

2023 Subspecialty Focused Meeting
May 11-13, 2023 – Virtual

Gap Analysis: As the COVID pandemic enters a 4th year, specialists in Infectious Disease, cardiology, pulmonary, and GI medicine continue to navigate and re-explore the changing guidelines and updates to their practice day-to-day that may have been lost in the overwhelming predominance of pandemic illness being at the forefront of clinical practice in all disciplines. As clinical trials and therapies have evolved, especially over these last several years, there continues to be a gap in practice strategies if providers have not remained diligent in the pursuit of the most current guidelines and protocols. This activity will help fill the gap in a wide range of updated clinical practice standards of care and will focus on the most current available data.

ID specialists, cardiologists, gastroenterologists, and pulmonologists are further challenged to maintain all relevant medical advances related to the constellation of clinical cases with which they are involved. This activity will address key gaps in knowledge via audits of the most up-to-date guidance of entities such as the FDA, CDC, WHO, and our subspecialty colleges.

Internists continue to be on the frontlines in the triage of disease for their patients and this activity will help further investigate a range of clinical updates from media rich cardiology hot topics to navigating a tripledemic of seasonal viruses, to updates on sleep medicine and preventative health screenings and vaccines. Adding into the mix will be topics that promote an efficiently run clinical practice including some answers to your most frequent curbside consultations.

Learning Objectives:

After actively participating in this multi-specialty educational activity, participants will be able to:

- Discuss Cardiovascular Risks of endurance sports;
- Review updates on heart failure with preserved and reduced EF;
- Discuss new advances in Pulmonary Hypertension;
- Update vaccination recommendations;
- Discuss the role of the Pulmonologist in managing COPD;
- Learn new Gastroenterology updates and surgical breaking news;
- Discuss vaccines and preventative health maintenance;
Learn new updates in cardiology;
- Defining office medicine;
- Discussion regarding the sports medicine patient and the impacting trauma to the player, family and others when things go wrong;
- Learn about new POCUS and OMM Updates;
- Learn the best management of seasonal allergies;
- Understand new coding tips.

Goal/Target Audience:

The goal of this activity is to provide hospital and community-based cardiologists, pulmonologists, infectious disease specialists, gastroenterologists, and critical care physicians (generalists and subspecialists), and other internists with clinical updates designed to integrate best practice standards of patient care within these subspecialties.

Outcomes: This activity will provide internists and subspecialists updates in key internal medicine specialties (cardiology, pulmonology/critical care, gastroenterology, infectious disease, etc.) empowering them to optimize their current quality practice management in the context of various subspecialties and its complexities. Pre-and post-session surveys of knowledge, practice behaviors, attitudes, and intent to change behavior (Moore's Level 5) regarding the applicability of the educational content to clinical practice will be used.

Activity Format:

Facilitating learning through cases-driven presentations, guideline updates, evidence, and shared clinical experiences with key internal medicine specialties (cardiology, pulmonology/critical care, gastroenterology and infectious diseases) will engage learners in a rich educational experience to advance their knowledge and competence across a range of clinical and patient presentations.

CME:**Accreditation and Credit Designation Statements**

The American College of Osteopathic Internists (ACOI) is accredited by the American Osteopathic Association to provide continuing medical education to physicians and has designated this live CME activity for a maximum of 18.25 AOA Category 1A Credits.

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The American College of Osteopathic Internists designates this live activity for a maximum of 18.25 *AMA PRA Category 1 Credits*[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.