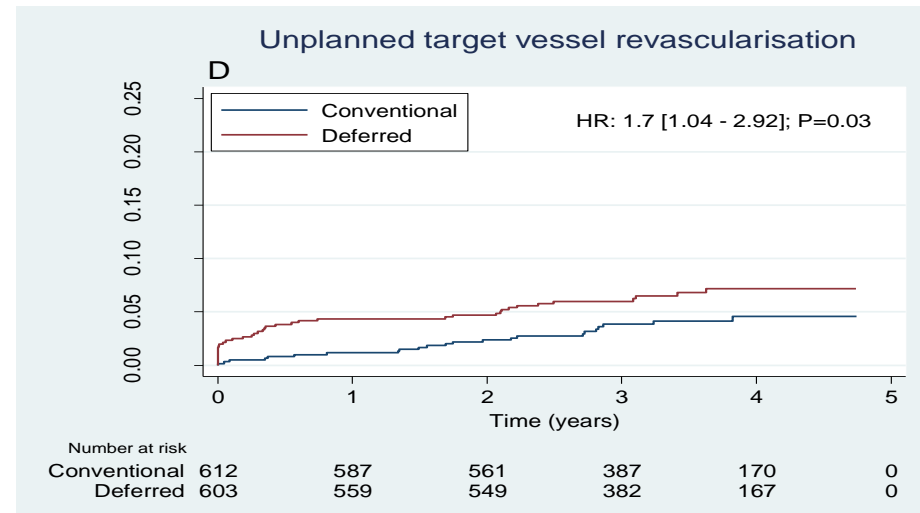
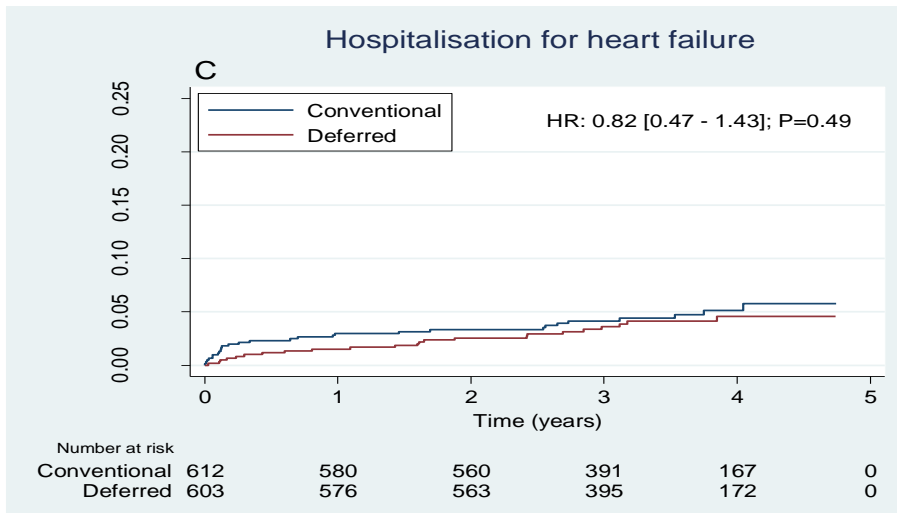
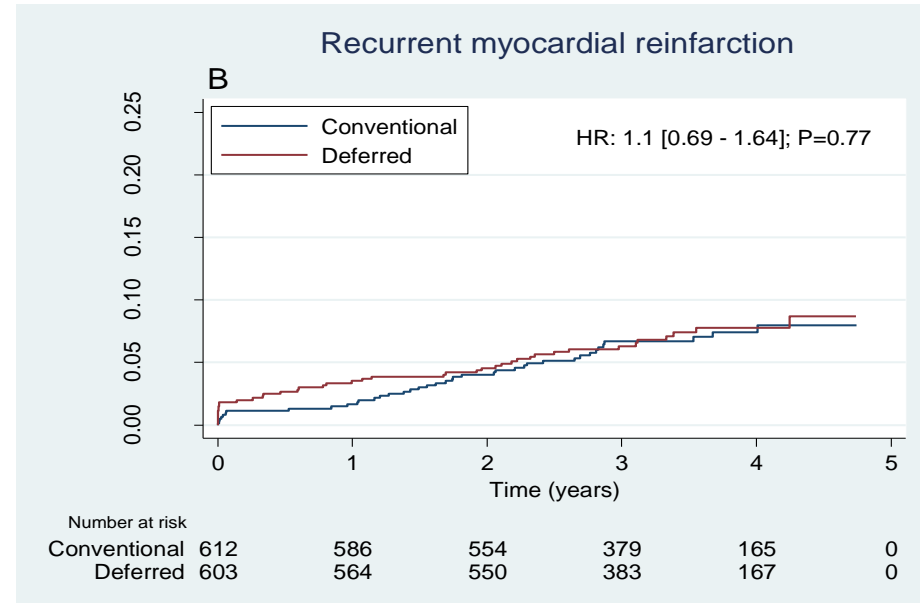
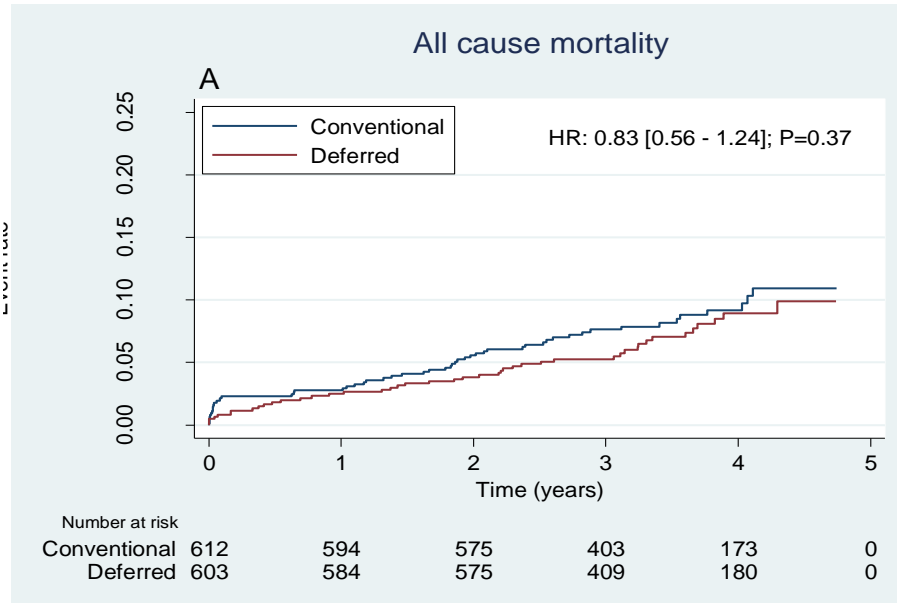
# Clinical Status at Discharge

	Conventional (n = 612)	DEFER (n = 603)
Killip Class II - IV at any time	7%	7%
Median LVEF	50%	50%
<b>Medical treatment at discharge</b>		
<b>Antiplatelet drug</b>		
Aspirin	98%	98%
Clopidogrel /Prasugrel/Ticagrelor	99%	99%
Statin	98%	98%
Betablocker	90%	92%
ACE inhibitor or ARB	44%	41%

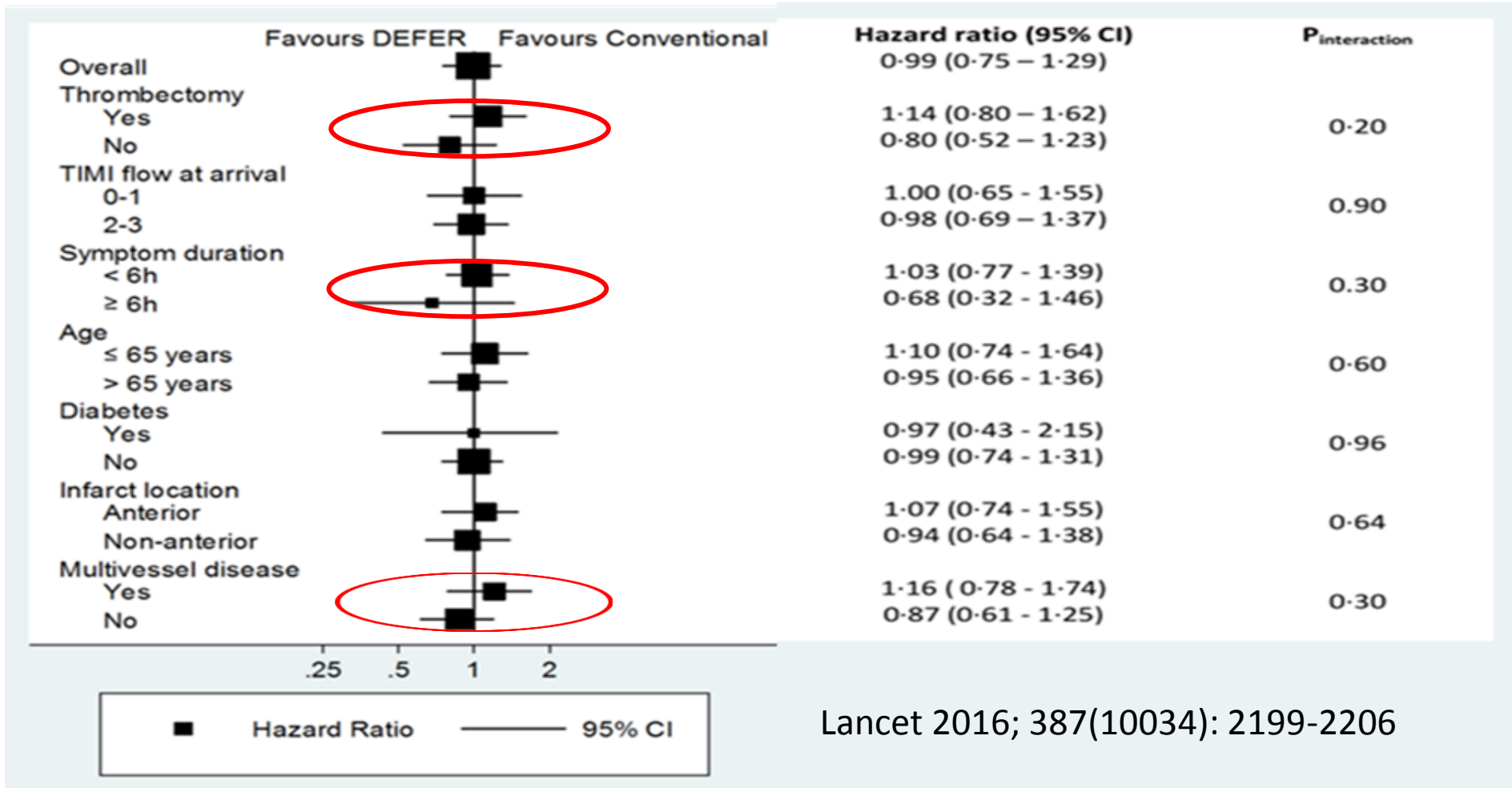
# Primary Endpoint



# Components of the primary endpoint



# Subgroup analysis



Lancet 2016; 387(10034): 2199-2206



# Secondary Endpoint

Left ventricular ejection fraction (LVEF) at 18 months			
	Conventional	DEFER	P
Median LVEF	57%	60%	0.04
No of patients with LVEF $\leq$ 45%	18%	13%	0.05

# Complications



**Procedure-related MI, bleeding \*, contrast-induced nephropathy or stroke occurred in**

**28 (5%) patients in the conventional group and  
27 (4%) in the DEFER group**

\* Requiring blood transfusion or surgical intervention

**Deferred stent implantation in patients with STEMI did not reduce the risk of death, heart failure, or reinfarction compared with standard immediate stent implantation.**

**Left ventricular function and target vessel revascularization is slightly better after deferred stent implantation.**

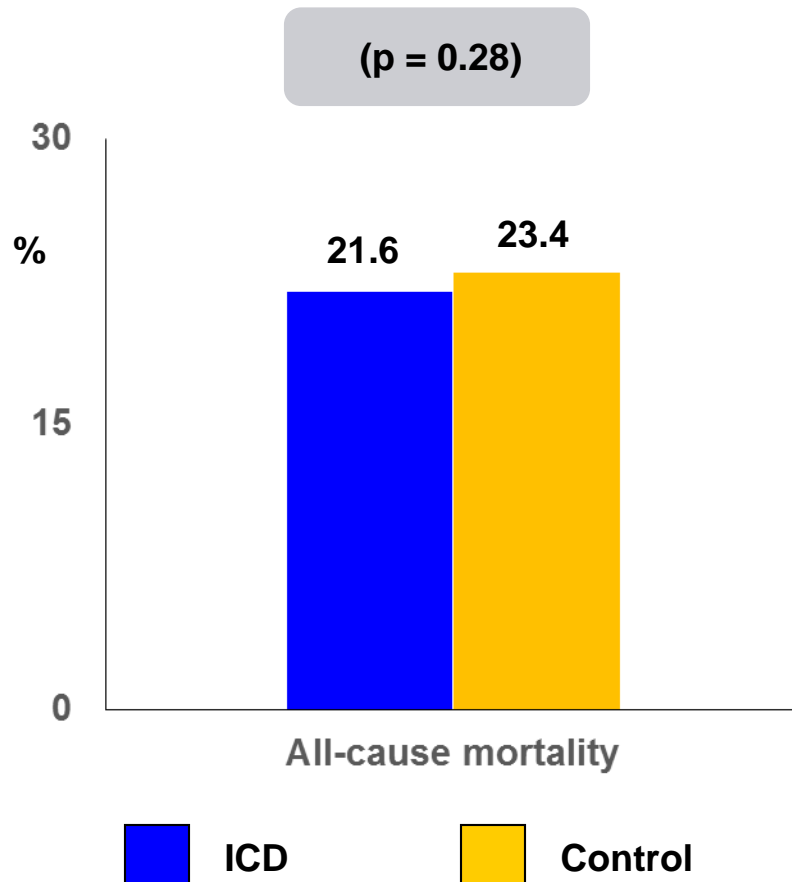
# Defibrillator Implantation in Patients with Non-ischemic Systolic Heart Failure

Keber et al.

NEJM 2016

# DANISH

**Trial design:** Patients with nonischemic cardiomyopathy were randomized to ICD implantation (n = 556) versus usual care (n = 560).



## Results

- All-cause mortality: 21.6% of the ICD group versus 23.4% of the control group (p = 0.28)
- Younger patients (<59 years) appeared to derive greater benefit from ICD implantation versus older patients (p for interaction = 0.009)
- Sudden cardiac death: 4.3% versus 8.2%; respectively, for ICD versus control (p = 0.005)

## Conclusions

- Among patients with a nonischemic cardiomyopathy, ICD implantation did not reduce long-term mortality compared with usual care; however, there was suggestion of benefit among younger patients



# Non-invasive Lung IMPEDANCE-Guided Preemptive Treatment in Chronic Heart

## Failure Patients: a Randomized Controlled Trial (IMPEDANCE-HF trial)

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<sup>a</sup>Heart Institute, Hillel Yaffe Medical Center, Hadera, Rappaport School of Medicine, Technion, Haifa, Israel; <sup>b</sup>Cardiovascular Institute, Wolfson Medical Center, Holon, Sackler Faculty of Medicine, Tel-Aviv University, Israel, <sup>c</sup>Cardiology Department, Soroka University Medical Center, Beer Sheva.

**American College of Cardiology. Chicago.  
Late Braking Clinical Trial Session. Apr.04. 2016**

**Presenter - Michael Kleiner Shochat**

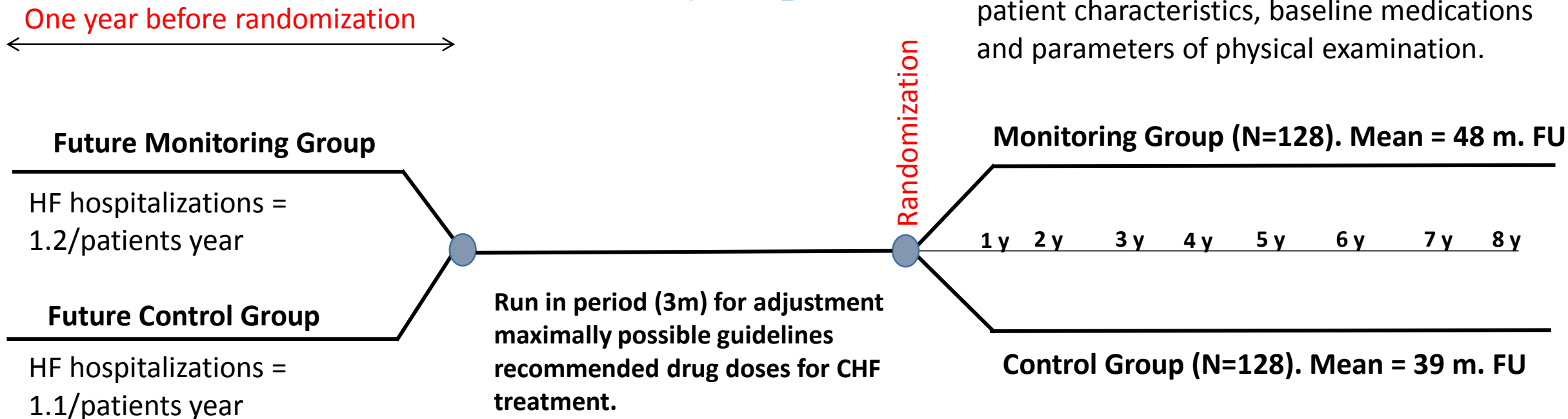
**Now Published in the Journal of Cardiac Failure 2016 On Line**

Conflict of interest: Michael Kleiner Shochat is a co-founder and member of the board of directors of the RSMM Company that manufactured and supplied the devices for the study.

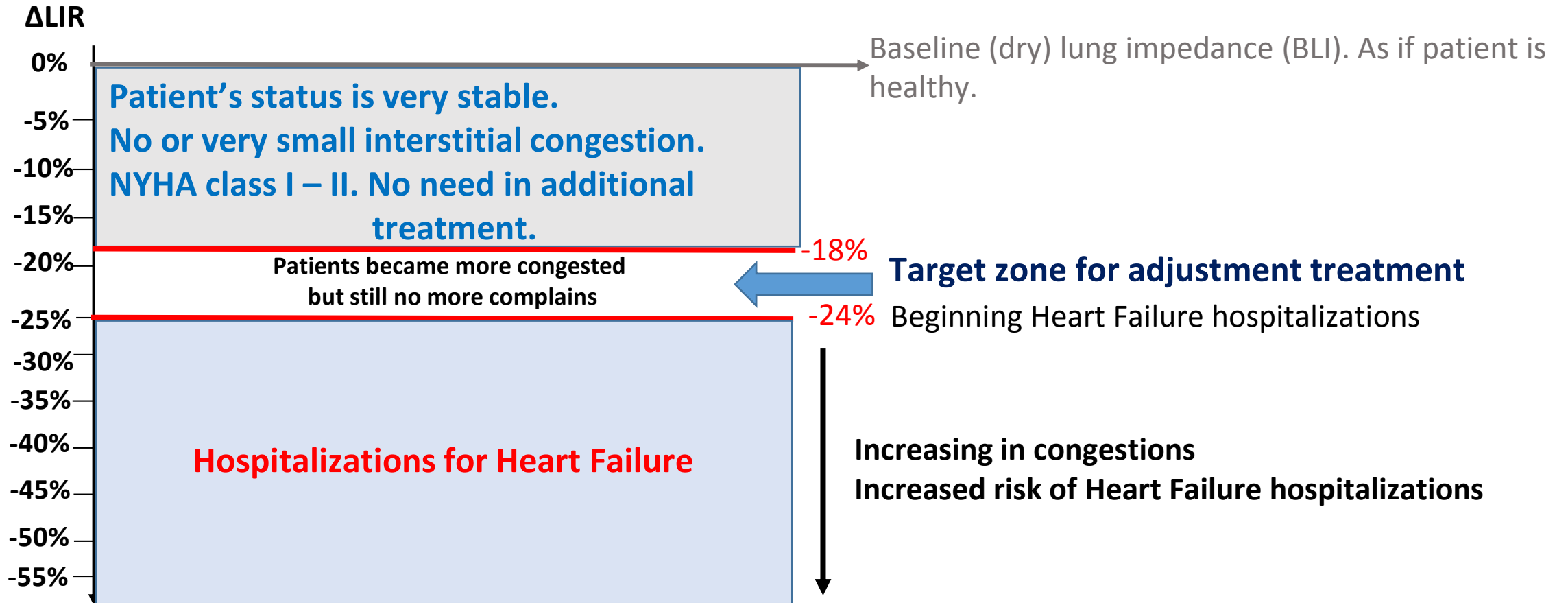
# Study design: Randomized, single blinded, two centers.

## Study population. Efficacy endpoints.

Mean age in both groups 67 y. Men – 80%. Both groups were well adjusted by baseline patient characteristics, baseline medications and parameters of physical examination.

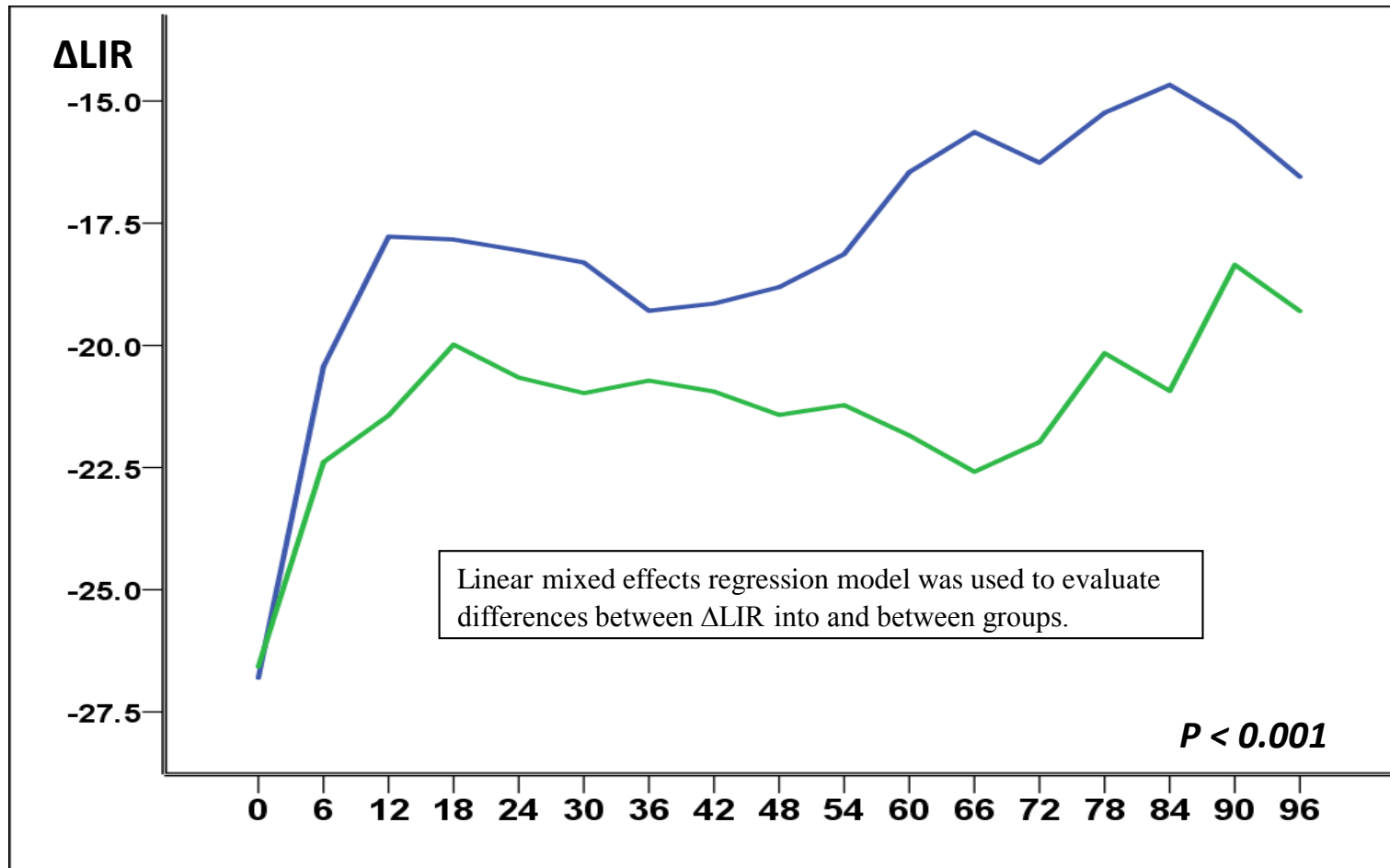


- Primary efficacy endpoints:**
1. Acute heart failure hospitalizations up to 12 months.
  2. Acute heart failure hospitalizations during entire follow up
- Secondary efficacy endpoints:**
1. All –cause, Cardiac hospitalizations during entire follow up .
  2. All-cause, Cardiac and Heart Failure mortality during entire follow up.



$$(\Delta LIR) = [\text{current LI/BLI}] - 1$$

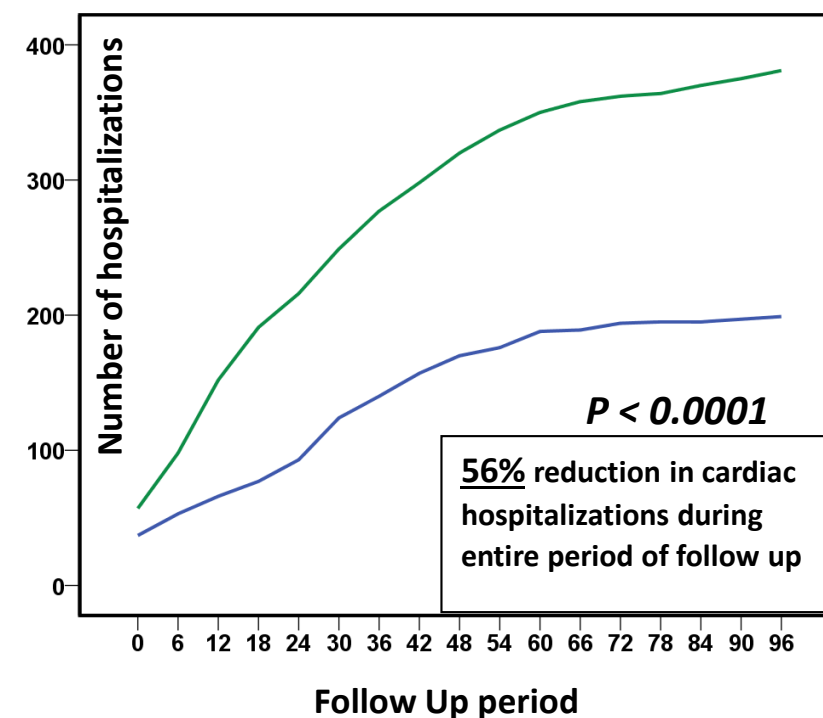
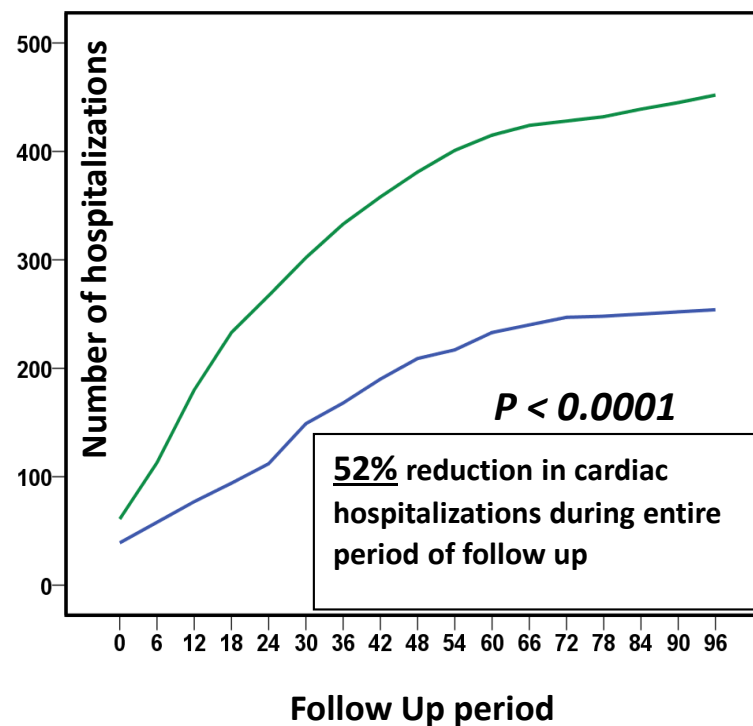
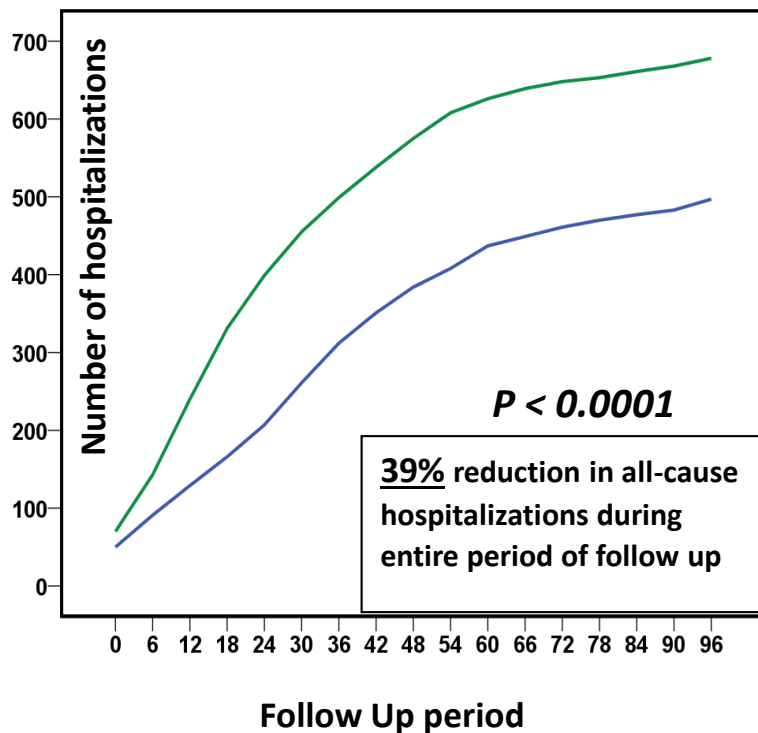




— Monitored Group  
— Control Group

Follow Up period

***Difference in pulmonary congestion between groups during follow up period***



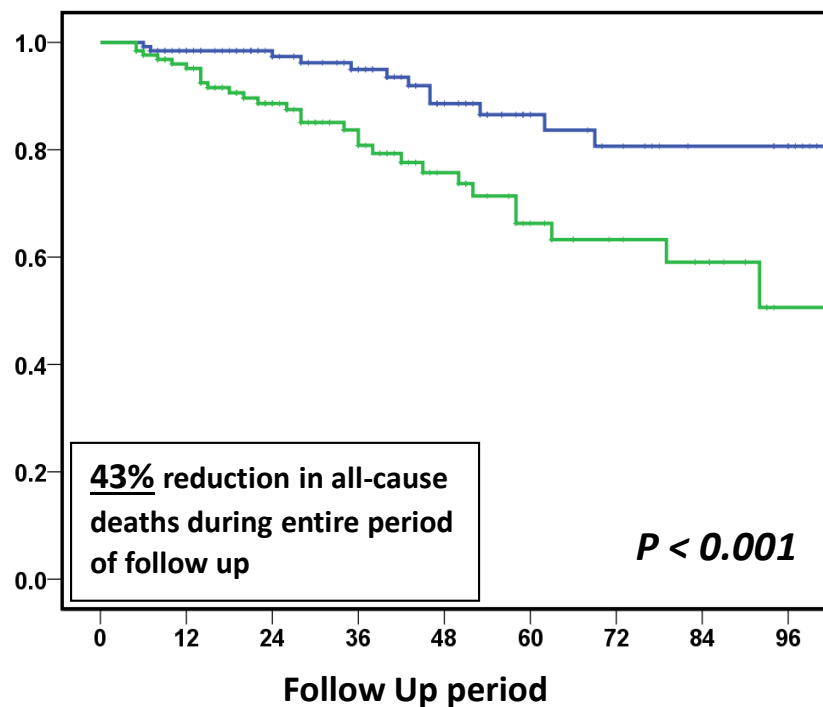
**All-cause Hospitalizations**

**Cardiac Hospitalizations**

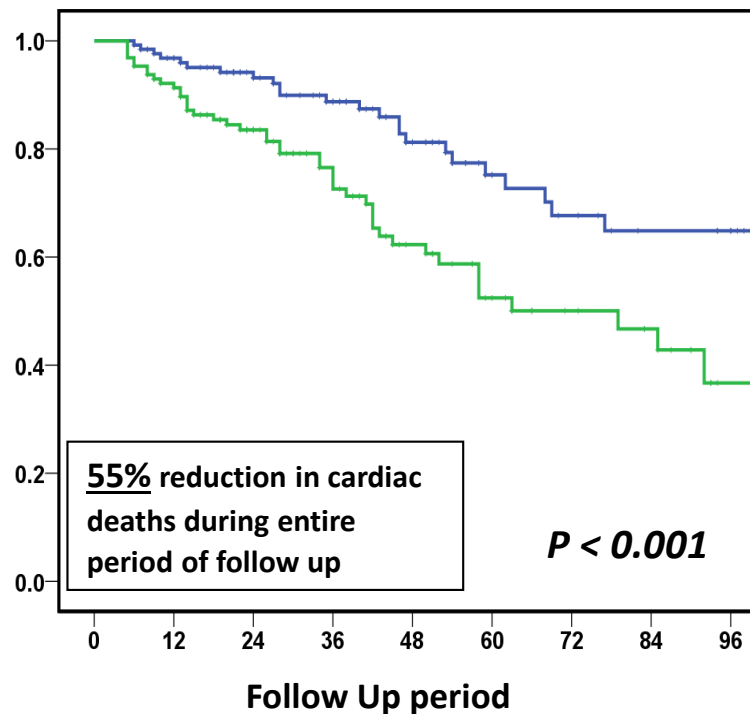
**Heart Failure Hospitalizations**

**Method of statistics: Cox regression analyses**

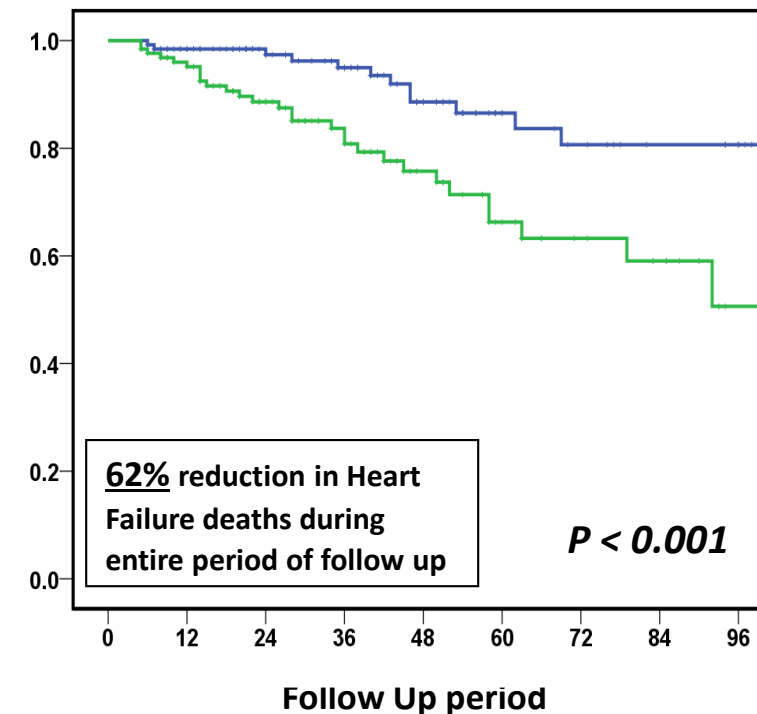
## Mortality



**All-cause Death**



**Cardiac Death**



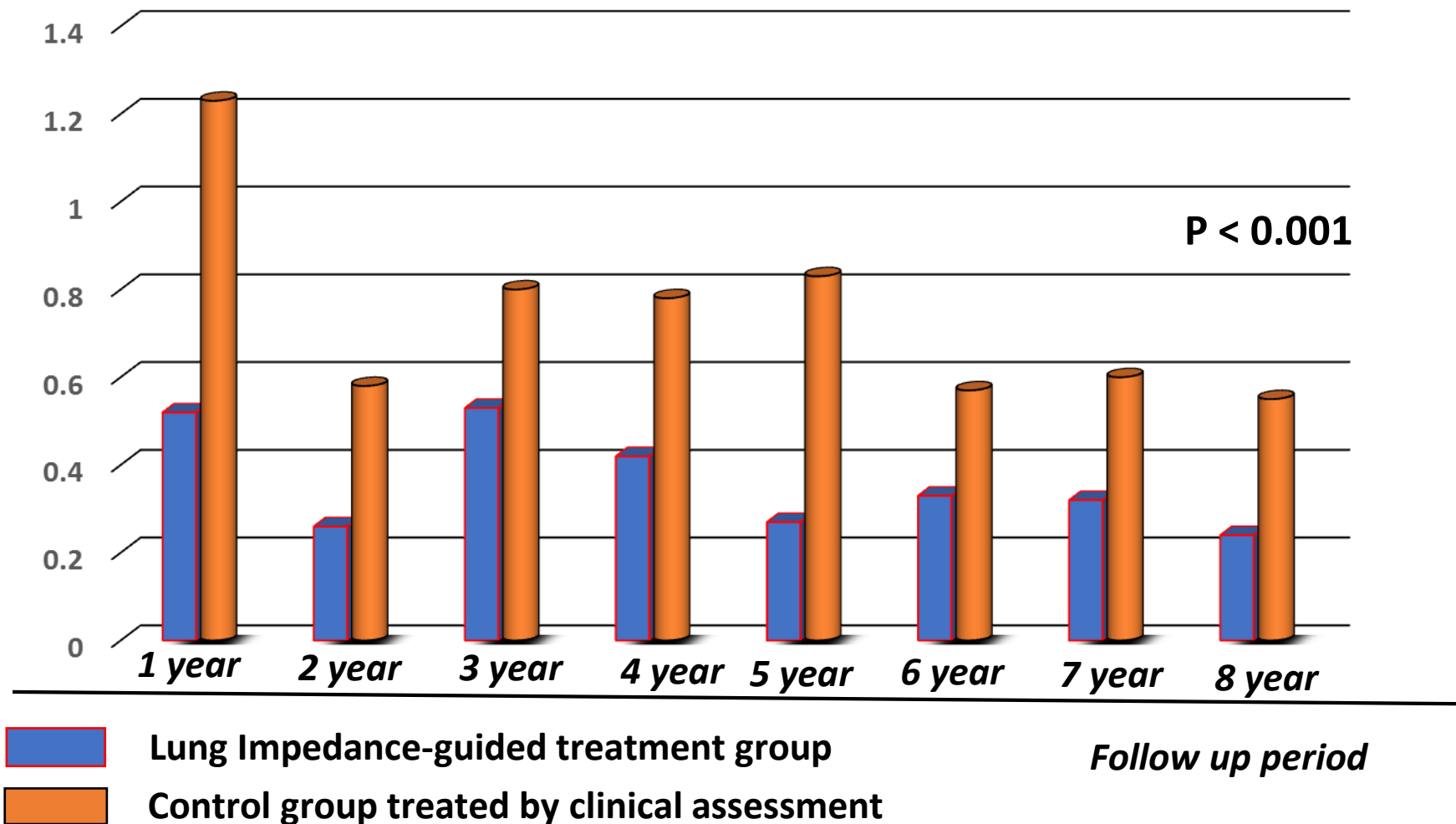
**Heart Failure death**

**Method of statistics: Kaplan Meyer analyses**

**T A B L E Drug modifications during entire follow up**

<b>Medications</b>	<b>Monitored Group</b>	<b>Control Group</b>	<b>p</b>	<b>Monitoring /Control group. Ratio of drug adjustment</b>
<b>Rate of changes in medical therapy</b>				
<b>Total</b>	<b>3166 (6.2)†</b>	<b>1244 (3.0)†</b>	<b>&lt;0.05</b>	<b>2.1 times</b>
<b>Diuretics</b>	<b>1530 (48%)‡</b>	<b>515 (42%)‡</b>	<b>&lt;0.05</b>	
<b>Diuretics</b>	<b>1530 (3.0)†</b>	<b>515 (1.3)†</b>	<b>&lt;0.05</b>	<b>2.3 times</b>
<b>Beta Blockers</b>	<b>792 (25%)‡</b>	<b>303 (24%)‡</b>	<b>&lt;0.05</b>	
<b>Beta Blockers</b>	<b>792 (1.6)†</b>	<b>303 (0.7)†</b>	<b>&lt;0.05</b>	<b>2.3 times</b>
<b>ACE inh /ARB</b>	<b>410 (13%)‡</b>	<b>142 (11%)‡</b>	<b>&lt;0.05</b>	
<b>ACE inh /ARB</b>	<b>410 (0.8)†</b>	<b>142 (0.3)†</b>	<b>&lt;0.05</b>	<b>2.7 times</b>
<b>Nitrates</b>	<b>166 (5%)‡</b>	<b>78 (6%)‡</b>	<b>&lt;0.05</b>	
<b>Nitrates</b>	<b>166 (0.3)†</b>	<b>78 (0.2)†</b>	<b>&lt;0.05</b>	<b>1.5 times</b>
<b>MRA</b>	<b>154 (5%)‡</b>	<b>144 (12%)‡</b>	<b>NS</b>	
<b>MRA</b>	<b>154 (0.3)†</b>	<b>144 (0.4)†</b>	<b>NS</b>	<b>0.9 times</b>
<b>Digoxin</b>	<b>114 (4%)‡</b>	<b>62 (5%)‡</b>	<b>&lt;0.05</b>	
<b>Digoxin</b>	<b>114 (0.2)†</b>	<b>62 (0.15)†</b>	<b>&lt;0.05</b>	<b>1.5 times</b>

## Rate of Heart Failure hospitalizations (per patient\*year)



**Data of “IMPEDANCE-HF” trial shows that Lung Impedance guided treatment in compare with treatment based on clinical assessment of HFrEF patients:**

**Hospitalizations** (Primary endpoint)

- 1. Reduces rate of HF hospitalizations during first year by 58%.*
- 2. Reduces rate of HF hospitalizations during 4 years by 56%.*

**Hospitalizations** (Secondary endpoint)

- 3. Reduces rate of all-cause hospitalizations during 4 years by 39%.*
- 4. Reduces rate of cardiac hospitalization during 4 years by 52%.*
- 5. Reduces rate of Non-cardiac hospitalization during 4 years by 9%, (p=0.6).*

**Deaths** (Secondary endpoint)

- 7. Reduces rate of All-cause mortality during 4 years by 43%.*
- 8. Reduces rate of Cardiac mortality during 4 years by 55%.*
- 9. Reduces rate of Heart Failure mortality during 4 years by 62%.*
- 10. No changes in Non-cardiac mortality during 4 years.*



## These results support

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**Non-invasive Lung Impedance technology is enough sensitive to detect a very early stage of evolving pulmonary congestion and Lung Impedance-guided treatment is reliable for improving hospitalization and survival of Heart Failure patients.**

**Thank you very much for attention!**